



HOLY TRINITY CATHEDRAL

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PARISH BULLETIN

Come and worship with us!

CELEBRATION OF THE HOLY EUCHARIST

SATURDAYS: 4:30PM | SUNDAY MORNING: 6AM & 8AM

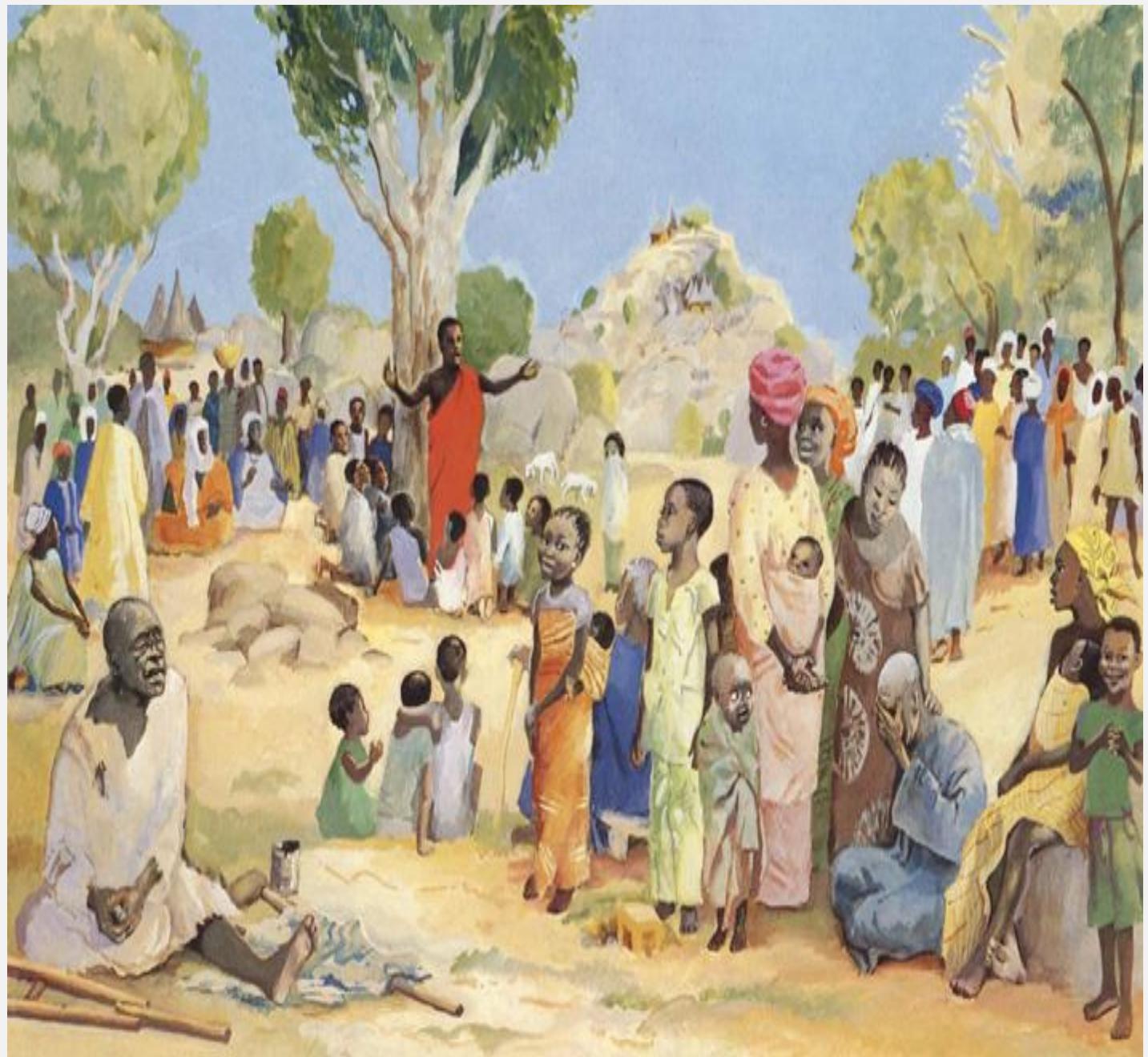
FAMILY SERVICE

FOURTH SUNDAY OF THE MONTH: 11AM

FOURTH SUNDAY AFTER THE EPIPHANY

SUNDAY FEBRUARY 01, 2026

YEAR A



ORDER OF SERVICE

Introit Hymn:	(4:30PM)	<i>O worship the Lord</i>	CPWI #103
	(6:00AM & 8:00AM)	<i>O master let me walk with thee</i>	CPWI #536
Opening Sentence			BCP, 99
The Invocation & Collect for Purity			BCP, 101
Kyrie and Gloria			BCP, 102
The Collect: Fourth Sunday after the Epiphany			BCP, 161

THE MINISTRY OF THE WORD

The First Lesson:	Micah 6:1-8	
Psalm	15	BCP, 483
The Epistle:	1 Corinthians 1:18-31	
The Sequence Hymn:	<i>Blest are the pure in heart</i>	CPWI # 511
The Gospel:	Matthew 5:1-12	
The Sermon		
The Nicene Creed		BCP, 104
The Intercession:	Form B	BCP, 107
Act of Penitence:	Form B	BCP, 124
The Greeting of Peace:	Form B	BCP, 125

