



# HOLY TRINITY CATHEDRAL

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## PARISH BULLETIN

*Come and worship with us!*

**CELEBRATION OF THE HOLY EUCHARIST & SUNDAY SCHOOL**  
**SATURDAYS: 4:30PM | SUNDAY MORNING: 6:00AM & 8:00AM**

**FAMILY SERVICE**  
**FOURTH SUNDAY OF THE MONTH: 11:00AM**

**FIRST SUNDAY IN LENT**  
**SUNDAY FEBRUARY 22, 2026**

**YEAR A**



## ORDER OF SERVICE

<b>Introit Hymn:</b> (4:30PM) (6:00 & 8:00AM)	<i>Good it is to keep the fast In heavenly armour</i>	<b>CPWI # 115 Caravan# 41 BCP, 98 BCP, 101 bulletin BCP, 102 BCP, 163</b>
Opening Sentence		
The Invocation & <b>Collect for Purity</b>		
Praise and Worship Songs (8:00AM)		
<b>Kyrie</b>		
The Collect: First Sunday in Lent		

## THE MINISTRY OF THE WORD

The First Lesson	Genesis 2:15-17; 3:1-7	
<b>Psalm 32</b>		<b>BCP, 505</b>
The Epistle:	Romans 5:12-19	
<b>The Sequence Hymn: (ALL SERVICES)</b>	<i>Forty days and forty nights</i>	<b>CPWI # 114</b>
The Gospel:	Matthew 4:1-11	
The Sermon		
<b>The Nicene Creed</b>		<b>BCP, 104</b>
The Intercession	<b>Form D</b>	<b>BCP, 111</b>
Litany of Penitence		<b>BCP, 217</b>
The Greeting of Peace:	<b>Form C</b>	<b>BCP, 125</b>

## THE PRESENTATION OF THE OFFERINGS

<b>The Offertory Hymn: (4:30PM)</b>	<i>Christian, dost thou see them</i>	<b>CPWI # 112</b>
The Offertory Prayer:	<b>Form A</b>	<b>BCP, 126</b>

## THE EUCHARIST

Proper Preface:	<b>Lent</b>	<b>BCP, 128</b>
The Eucharistic Prayer:	<b>Form C</b>	<b>BCP, 137</b>
<b>The Distribution of Holy Communion:</b> (4:30PM) (6:00 & 8:00AM)	<i>Just as I am, without one plea Man from Calvary In Christ Alone</i>	<b>CPWI # 504 bulletin Caravan# 39 BCP, 148</b>
The Post-Communion Prayer		

## THE DISMISSAL

The Final Blessing		<b>BCP, 150</b>
<b>Recessional Hymn: (ALL SERVICES)</b>	<i>Jesu, who this our Lenten-tide</i>	<b>CPWI # 116</b>

## WORSHIP NOTES

The 40 days of Lent (excluding Sundays) begins with Ash Wednesday. On this first day Christians receive the imposition of ashes - a sign of our mortality, our penitence and our need for humility. It is also a sign that we intend to commit to the Lenten journey.

Sundays in Lent are considered Easter days. Lent comes from a Latin word meaning 'lengthen' – the lengthening of days from winter's short days of sunlight. It is the season during which we prepare for Easter.

As part of our preparation, we remember Jesus' forty-day sojourn in the desert as he prayed and fasted in preparation for his public ministry. We spend our time in prayer, fasting (acts of self-denial) and almsgiving. It is an opportunity to reconnect with God, to engage in spiritual house cleaning, and to focus on our spiritual growth and maturity in faith. During the time we Return, Repent and Renew.

The Liturgical colour shifts to purple or sackcloth which represents penitence and mourning. We maintain the solemnity of the season in our worship by omitting the Glorias and the Alleluias. Ash Wednesday and Fridays in Lent are usual fast days. The Stations of the Cross, more in-depth teaching, retreats, and mission services are common at this time.