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymn:	<i>Yield not to temptation</i>	CPWI # 567
The Offertory Prayer:	Form A	BCP, 126

THE EUCHARIST

THE DOXOLOGY

Proper Preface:	Epiphany	BCP, 127
The Eucharistic Prayer:	Form A	BCP, 131

The Distribution of Holy Communion:

(4:30PM)	<i>I am not worthy</i>	CPWI # 593
(6:00AM & 8:00AM)	<i>Holiness is what I long for</i>	bulletin
	<i>This is my desire</i>	CB # 75

The Post-Communion Prayer BCP, 148

THE DISMISSAL

The Final Blessing		BCP, 150
Recessional Hymn: (4:30PM)	<i>I am weak, but thou art strong</i>	CPWI # 525
(6:00AM & 8:00AM)	<i>Caravan I want to walk with Jesus Christ</i>	CB # 36

WORSHIP NOTES

The Epiphany ('manifestation') is an occasion to celebrate three events in the life of Christ - The visit of the Magi, Jesus' baptism by John and the miracle at Cana in Galilee. Epiphanytide is an apt season to pray for the worldwide mission of the Church.

In western churches the focus is on the visit of the far-travelled magi, understood as the manifestation of Christ to the Gentiles. Matthew's account speaks simply of 'wise men from the east'; later tradition fixed their number at three, made them kings and recalled their resonant names – Caspar, Melchior and Balthasar. The feast of the Conversion of St Paul, the Apostle to the Gentiles, appropriately falls in the Epiphany season, as does the Week of Prayer for Christian Unity.

In the Eastern churches, the Epiphany is the celebration of Christ's baptism at the hands of John, when the heavens were opened and a voice from heaven declared Jesus to be God's beloved Son. The miracle of Cana in Galilee, where Jesus 'first manifested his glory', follows immediately. Christopher Wordsworth expresses it poetically in the hymn

Songs of Thankfulness and Praise, he writes:

Manifest at Jordan's stream,
Prophet, Priest, and King supreme;
and at Cana wedding-guest
in thy Godhead manifest.

The arrangement of the Sundays of Epiphany in the Revised Common Lectionary deliberately draws out these aspects - the Sunday after the feast of Epiphany is always the Baptism of our Lord and the second Sunday after the Epiphany is always the miracle of changing water into wine.

The season of joyful celebration that begins at Christmas now continues through the successive Sundays of Epiphany, and the festal cycle ends only with the Feast of the Presentation (Candlemas - Feb 2nd. In some Christian communities this is the official end of the Christmas Season). The child who has been manifested to the magi at his birth is now recognized by Simeon and Anna, when he comes to be presented in the Temple according to the Law of Israel. He is both 'a light to lighten the Gentiles' and 'the glory of God's people Israel'. But the redemption he will bring shall be won through suffering; the Incarnation is directed to the Passion; and Simeon's final words move our attention away from the celebration of Christmas and towards the mysteries of Easter.

The liturgical colour for the Feast of the Epiphany remains white or gold. The weeks which follow are known as the Season after Epiphany or Ordinary Time which uses the liturgical colour of green. This season lasts about six - eight weeks during which we spend our time reflecting on the birth of Christ and his manifestation to all people while we prepare for lent.

Adapted from the Church of England Prayer and Worship resources <https://www.churchofengland.org/prayer-and-worship-worship-texts-and-resources/common-worship/churhcs-year/times-and-seasons-1>

THE PREPARATION

INTROIT HYMN: CPWI # 103 *O worship the Lord*

O worship the Lord in the beauty of holiness,
bow down before him, his glory proclaim;
with gold of obedience and incense of lowliness,
kneel and adore him, the Lord is his name.

Low at his feet lay thy burden of carefulness,
high on his heart he will bear it for thee,
comfort thy sorrows, and answer thy prayerfulness,
guiding thy steps as may best for thee be.

Fear not to enter his courts in the slenderness
of the poor wealth thou wouldest reckon as
thine:

CPWI # 536 *O master let me walk with thee*

O Master, let me walk with thee
in lowly paths of service free.
Tell me thy secret; help me bear
the strain of toil, the fret of care.

Help me the slow of heart to move
by some clear, winning word of love.
Teach me the wayward feet to stay,
and guide them in the homeward way.

(4:30PM)

truth in its beauty and love in its tenderness:
these are the offerings to lay on his shrine.

These, though we bring them in trembling and
fearfulness,
he will accept for the name that is dear;
mornings of joy give for evenings of tearfulness,
trust for our trembling, and hope for our fear.

O worship the Lord in the beauty of holiness
bow down before him, his glory proclaim;
with gold of obedience and incense of lowliness,
kneel and adore him, the Lord is his name.

(6:00AM & 8:00AM)

Teach me thy patience: still with thee
in closer, dearer company,
in work that keeps faith sweet and strong,
in trust that triumphs over wrong;

in hope that sends a shining ray
far down the future's broadening way,
in peace that only thou canst give,
with thee, O Master, let me live.