### PRAISE AND WORSHIP SONGS

#### *Caravan # 42 In my life, Lord*

In my life Lord

Be glorified be glorified

In my life Lord

Be glorified today

In my heart Lord

Be glorified be glorified

In my heart Lord

Be glorified today

In my home Lord

Be glorified be glorified

In my home Lord

Be glorified today

In my church Lord

Be glorified be glorified

In my church Lord

Be glorified today

#### *CPWI # 840 Be still, for the presence*

Be still, for the presence of the Lord,

the Holy One, is here;

come bow before him now

with reverence and fear:

in him no sin is found -

we stand on holy ground.

Be still, for the presence of the

Lord,

the Holy One, is here.

Be still, for the glory of the Lord

is shining all around;

he burns with holy fire,

with splendour he is crowned:

how awesome is the sight -

our radiant King of light!

Be still, for the glory of the Lord

is shining all around.

Be still, for the power of the Lord is moving in this place:

he comes to cleanse and heal,

to minister his grace -

no work too hard for him.

In faith receive from him.

Be still, for the power of the Lord

is moving in this place.

#### *We are standing on holy ground*

When I walked through the door, I sensed God's presence

And I knew this was the place where love abounds  
For this is a temple, Jehovah God abides here  
And we are standing in His presence on holy ground

We are standing on holy ground  
And I know that there are angels all around  
Let us praise Jesus now  
We are standing in His presence on holy ground

In His presence, there is joy beyond measure  
And at His feet, peace of mind can still be found  
If you have a need, I know He has the answer  
Reach out and claim it, for you are standing on holy ground

Yes, we are standing on holy ground  
And I know that there are angels all around  
Let us praise Jesus now (praise Him now)  
We are standing in His presence on holy ground

We are standing (yes, we're standing) on holy ground  
And I know that there are angels (I know there are angels) all around (all around)  
So, let us praise (let's praise) Jesus now (praise Him now)  
We are standing in His presence  
We are standing in His presence  
We are standing in His presence on holy ground

### THE PREPARATION

**INTROIT HYMN:** CPWI # 115 *Good it is to keep the fast*

**(4:30PM)**

Good it is to keep the fast  
shadowed forth in ages past,  
which our own Almighty Lord  
hallowed by his deed and word.

So was Daniel meet to gaze  
on the sight of latter days  
and the Baptist to proclaim  
blessings through the  
Bridegroom's name.

fill us with thy heavenly might,  
be our joy and true delight.

Moses, while he fasted, saw  
God who gave by him the law;  
to Elijah angels came,  
steeds of fire and car of flame.

Grant us, Lord, like them to be  
oft in prayer and fast with thee;

Father, hear us through thy Son,  
and the Spirit, with thee One,  
whom our thankful hearts adore  
ever and for evermore.

***Caravan Book # 41 In heavenly armour***

**(6:00 & 8:00AM)**

In heavenly armour we'll enter the land  
The battle belongs to the Lord  
No weapon that's fashioned against us will stand  
The battle belongs to the Lord

When the power of darkness comes in like a flood  
The battle belongs to the Lord  
He'll raise up a standard, the power of His blood  
The battle belongs to the Lord. ***Refrain***

***Refrain***

***And we sing glory, honour, power  
and strength to the Lord  
We sing glory, honour, power and  
strength to the Lord***

When your enemy presses in hard, do not fear  
The battle belongs to the Lord  
Take courage my friend, your redemption is near  
The battle belongs to the Lord. ***Refrain***

**OPENING SENTENCES:** Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5:1, 2*

**PRESIDENT:** Blessed be God: Father, Son and Holy Spirit.

**ALL:** And blessed be His Kingdom, now and forever. Amen.

**COLLECT FOR PURITY:** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. AMEN.

**THE KYRIE:**

Lord, have mercy

Christ, have mercy

Lord, have mercy

Lord, have mercy

Christ, have mercy

Lord, have mercy

**THE COLLECT FOR FIRST SUNDAY IN LENT:** Almighty God, whose blessed Son was led by the Spirit into the wilderness and was tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

**THE MINISTRY OF THE WORD**

*(The congregation sits for the readings)*

**THE FIRST READING:** GENESIS 2:15-17; 3:1-7 A reading from the word of God written in Genesis

**4:30 PM CAMILLE GREGORIA**

**6:00 AM GAN PING D'ANDRADE**

**8:00 AM NYLA PETERS**

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader: The Word of the Lord

*All: Thanks be to God*

**PSALM 32**

*Beati quorum*

**(4:30PM & 6:00AM)**

**BCP, 588**

1. Happy are they whose transgressions are forgiven, \* and whose sin is put away!
2. Happy are they to whom the Lord imputes no guilt, \* and in whose spirit there is no guile!
3. While I held my tongue, my bones withered away, \* because of my groaning all day long.
4. For your hand was heavy upon me day and night; \* my moisture was dried up as in the heat of summer.
5. Then I acknowledged my sin to you, \* and did not conceal my guilt.
6. I said, "I will confess my transgressions to the Lord." \* Then you forgave me the guilt of my sin.
7. Therefore all the faithful will make their prayers to you in time of trouble; \* when the great waters overflow, they shall not reach them.
8. You are my hiding-place; you preserve me from trouble; \* you surround me with shouts of deliverance.
9. "I will instruct you and teach you in the way that you should go; \* I will guide you with my eye.
10. Do not be like horse or mule, which have no understanding; \* who must be fitted with bit and bridle, or else they will not stay near you."
11. Great are the tribulations of the wicked; \* but mercy embraces those who trust in the Lord.
12. Be glad, you righteous, and rejoice in the Lord; \* shout for joy, all who are true of heart.

**PSALM 32**

*Beati quorum*

**(8:00AM)**

**BCP, 588**

1 Happy are they whose transgressions are forgiven, \* and whose sin is put away!

2 Happy are they to whom the Lord im' putes no' guilt, \*  
and in whose' spirit. there' is no' guile!

3 While I held my tongue, my bones' withered. a' way, \*  
because of my' groaning' all day' long.

4 For your hand was heavy upon me' day and' night; \*  
my moisture was dried' up as. in the.' heat of' summer.

5 Then I ack' nowledged. my' sin to you, \*  
and' did not. con' ceal my' guilt.

6 I said, "I will confess my trans' gressions. to the.' Lord." \*  
Then you forgave me the' güilt' of my' sin.

7 Therefore all the faithful will make their prayers to you in' time of' trouble; \*  
when the great waters over' flow, they' shall not' reach them.

8 You are my hiding-place;  
you pre' serve me. from' trouble; \*  
you sur' round me. with.' shouts of. de' liverance.

9 "I will instruct you and teach you in the way that' you should' go; \*  
I will' guide you' with my' eye.

10 Do not be like horse or mule, which have' no under.' standing; \*  
who must be fitted with bit and bridle,  
or' else they. will' not stay' near you."

11 Great are the tribu' lations. of the.' wicked; \*  
but mercy embraces' those who' trust in. the' Lord.

12 Be glad, you righteous, and re' joice in. the' Lord; \*  
shout for joy,' all who. are' true of' heart.

**THE EPISTLE: ROMANS 5:12-19**      A reading from the word of God written in Romans

**4:30PM BRENDA MC LEAN-TAYLOR      6:00 AM JEAN-PAUL BARRIMOND      8:00 AM IMANI TAYLOR**

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by

the one man's obedience the many will be made righteous.

Reader: The Word of the Lord

*All: Thanks be to God*

*The congregation stands for the sequence hymn*

**Sequence Hymn: CPWI # 114 Forty days and forty nights (ALL SERVICES)**

Forty days and forty nights  
thou wast fasting in the wild;  
forty days and forty nights  
tempted, and yet undefiled.

Shall not we thy sorrow share,  
and from earthly joys abstain,  
fasting with unceasing prayer,  
glad with thee to suffer pain?

So shall we have peace divine;  
holier gladness ours shall be:  
round us too shall angels shine,  
such as ministered to thee.

Sunbeams scorching all the day;  
chilly dew-drops nightly shed;  
prowling beasts about thy way;  
stones thy pillow; earth thy bed.

And if Satan, vexing sore,  
flesh or spirit should assail,  
thou, his Vanquisher before,  
grant we may not faint nor fail.