OPENING SENTENCES: For the God who said, "Out of darkness light shall shine," has caused His light to shine in our hearts, the light which is knowledge of the glory of God in the face of Jesus Christ. *2 Corinthians 4:6*

PRESIDENT: Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

COLLECT FOR PURITY: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. AMEN.

THE KYRIE:

Lord, have mercy

Christ, have mercy

Lord, have mercy

Lord, have mercy

Christ, have mercy

Lord, have mercy

THE GLORIA: Glory to God in the highest, and peace to His people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One; you alone are the Lord: you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT FOR FOURTH SUNDAY AFTER THE EPIPHANY: Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE MINISTRY OF THE WORD
(*The congregation sits for the readings*)

THE FIRST READING: MICAH 6:1-8 A reading from the word of God written in Micah

4:30PM DAWN MC-MILLAN 6:00AM GAN PING D'ANDRADE 8:00AM CLARE BOWEN-O'CONNOR

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.” “With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Reader: The Word of the Lord

All: Thanks be to God

PSALM 15 *Domine, quis habitabit?*

BCP, 483

1. Lord, who may dwell in your tabernacle? * who may abide upon your holy hill?
2. Whoever leads a blameless life and does what is right, * who speaks the truth from his heart.
3. There is no guile upon his tongue; he does no evil to his friend; * he does not heap contempt upon his neighbours.
4. In his sight the wicked is rejected, * but he honours those who fear the Lord.
5. He has sworn to do no wrong * and does not take back his word.
6. He does not give his money in hope of gain, * nor does he take a bribe against the innocent.
7. Whoever does these things * shall never be overthrown.

Psalm 15 Domine, quis habitabit?

BCP, 483

1 Lord, who may' dwell in. your' tabernacle? *
who may abide up' on your' holy' hill?

2 Whoever leads a blameless life and' does what. is' right, *
who' speaks the' truth. from his.' heart.

3 There is no guile upon his tongue;
he does no' evil. to his.' friend; *
he does not heap con' tempt up' on his' neighbor.

4 In his sight the' wicked. is re.'jected, *
but he honors' those who' fear the' Lord.

5 He has sworn to' do no' wrong *
and' does not. take' back his' word.

6 He does not give his money in' hope of gain, *
nor does he take a' bribe a' gainst the' innocent.

7 Whoever' does these' things *
shall' never. be' over' thrown.

THE EPISTLE: 1 CORINTHIANS 1:18-31
4:30PM BRENDA MC LEAN-TAYLOR

A reading from the word of God written in 1 Corinthians

6:00AM ANNETTE KELLMAN

8:00AM LORNA PILE

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Reader: The Word of the Lord

All: Thanks be to God

The congregation stands for the sequence hymn

Sequence Hymn: CPWI # 511 Blest are the pure in heart

Blest are the pure in heart,
for they shall see our God;
the secret of the Lord is theirs,
their soul is Christ's abode.

The Lord, who left the heavens
our life and peace to bring,

to dwell in lowliness with men,
their pattern and their King;
still to the lowly soul
he doth himself impart,
and for his dwelling and his
throne.

chooseth the pure in heart.
Lord, we thy presence seek;
may ours this blessing be;
give us a pure and lowly heart,
a temple meet for thee.

GOSPEL ACCLAMATION: THE ALLELUIA CHORUS

All stand for the Gospel

THE GOSPEL: MATTHEW 5:1-12

THE DEACON OF THE MASS

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. "Blessed are those who mourn, for they will be comforted. "Blessed are the meek, for they will inherit the earth. "Blessed are those who hunger and thirst for righteousness, for they will be filled. "Blessed are the merciful, for they will receive mercy. "Blessed are the pure in heart, for they will see God. "Blessed are the peacemakers, for they will be called children of God. "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. "Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

SAN MATEO 5:1-12

Al ver la multitud, Jesús subió al monte y se sentó. Sus discípulos se le acercaron, y él tomó la palabra y comenzó a enseñarles, diciendo: «Dichosos los que tienen espíritu de pobres, porque de ellos es el reino de los cielos. »Dichosos los que sufren, porque serán consolados. »Dichosos los humildes, porque heredarán la tierra prometida. »Dichosos los que tienen hambre y sed de la justicia, porque serán satisfechos. »Dichosos los compasivos, porque Dios tendrá compasión de ellos. »Dichosos los de corazón limpio, porque verán a Dios. »Dichosos los que trabajan por la paz, porque Dios los llamará hijos suyos. »Dichosos los perseguidos por hacer lo que es justo, porque de ellos es el reino de los cielos. »Dichosos ustedes, cuando la gente los insulte y los maltrate, y cuando por causa mía los ataquen con toda clase de mentiras. Alérgense, estén contentos, porque van a recibir un gran premio en el cielo; pues así también persiguieron a los profetas que vivieron antes que ustedes.»

El Evangelio del Señor.