Keep, O keep us, Saviour dear,  
ever constant by thy side;  
that with thee we may appear  
at th' eternal Eastertide.

*ALL stand for the Gospel*

**THE GOSPEL: MATTHEW 4:1-11**

**THE DEACON OF THE MASS**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Reader: The Gospel of Christ

*All: Praise to Christ our Lord*

**SAN MATEO 4:1-11**

Luego el Espíritu llevó a Jesús al desierto, para que el diablo lo pusiera a prueba. Estuvo cuarenta días y cuarenta noches sin comer, y después sintió hambre. El diablo se acercó entonces a Jesús para ponerlo a prueba, y le dijo: —Si de veras eres Hijo de Dios, ordena que estas piedras se conviertan en panes. Pero Jesús le contestó: —La Escritura dice: "No sólo de pan vivirá el hombre, sino también de toda palabra que salga de los labios de Dios." Luego el diablo lo llevó a la santa ciudad de Jerusalén, lo subió a la parte más alta del templo y le dijo: —Si de veras eres Hijo de Dios, tírate abajo; porque la Escritura dice: "Dios mandará que sus ángeles te cuiden. Te levantarán con sus manos, para que no tropieces con piedra alguna." Jesús le contestó: —También dice la Escritura: "No pongas a prueba al Señor tu Dios." Finalmente el diablo lo llevó a un cerro muy alto, y mostrándole todos los países del mundo y la grandeza de ellos, le dijo: —Yo te daré todo esto, si te arrodillas y me adoras. Jesús le contestó: —Vete, Satanás, porque la Escritura dice: "Adora al Señor tu Dios, y sírvele sólo a él." Entonces el diablo se apartó de Jesús, y unos ángeles acudieron a servirle.

*El Evangelio del Señor.*

*Te alabamos, Cristo Señor*

## THE SERMON

**THE NICENE CREED**

*(Everyone stands for the Creed and the Prayers)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen or unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit, He was born of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate; He suffered, died and was buried. On the third day He rose again in fulfilment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son He is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come. **Amen.**

**INTERCESSORY PRAYERS: FORM D**

**4:30PM LAY MINISTER**

**6:00 AM TEVIN TITUS**

**8:00 AM KHYAN MANSANO**

**We Pray For:**

**THE ANGLICAN COMMUNION:** The Right Reverend & Right Honourable Dame Sarah Mullally, Archbishop of Canterbury and The Church of Ireland.

**THE PROVINCE:** We pray for the Archbishop, The Rt. Rev. Philip Wright, and The Diocese of Belize, The Rt. Rev Philip Wright, Diocesan Bishop.

**THE DIOCESE:** The Rt. Rev Claude Berkley, Diocesan Bishop. The Parish of St. Faith, Rio Claro, The Rev. Fr. Evon Vinson, priest in change. Children’s Ministry, Youth Ministry, Youth Coordinator, All who work with Children and Youth. UTT Corinth; and Diocesan Seminarians: Maia Williams and Tishonne Francis.

**THE PARISH:** The Clergy, the Vestry, Y.O.T.M, Servers, Sunday School, TAGS, schools and communities within our parish boundaries, the City Corporation, and the Mayor of Port of Spain.

**THANKSGIVINGS AND ANNIVERSARIES:**

**Birthdays:** Theresa Williams, Neville Connell, Carl Daniel, Adelle Wilson Browne, Damali Manning and Jace Smith.

**Baptism:** Kathy Ann Toppin, Jedaiah Sanoir, Azaria Maxwell, Steffie Williams, Kaden McQuilkin, Kazumi Urbanus, and Muriel Urbanus.

**Recently Departed:** Nicole Clark-Martin, Jacqueline Yorke, Angela Mendoza, Cedric Joefield, Shirley Lord, Hubert Phillips, Terrence Elder, Robert Cordner

**Anniversary of Death:** Claris Clarke 10<sup>th</sup>, Nikisha Joefield & George St. Aude 8<sup>th</sup>. May they rest in peace

**INTERCESSORY PRAYERS:**

**Form D**

**BCP, 111**

**LEADER:** Our Heavenly Father has promised through our Lord Jesus- Christ to hear us when we pray in faith. Let us therefore pray for the Church and the World, and let us thank God for His goodness.

*Silence may be kept.*

**LEADER:** We pray for the Church of God in every place; especially for this Diocese, our Bishop(s) and all the people of God.

**ALL: Strengthen your Church to carry forward the work of Christ; that we and all who confess your Name may unite in truth, live together in your love, and reveal your glory to the world.**

LEADER: We pray for our country and for all the nations of the world, and for all peoples in their various callings.

**ALL: Direct this nation and all nations in the ways of justice and truth. Give wisdom to all in positions of public trust and authority; that they may promote the prosperity, godliness and peace of your people everywhere.**

LEADER: We pray for our own community, for this parish, for our families, friends, and all who live and work with us.

**ALL: Give grace to all our friends and neighbours in Christ, that we may serve Him in one another and grow together in His love.**

LEADER: We pray for the poor, the sick, the unemployed, the handicapped; all who have requested our prayers and all who seek the prayers of the Church in their time of trouble.

**ALL: Give healing and strength to all who suffer in body, mind or spirit. Give them courage and hope in their troubles and sustain all those who remember and care for them.**

LEADER: We commemorate the departed.

**ALL: We commend all people to your unfailing love, that in them your will may be fulfilled; and we rejoice at the faithful witness of your saints in every age, praying that we may share with them in your eternal kingdom.**

*Silence may be kept.*

**Y.O.T.M PRAYER:** God our Father, we pray for our young people growing up in an unstable and confusing world. Show them that your ways give more meaning to life than the ways of the world, and that following you is better than chasing after selfish goals. Help them to take failure not as a measure of their worth, but as a chance for a new start. Give them strength to hold their faith in you, and to keep alive their joy in your creation; through Jesus Christ our Lord. **Amen.**

**PRAYER FOR RESTORATION:** O Lord, God of heaven, how great and awesome You are. You keep your covenant of love with those who love you and obey your commands. Let your ear be attentive and your eyes open to hear the cry of your servants, day and night, for the restoration of this Cathedral Church. Gracious Lord, give us success by granting us favour with international donors, corporate entities, government officials, citizens and all persons of faith and good will as we gather the resources needed for the complete work of restoration. Help us to also strive for full restoration by encouraging one another, being of one mind and living in peace. Guide every aspect of this process so that soon your beloved community will congregate in your house of prayer as a new creation in true righteousness and holiness. May your kingdom come and your will be done in us.

**Amen**

**PRAYER FOR THE SICK:** Heavenly Father, giver of life and health, comfort and relieve your sick servants and give your power of healing to those who minister to their needs. We pray that those for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care and experience your healing grace; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, One God, now and forever.

**Amen.**

*Silence may be kept.*

LEADER: Accept these prayers, O Lord our God, for the sake of your Son, our Saviour Jesus Christ. **ALL: Amen.**

**THE SICK, HOMEBOUND, THE DISTRESSED OR THOSE IN TROUBLE**

Amryl Kellar	Gertrude Roberts	Valarie Baptiste
Alona Edwards	Ernest Motley	Patrick Mikhail Roberts
Angela Sealy	Gordon Howell	Lorna Dowers
Arlene St. Louis	Gregory Bailey	Lorna Skinner
Barbara Brereton	Greta Julien	Lovetta Brizan
Barbara Hull	Yolanda Drayton	Marlene Jacob
Bernice Felix	Wesley Phillip	Mertie Dash
Brendon Taylor	Jean Cadogan	Michele Clavery
Carole Clyne	Jenifer Dick	Mr. & Mrs. Doyle
Celia Jack	Jennifer Francis	Myrtle Gomes
Charles Sutherland	Julianna Amarali	Neila Tidd
Che Bernard	Keith Dick	Nolder Pierre
Christine Davis	Kizzy David	Yolande Gooding
David Thomas	Sylma Smith	Akesha Edwards
Doreen Bayley	The Rev Canon Ronald Branche	Mona Charles
Eastlyn Brathwaite	Ulric Munroe	Norma James
Eileen Alphonse	Pearl Darmanie	Olga Went
Eileen Cuffy	Reomero Roopsingh	Otis Boxhill
Eileen Staple	Rev. Cheryl Mottley	Simone Bailey
Esmie Bruce	Patricia Thomas-Williams	Norma Lewis
Esther Marie Jones-Moore	Wendell John	Rev. Agnes Bacchus
Florencia Maharaj		Rev. Mervyn Richardson