Te alabamos, Cristo Señor

THE SERMON

THE NICENE CREED

(Everyone stands for the Creed and the Prayers)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen or unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit, He was born of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate; He suffered, died and was buried. On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son He is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come. **Amen.**

INTERCESSORY PRAYERS: FORM B

4:30PM CAMILLE GREGOIRE

6:00AM PAULA DRAKES

8:00AM MARY STEWART

We Pray For:

THE ANGLICAN COMMUNION: The Right Reverend & Right Honourable Dame Sarah Mullally, Archbishop of Canterbury and The Church of England.

THE PROVINCE: We pray the Most Reverend Philip Wright, Archbishop; and The Diocese of Windward Islands, The Rt. Rev Leopold Friday, Diocesan Bishop.

THE DIOCESE: The Right Reverend Claude Berkley, Diocesan Bishop, The Cathedral Church of the Holy

Trinity, Port of Spain, The Very Reverend Dr. Shelley-Ann Tenia, Dean and Rector, The Reverend Fr. Ferdinand Pollard, Assistant Curate, The Reverend Cheryl Mottley, deacon. Trinity College, Moka, Trinity Junior, Christus Rex Boys, St. Catherine's Girls Anglican Primary Schools; and Diocesan Seminarians: Maia Williams and Tishonne Francis.

THE PARISH: The Clergy, the Vestry, the Mothers' Union, schools and communities within our parish boundaries, the City Corporation, and the Mayor of Port of Spain.

THOSE PREPARING FOR SACRAMENT:

Baptism: Rodney Adrian Alexander

THANKSGIVINGS AND ANNIVERSARIES:

Recently Received First Holy Communion: Andrea Cardoza, Antonio Crawford, Christopher Crawford, La Shauna Edwards, Aydeen Hipplewith, Aaliyah Martinez, Shermikia McKenzie, Maya Mitchell, Julian Paul, Nyla Peters, Na'ima Pierre, Nijhemma Reyes, Chaia Ryan, Aidan Stewart, Amaia Stewart, Malia Taylor, Isabella Williams, Isaiah Williams.

Birthdays: Jael Amos, Joan Peters, Timya Oliveri, Asatha Flemming, Elvis Joseph, Sonika Telesford, Amari Robinson, Soriyah Serapio, Karen Guedez

Baptism: Thomas Nicholson, S'Mya Charles, Chloe McMillan, Victoria James, Tarique Williams, Shemaiah St. Clair, Simon Francis

Recently Departed: Ian Gibson, Lennox Akan, Christopher Wint, Jacqueline Dickerson, Nicole Clark-Martin, Jacqueline Yorke and Angela Mendoza, Cedric Joefield, Shirley Lord, Hubert Phillips, Terrence Elder. May they rest in peace.

Anniversary of Death: Patricia Leacock 8th. May they rest in peace.

INTERCESSORY PRAYERS:	Form B	BCP, 107
LEADER: Father, we pray for your holy Catholic Church;	ALL: That we all may be one.	
LEADER: Grant that every member of the Church may truly and humbly serve you.		ALL: That your Name may be glorified by all people.
LEADER: We pray for all Bishops, Priests, and Deacons;	ALL: That they may be faithful ministers of your Word and Sacraments.	
LEADER: We pray for all who govern and hold authority in the nations of the world;		ALL: That there may be justice and peace on the earth.
LEADER: Give us grace to do your will in all that we undertake;		ALL: That our works may find favour in your sight.
LEADER: Have compassion on those who suffer from any grief or trouble;		ALL: That they may be delivered from their distress.
LEADER: Give to the departed eternal rest;	ALL: Let light perpetual shine upon them.	
LEADER: We praise you for your saints who have entered into joy;		ALL: May we also come to share in your heavenly kingdom.
LEADER: Let us pray for our needs and those of others.		
<i>Silence may be kept.</i>		

MOTHERS' UNION PRAYER: Loving God, we thank you for your love so freely given to us all. We pray for families around the world. Bless the work of the Mother's Union as we seek to share your love through encouragement, strengthening and support of marriage and family life. Empowered by Your spirit, may we be

united in prayer and worship and in love and service reach out as hands across the world. **Amen.**

PRAYER FOR RESTORATION: O Lord, God of heaven, how great and awesome You are. You keep your covenant of love with those who love you and obey your commands. Let your ear be attentive and your eyes open to hear the cry of your servants, day and night, for the restoration of this Cathedral Church. Gracious Lord, give us success by granting us favour with international donors, corporate entities, government officials, citizens and all persons of faith and good will as we gather the resources needed for the complete work of restoration. Help us to also strive for full restoration by encouraging one another, being of one mind and living in peace. Guide every aspect of this process so that soon your beloved community will congregate in your house of prayer as a new creation in true righteousness and holiness. May your kingdom come and your will be done in us. **Amen**

PRAYER FOR THE SICK: Heavenly Father, giver of life and health, comfort and relieve your sick servants and give your power of healing to those who minister to their needs. We pray that those for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care and experience your healing grace; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, One God, now and forever. **Amen.**