**THE LITANY OF PENITENCE**

**Most holy and merciful Father:**

**We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.**

LEADER: We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbours as ourselves. We have not loved ourselves as we ought. We have not forgiven others, as we desire to be forgiven. We have not forgiven ourselves as we have been forgiven.

**ALL: Have mercy on us, Lord.**

LEADER: We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit,

**ALL: Have mercy on us, Lord.**

LEADER: We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

**ALL: We confess to you, Lord.**

LEADER: Our self-indulgent appetites and ways, and our exploitation of other people,

**ALL: We confess to you, Lord.**

LEADER: Our anger at our own frustration, and our envy of those more fortunate than ourselves,

**ALL: We confess to you, Lord.**

LEADER: Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

**ALL: We confess to you, Lord.**

LEADER: Our negligence in prayer and worship, and our failure to commend the faith that is in us,

**ALL: We confess to you, Lord.**

LEADER: Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

**ALL: Accept our repentance, Lord.**

LEADER: For all false judgements, for uncharitable thoughts toward our neighbours, and for our prejudice and contempt towards those who differ from us,

**ALL: Accept our repentance, Lord.**

LEADER: For our waste and pollution of your creation, and our lack of concern for those who come after us,

**ALL: Accept our repentance, Lord.**

LEADER: Restore us, good Lord, and let your anger depart from us;

**ALL: Favourably hear us, for your mercy is great.**

LEADER: Accomplish in us the work of your salvation,

**ALL: That we may show forth your glory in the world.**

LEADER: By the cross and passion of your Son our Lord,

**ALL: Bring us with all your saints to the joy of His resurrection.**

*The bishop, if present, or the priest, stands, and facing the people, says:*

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to His ministers to declare and pronounce to His people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe His holy Gospel.

Therefore we beseech Him to grant us true repentance and His Holy Spirit, that those things may please Him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to His eternal joy; through Jesus Christ our Lord. **Amen.**

**The Greeting of Peace**

**Form C**

**BCP, 125**

PRESIDENT: The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

**ALL: They who thus serve Christ are acceptable to God and approved by others.**

PRESIDENT: The peace of the Lord be always with you.

**ALL: And also with you.**

**PEACE: Jehovah Jireh, my Provider (6:00 & 8:00AM)**

Jehovah Jireh  
Jehovah Jireh  
My provider  
His grace is sufficient  
For me, for me, for me  
Jehovah Jireh

My provider  
His grace is sufficient  
For me  
My God shall supply all my  
needs  
According to His riches in glory

He will give His angels  
Charge over me  
Jehovah Jireh cares for me, for  
me, for me  
Jehovah Jireh cares for me

### **THE PRESENTATION OF THE OFFERINGS**

***The Offertory Hymn: CPWI # 112 Christians, dost thou see them***

***(ALL SERVICES)***

Christian, dost thou see them  
on the holy ground,  
how the troops of Midian  
prowl and prowl around?  
Christian, up and smite them,  
counting gain but loss;  
smite them by the merit  
of the holy cross.

Christian, dost thou feel them,  
how they work within,  
striving, tempting, luring,

goaded into sin?  
Christian, never tremble;  
never be down--cast;  
smite them by the virtue  
of the Lenten fast.

Christian, dost thou hear them,  
how they speak thee fair?  
'Always fast and vigil?  
Always watch and prayer?'  
Christian, answer boldly,  
'while I breathe I pray:'

peace shall follow battle,  
night shall end in day.

'Well I know thy trouble,  
O my servant true;  
thou art very weary,  
I was weary too;  
but that toil shall make thee  
some day all mine own,  
and the end of sorrow  
shall be near my throne.'

### **ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP**

**The Offertory Prayer: Form A**

*Everyone stands*

**BCP, 126**

PRESIDENT: Through your goodness, Lord, we have this bread and wine to offer, the fruit of the earth and the work of human hands. They will become our spiritual food.

**ALL: All things come from you, O Lord, and of your own do we give you. Blessed be God for ever. Amen.**

### **THE EUCHARIST**

PRESIDENT: The Lord be with you.

**All: And also with you.**

PRESIDENT: Lift up your hearts.

**All: We lift them up to the Lord.**

PRESIDENT: Let us give thanks to the Lord our God.

**All: It is right to give God thanks and praise.**

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the**

**highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

**Form C**

**BCP, 137**

PRESIDENT: We give thanks to you Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets: and above all in the Word made flesh, Jesus your Son. For in these last days you sent Him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In Him, you have delivered us from evil, and made us worthy to stand before you. In Him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. For, on the night that he was betrayed He took bread, and when He had given thanks to you, He broke it and gave it to His disciples and said: "Take this, and eat it: This is my Body which is given for you. Do this for the remembrance of me." And after supper He took the cup of wine: and when He had given thanks, He gave it to them and said: "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

PRESIDENT: Therefore, Father, according to His command;

**ALL: We remember His death; We proclaim His resurrection; We await His coming in glory.**

PRESIDENT: And we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the sacrament of the Body of Christ and His Blood of the New Covenant. Unite us to your Son in His sacrifice that we, made acceptable in Him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation: By whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, Almighty Father, now and ever.

**ALL: Amen.**

As our Saviour has taught us, so we pray:

*Everyone stands*

**ALL: Our Father in heaven hallowed be your Name; your kingdom come; your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.**

**THE BREAKING OF THE BREAD**

PRESIDENT: We break this bread to share in the body of Christ.

**ALL: Though we are many, we are one body, because we all share in one bread.**

**Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: have mercy on us.**

**Lamb of God, you take away the sin of the world: grant us peace.**

PRESIDENT: The Gifts of God for the People of God.

**ALL: Our souls will feast and be satisfied and we will sing glad songs of praise to Him**

**Communion Hymns: *Just as I am, without one plea***

**(4:30PM)**

Just as I am, without one plea

and that thou bidst me come to thee,

but that thy blood was shed for me,

O Lamb of God, I come.

Just as I am, though tossed about  
with many a conflict, many a doubt,  
fightings and fears, within, without,  
O Lamb of God, I come.

Just as I am, poor, wretched, blind;  
sight, riches, healing of the mind,  
yea, all I need, in thee to find,  
O Lamb of God, I come.

Just as I am, thou wilt receive,  
wilt welcome, pardon, cleanse, relieve:

because thy promise I believe,  
O Lamb of God, I come.

Just as I am (thy love unknown  
has broken every barrier down),  
now to be thine, yea, thine alone,  
O Lamb of God, I come.

Just as I am, of that free love  
the breadth, length, depth and height to prove,  
here for a season, then above,  
O Lamb of God, I come.

***Man from Calvary***

***(6:00 & 8:00AM)***

Dying he destroyed our death  
Rising He restored our life  
He died for us on Calvary  
Yes it's He, can't you see?  
The man from Calvary

Yes it's He, can't you see?  
The man from Calvary

He cured the sick and healed the  
blind  
The Son of God, that One

Now follow your brother  
And spread the word  
The words He spoke  
The Word of God  
Then bear your cross  
In peace and harmony  
Just as he, can't you see?  
The man from Calvary.

He bore His cross to Calvary  
That which He bore, bore it all  
with joy  
And on that cross, He died for  
me

Divine  
When He rose from the dead,  
He rose for me  
Yes it's He, can't you see?  
The man from Calvary

***Caravan Booklet # 39 In Christ Alone***

***(6:00 & 8:00AM)***

In Christ alone my hope is found  
He is my light, my strength, my song  
This Cornerstone, this solid ground  
Firm through the fiercest drought and storm  
What heights of love, what depths of peace  
When fears are stilled, when strivings cease  
My Comforter, my All in All  
Here in the love of Christ I stand