THE SICK, HOMEBOUND, THE DISTRESSED OR THOSE IN TROUBLE

Amryl Kellar	Gertrude Roberts	Valarie Baptiste
Alona Edwards	Ernest Motley	Patrick Mikhail Roberts
Angela Sealy	Gordon Howell	Lorna Dowers
Arlene St. Louis	Gregory Bailey	Lorna Skinner
Barbara Brereton	Greta Julien	Lovetta Brizan
Barbara Hull	Yolanda Drayton	Marlene Jacob
Bernice Felix	Wesley Phillip	Mertie Dash
Brendon Taylor	Jean Cadogan	Michele Clavery
Carole Clyne	Jenifer Dick	Mr. & Mrs. Doyle
Celia Jack	Jennifer Francis	Myrtle Gomes
Charles Sutherland	Julianne Amarali	Neila Tidd
Che Bernard	Keith Dick	Nolder Pierre
Christine Davis	Kizzy David	Yolande Gooding
David Thomas	Sylma Smith	Akesha Edwards
Doreen Bayley	The Rev Canon Ronald Branche	Mona Charles
Eastlyn Brathwaite	Ulric Munroe	Norma James
Eileen Alphonse	Pearl Darmanie	Olga Went
Eileen Cuffy	Reomero Roopsingh	Otis Boxhill
Eileen Staple	Rev. Cheryl Mottley	Simone Bailey
Esmie Bruce	Patricia Thomas-Williams	Norma Lewis
Esther Marie Jones-Moore	Wendell John	Rev. Agnes Bacchus
Florencia Maharaj	Yolanda Drayton	Rev. Mervyn Richardson

THE ACT OF PENITENCE

FORM B

BCP, 124

Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE ABSOLUTION

Everyone stands

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **ALL Amen.**

The Greeting of Peace

Form B

BCP, 125

PRESIDENT: If you are offering your gift at the altar, and there remember that your brother has something against you,

ALL: Leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

PEACE: Let there be peace on earth (8:00AM)

Let there be peace on earth
And let it begin with me
Let there be peace on earth
The peace that was meant to be

With God as our father
Brothers all are we
Let me walk with my brother
In perfect harmony

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow

To take each moment

And live each moment
In peace eternally

Let there be peace on earth
And let it begin with me
Let there be peace on earth
And let it begin with me

Let there be peace on earth
The peace that was meant to be
With God as our father
Brothers are all we

Let me walk with my brother
In perfect harmony
Let peace begin with me

Let this be the moment now

Let peace begin with me
Let this be the moment now
With every step I take
Let this be my solemn vow

To take each moment
And live each moment
In peace eternally
Let there be peace on earth
And let it begin with me

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymn: CPWI # 567 Yield not to temptation

Yield not to temptation,
for yielding is sin;
each victory will help you,
some other to win;
fight, still pressing onward,
dark passions subdue;

***comfort, strengthen and keep
you;
he is willing to aid you,
he will carry you through.***

Shun evil companions,
bad language disdain;
God's name hold in reverence,
nor take it in vain;
be thoughtful and earnest,
kind-hearted and true;

Refrain

To him that o'er--cometh,
God giveth a crown;
through faith we will conquer,
though often cast down;
he who is our Saviour,
our strength will renew;
Refrain

***Refrain:
look ever to Jesus,
he will carry you through.
Ask the Saviour to help you,***

**ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND
REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP**

The Offertory Prayer: **Form A** *Everyone stands* **BCP, 126**
PRESIDENT: Through your goodness, Lord, we have this bread and wine to offer, the fruit of the earth and the work of human hands. They will become our spiritual food.
ALL: All things come from you, O Lord, and of your own do we give you. Blessed be God for ever. Amen.

THE EUCHARIST

**THE DOXOLOGY: Praise God, from whom all blessings flow; Praise Him, all creatures here below; Praise
Him above, ye heav'nly host; Praise Father, Son, and Holy Ghost. AMEN**

PRESIDENT: The Lord be with you. **All: And also with you.**
PRESIDENT: Lift up your hearts. **All: We lift them up to the Lord.**
PRESIDENT: Let us give thanks to the Lord our God. **All: It is right to give God thanks and praise.**

PRESIDENT: PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: Through Jesus Christ our Lord. Because in coming to dwell among us as man, He revealed the radiance of His glory, and brought us out of darkness into His own marvellous light. Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in
the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Form A **BCP, 131**
PRESIDENT: All Holy and glorious Father, our Creator God, we give you thanks because in your loving wisdom you brought all things into being, and are truly worthy of praise from every creature you have made. Again and again we have turned away from you; yet in every age your steadfast love has called us to return, to live in union with you: for it is your eternal purpose to put new life into all things and make them holy. Through your Son, Jesus Christ who took our human nature upon Him you have redeemed the world from the bondage of sin: and by the power of your Holy Spirit you have gathered a people to yourself, to make known in every place His perfect offering which He made to the glory of your Name. Hear us, therefore, Father, through your Son, Jesus Christ our Lord; And grant that these gifts of bread and wine may be unto us His Body and Blood. For, on the night He was betrayed He took bread, and when He had given thanks to you, He broke it and gave it to His disciples and said: "Take this, and eat it: This is my Body which is given for you. Do this for the remembrance of me." And after supper He took the cup of wine: and when He had given thanks, He gave it to them and said: "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

PRESIDENT: Let us proclaim the mystery of our faith.
ALL: Christ has died. Christ is risen. Christ will come again.

PRESIDENT: And so, Heavenly Father, rejoicing in His Holy Incarnation; His Blessed Passion and His Perfect Sacrifice made once for all upon the Cross; His Mighty Resurrection from the dead; His Glorious Ascension into heaven; and looking for His Coming in glory; we offer to you this Bread and this Cup. We pray that you will accept this sacrifice of praise and thanksgiving; and grant that all who eat and drink of the Body and Blood, of your Son, our great High Priest, may be renewed by your Holy Spirit, and be one Body, one Spirit, in Him. Let faith and love increase in us. Unite us with all Bishops, all other ministers of your Word and Sacraments, and with the whole people of God, living and departed, whom you have made for yourself. Confirm us in holiness, that we may be found ready to join the company of the Blessed Virgin Mary, the Holy Apostles, and all your saints, when our Lord Jesus Christ comes again: Forever giving you thanks and praise through Him from whom all good things do come. With Him and in Him and through Him, by the power of the Holy Spirit, we worship you, Father Almighty, with all who stand before you in earth and heaven, in songs of everlasting praise:

ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.

As our Saviour has taught us, so we pray:

Everyone stands

ALL: Our Father in heaven hallowed be your Name; your kingdom come; your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.

PRESIDENT: The Gifts of God for the People of God.

ALL: Our souls will feast and be satisfied and we will sing glad songs of praise to Him

Communion Hymns: CPWI # 593 *I am not worthy*(4:30PM)

I am not worthy, Holy Lord,
that thou shouldst come to me;
speak but the word; one
gracious word
can set the sinner free.

I am not worthy; cold and bare
the lodging of my soul;
how canst thou deign to enter

there?
Lord, speak, and make me
whole.

I am not worthy; yet, my God,
how can I say thee nay;
thee, who didst give thy flesh
and blood
my ransom-price to pay?

0 come! In this sweet morning
hour
feed me with food divine;
and fill with all thy love and
power
this wavering heart of mine.

Holiness is what I long for

Holiness, holiness is what I long for
Holiness is what I need
Holiness is what You want for me

(6:00AM & 8:00AM)

Righteousness, righteousness is what I long for
Righteousness is what I need (That's what I need)

Righteousness, righteousness is what You want for me

Take my heart and mold it
Take my mind; transform it
Take my will; conform it
To Yours, to Yours Oh Lord

Brokenness, brokenness
Is what You want for me (Gotta be broken)
Brokenness, brokenness is what I long for
Brokenness is what I need
Brokenness, brokenness
Is what You want for me

Caravan Booklet # 75 This is my desire

This is my desire, to honour
You
Lord with all my heart I
worship You
all I have within me
I give You praise
all that I adore is in You

Lord I give You my heart
I give You my soul
I live for You alone
Every breath that I take
Every moment I'm awake
Lord have Your way in me

(6:00AM & 8:00AM)

You
Lord with all my heart I
worship You
all I have within me
I give You praise
all that I adore is in You

This is my desire, to honour

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

The Post Communion Prayer:

Everyone stands

BCP, 148

Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace and grant us strength and courage to love and serve you, and all persons in you, with gladness and singleness of heart, through your Son Jesus Christ our Lord. Amen.

The Blessing: The spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **ALL: Amen.**

Closing Hymn: CPWI # 525 I am weak, but thou art strong

(4:30PM)

I am weak but thou art strong;
Jesus, keep me from all wrong:
I'll be satisfied as long
as I walk, let me walk close to thee.

Through this world of toil and snares,
if I falter, Lord, who cares?
Who with me my burden shares?
None but thee, dear Lord, none but thee.

Refrain

Refrain:

***Just a closer walk with thee,
grant it, Jesus, is my plea,
daily walking close to thee,
let it be, dear Lord, let it be.***

When my feeble life is o'er,
time for me will be no more;
guide me gently, safely o'er
to thy kingdom shore, to thy shore.

Refrain

Caravan I want to walk with Jesus Christ

I want to walk with Jesus Christ
All the days I live of this life on earth
To give to Him complete control
Of body and of soul

(6:00AM & 8:00AM)

***Follow Him, follow Him,
Yield your life to Him
He has conquered death
He is King of Kings
Accept the joy that He brings
To those who yield their lives to Him***

I want to learn to speak to Him
To pray to Him, confess my sin
To open my life and let Him in
For joy will then be mine

I want to learn to speak of Him
My life must show that He lives in me
My deeds, my thoughts, my words must speak
All or His love for me

I want to learn to read His word
For this is how I know the way
To live my life as please Him
In holiness and joy

O Holy Spirit of the Lord
Enter now into this heart of mine
Take full control of my selfish will
And make me wholly Thine

NOTICES AND REMINDERS

GENERAL PARISH NOTICES

+ The Very Reverend Shelley-Ann Tenia is out of the Parish on vacation, please keep her in your prayers. The Reverend David Pollard is in charge of the Parish with the assistance of the Wardens.

+ **ANNUAL GENERAL MEETING:** Will be held March 22, 2026, groups are to send all reports to parishsec@htctt.org on or before February 22, 2026 4:00pm. Reports not submitted on time will not be acknowledged.

+ **DIOCESAN CALENDARS:** are now available from the Parish Office or Ushers. Cost \$30.00

+ **INFORMATION FOR THE BULLETIN:** **ALL** entries or requests **must** be forwarded to the Parish Office via parishsec@htctt.org or **623-7271 Ext 2000** on or before **Wednesday 2pm** of the week of publication.

+ **ANGLICAN PRAYER BEADS:** are available for sale at \$100 per item. Interested people can place their order with Donna (767-7778) or Brenda (797-0543). Payment in part or in full is encouraged when the order is made.

+ **REDEEM COTTON NOTES:** Persons that are holders of cotton notes \$1, \$5, \$10, \$20, \$50 can bring them into the Parish Office and your donation will go towards the Cathedral Restoration.

Ways To Give

1. Time: call parishioners and check on them. Do a drive by visit.

2. Food: non-perishable food & toiletries.

3. Finance – tithes, thanksgiving offerings and general donations

Bank Name: First Citizens Bank, Independence Square

Account Name: INCOR TRUSTEES ANGLICAN DIOCESE T&T/HTC

Account Number: 1841214 **Note:** Type the name as is: capitals, symbols and spacing.

FEBRUARY MEETINGS & ACTIVITIES

3rd 5:30pm NWRC Meeting – In Person at Diocesan Office

6th 5:30pm Worship Preparation Meeting – HTC Chapel

12th 7:00pm Buildings and Lands Committee Meeting – Virtual (Zoom)

13th 5:30pm Worship Preparation Meeting – HTC Chapel

19th 5:30pm Vestry Meeting – Virtual

20th 6:00pm Worship Preparation Session – HTC Chapel

24th 6:00pm Finance Committee Meeting - Virtual

HOLY TRINITY CATHEDRAL BICENTENNIAL BOOK

►►►

NOW AVAILABLE!

**ONLY
TTD \$400.00!**

Reserve your copy today

Call Us
620-4717 (West)
487-2909 (South)

689-9410 (East)
342-6213 (Tobago)

+ **GRAB YOUR COPY OF THIS HISTORICAL PUBLICATION** : A Legacy of Faith and Culture: Explore the historical and cultural significance of the Holy Trinity Cathedral (the Mother Church) in its bicentennial publication! This keepsake is available now for only **TTD \$400.00**.

Contact 620-4717 (West), 689-9410 (East), 487-2909 (South) and 342-6213 (Tobago) for purchases.

Hurry before they're all gone! **#historicalvoice #theologicalchoice #culturallyrejoice**"

+ **BICENTENNIAL MEMORABILIA:** are still available: T-shirts (\$65), Dri-fit Polos (\$150.00), Magnets (\$25), 4-port USB hubs (\$50), Rosaries (\$150, \$200, \$275 and \$460), Snippets & Secrets Booklet (\$20.00). Call 620-4717 or 683-2261 to order.

OSH CORNER

The Dry season has begun. We must try to keep hydrated at all times Please be aware of your surroundings.

Heat Stroke or Heat Exhaustion

Heat exhaustion will develop into heat stroke if the victim is not cooled and given water. When sweating stops, heat stroke is occurring – a life-threatening emergency.

Heat Exhaustion

SIGNS AND SYMPTOMS:

Heavy sweating, thirst, fatigue, heat cramps; later, headache, dizziness, nausea or vomiting; may develop into heat stroke.

1. Move the victim out of the heat to lie down in a cool place, and loosen or remove outer clothing.
2. Cool the victim with a cool water spray or wet cloths on the forehead and body.
3. Give the victim a carbohydrate-electrolyte drink, such as a sports drink, to promote rehydration. (Other beverages, such as 2% milk and coconut water, are also effective.) If a carbohydrate-electrolyte drink is not available, give the victim water.



Heat Stroke

IMMEDIATE MEDICAL HELP IS NEEDED!

SIGNS AND SYMPTOMS:

Skin is flushed and very hot to the touch; sweating has usually stopped; fast breathing; headache, dizziness, confusion, irrational behavior; possible convulsions or unresponsiveness.

1. Call 9-1-1.
2. Move the victim to a cool place.
3. Remove outer clothing.
4. Immediately cool the victim with any means at hand, preferably by immersing the victim up to the neck in cold water (with the help of a second rescuer). If immersion in cold water is not possible, place the victim in a cold shower or move to a cool area and cover as much of the body as possible with cold, wet towels.
5. Do not try to force the victim to drink liquids.
6. Monitor the victim's breathing and be ready to give **CPR** (p. 20) if needed.

STEP 4



**ENROLL NOW...
JOIN OUR FAMILY TREE**

Trinity Junior School is a premier private Anglican School rooted in the Christian faith and grounded in family values. We pride ourselves on having a robust curriculum, qualified teachers and a stellar student/teacher ratio.

We welcome applications from children who will turn five years old on or before December 31st. 2026.

Application forms are available online or at school.

Non-refundable application fee: \$250.



**2026-2027
OPEN ENROLLMENT**

Email:
enrollment@trinityjuniorschool.edu.tt



<https://bit.ly/TJS2025Application>

REQUIRED DOCUMENTS:

- Birth certificate
- Immunization card
- Referral letter from ECCE
- Proof of residency
- 2 recent passport-sized photos

TRINITY JUNIOR SCHOOL

5 MELBOURNE STREET, PORT OF SPAIN

Telephone: (868) 625 - 1720

Website: trinityjuniorschool.edu.tt



+ **TRINITY JUNIOR SCHOOL:** Tickets are available at the Cathedral Office.

REGIONAL AND DIOCESAN NOTICES

+ **THE NORTH-WEST REGION CURRY-QUE FUNDRAISER:** From January 19th – February 4th 2026. Monday – Wednesday ONLY 10:00am – 3:00pm. Patraj – 161 Tragarete Road, Port of Spain or Backchain Street, San Juan, or Patraj Express – Xtra Plaza, Aranguez South. Cost \$65.00 from the Parish Office or Ushers.

+ **PROVINCIAL SUNDAY:** Sunday February 8, 2026. A special collection would be taken up for the Province. The recommended contribution is \$5.00US or \$35.00TT. Envelopes are available from the Ushers and the Parish Office.



MOTHERS' UNION OF TRINIDAD AND TOBAGO

CARNIVAL BRUNCH

CALYPSO . PAN . COMEDY

11AM TO 5PM

\$400 | NAPARIMA BOWL, SAN FERNANDO

\$350 EARLY BIRD TIL DEC. 30, 2025

FEB | 01 | 2026

FEATURING

TT PRISON SERVICES BAND . AVION CROOKS

SOUTHERN MARINES STEELBAND . DJ CRAWFORD + MORE

A FUNDRAISER FOR THE MOTHERS' UNION CHILDREN'S HOME

Notice

**THE PARISH OFFICE IS
CLOSED ON **MONDAYS**.**

**NEW OPENING HOURS
TUE-FRI (8AM-4PM)**

**2ND & 4TH SATURDAYS
(9AM -12NOON)**



HOLY TRINITY
CATHEDRAL

BY ORDER OF MANAGEMENT

Weekly Worship

MONDAY - FRIDAY | 6:30 AM

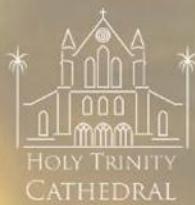
Morning Prayer (Facebook Online)

MONDAY - FRIDAY | 12 NOON

Midday Mass - HTC Main Chapel

SUNDAY - FRIDAY | 9 PM

Compline (Facebook Online)



SMALL GROUP ACTIVITIES

Join us in the All-Souls Virtual Chapel

Zoom Meeting ID: 875 0223 3875 | Password: Worship

- Mondays at 5:00 PM
- Thursdays at 5:00 PM

Bible Study
Prayer Group

Fridays at 1:30 PM

Bible Study - **In person at the Parish Chapel**

DIVINE OFFICE READINGS

DATE	MORNING	EVENING
SUNDAY 1 ST	± Psalms 24, 29 ± Genesis 18:16-33 ± Galatians 5:13-25 ± Mark 8:22-30	Eve of the Presentation ± Psalms 113, 122 ± 1 Samuel 1:20-28a ± Romans 8:14-21 <i>Collect for the Presentation</i>
MONDAY 2 ND <i>THE PRESENTATION OF OUR LORD</i>	• Psalms 42, 43 • 1 Samuel 2:1-10 • John 8:31-36	• Psalms 48, 87 • Haggai 2:1-9 • 1 John 3:1-8
TUESDAY 3 RD <i>Anskar, Missionary Bishop in Sweden, 865</i>	± Psalms 61, 62 ± Genesis 21:1-21 ± John 6:41-51	± Psalm 68:1-20(21-23)24-36 ± Isaiah 52:1-12 ± Hebrews 11:13-22
WEDNESDAY 4 TH	• Psalm 72 • Genesis 22:1-18 • John 6:52-59	• Psalm 119:73-96 • Isaiah 54:1-10(11-17) • Hebrews 11:23-31
THURSDAY 5 TH	± Psalms [70], 71 ± Genesis 23:1-20 ± John 6:60-71	± Psalm 74 ± Isaiah 55:1-13 ± Hebrews 11:32—12:2
FRIDAY 6 TH	• Psalm 69:1-23(24-30)31-38 • Genesis 24:1-27 • John 7:1-13	• Psalm 73 • Isaiah 56:1-8 • Hebrews 12:3-11
SATURDAY 7 TH	± Psalms 75, 76 ± Genesis 24:28-38, 49-51 ± John 7:14-36	± Psalms 23, 27 ± Isaiah 57:3-13 ± Hebrews 12:12-29 <i>Collect for 5 Epiphany</i>

LITURGY OF THE WORD READINGS (Weekends)

EUCARIST READINGS FOR SUNDAY February 08, 2026

Fifth Sunday After The Epiphany— Year A

± **1st Reading:** Isaiah 58:1-12

Psalm 112:1-10

± **2nd Reading:** 1 Corinthians 2:1-16

Gospel: Matthew 5:13-20