There in the ground His body lay  
Light of the World by darkness slain  
Then bursting forth in glorious Day  
Up from the grave He rose again  
And as He stands in victory  
Sin's curse has lost its grip on me  
For I am His and He is mine  
Bought with the precious blood of Christ

In Christ alone, who took on flesh  
Fullness of God in helpless babe  
This gift of love and righteousness  
Scorned by the ones He came to save  
'Til on that cross as Jesus died  
The wrath of God was satisfied  
For every sin on Him was laid  
Here in the death of Christ I live

No guilt in life, no fear in death  
This is the power of Christ in me  
From life's first cry to final breath  
Jesus commands my destiny  
No power of hell, no scheme of man  
Can ever pluck me from His hand  
'Til He returns or calls me home

Here in the power of Christ I'll stand

**ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP**

**The Post Communion Prayer:**

*Everyone stands*

**BCP, 148**

**Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace and grant us strength and courage to love and serve you, and all persons in you, with gladness and singleness of heart, through your Son Jesus Christ our Lord. Amen.**

**The Blessing:** Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **ALL: Amen.**

***Closing Hymn: CPWI # 116 Jesu, who this our Lenten-tide (ALL SERVICES)***

Jesu, who this our Lenten-tide  
of abstinence hast sanctified,  
be with thy church in saving  
power  
in this her penitential hour.

And, as thou dost forgive the  
past,  
thy sheltering arms around us  
cast,  
that we may in thy grace remain  
and fall not back to sins again.

Make, Lord, this Lenten  
discipline  
an expiation for our sin;  
and through these days  
ourselves prepare  
the joys of Eastertide to share.

## **NOTICES AND REMINDERS**

### **GENERAL PARISH NOTICES**

- + **YOTM FRUIT BOWL SALE:** Sunday February 22, 2026, after the 8:00am service. Cost \$20.00.
- + **LENTEN TEACHINGS:** Wednesday February 25, 2026 at 5:00pm in the HTC Chapel. **Team:** Reengaging Ministry and Stewardship – Reenergize thought the Holy Spirit to reengage. **Topic:** Renewing the call to Ministry. **Objective:** Rediscovering the call to ministry, rekindling a passion for ministry. **Scripture passages:** Isaiah 6:1-8; Jeremiah 1:4-10; 2 Timothy 1:6-9
- + The Very Reverend Shelley-Ann Tenia is out of the Parish on vacation, please keep her in your prayers. The Reverend David Pollard oversees the Parish with the assistance of the Wardens.
- + **ANNUAL GENERAL MEETING:** Will be held March 22, 2026, groups are to send all reports to [parishsec@htctt.org](mailto:parishsec@htctt.org) on or before February 22, 2026 4:00pm. Reports not submitted on time will not be acknowledged.
- + **DIOCESAN CALENDARS:** are now available from the Parish Office or Ushers. Cost \$30.00
- + **INFORMATION FOR THE BULLETIN:** **ALL** entries or requests **must** be forwarded to the Parish Office via [parishsec@htctt.org](mailto:parishsec@htctt.org) or **623-7271 Ext 2000** on or before **Wednesday 2pm** of the week of publication.
- + **ANGLICAN PRAYER BEADS:** are available for sale at \$100 per item. Interested people can place their order with Donna (767-7778) or Brenda (797-0543). Payment in part or in full is encouraged when the order is made.
- + **REDEEM COTTON NOTES:** Persons that are holders of cotton notes \$1, \$5, \$10, \$20, \$50 can bring them into the Parish Office and your donation will go towards the Cathedral Restoration.

### **Ways To Give**

1. **Time:** call parishioners and check on them. Do a drive by visit.
2. **Food:** non-perishable food & toiletries.
3. **Finance** – tithes, thanksgiving offerings and general donations

Bank Name: First Citizens Bank, Independence Square

Account Name: INCOR TRUSTEES ANGLICAN DIOCESE T&T/HTC

Account Number: 1841214 **Note: Type the name as is: capitals, symbols and spacing.**

### FEBRUARY MEETINGS & ACTIVITIES

24th 6:00pm Finance Committee Meeting - Virtual

### MARCH MEETINGS & ACTIVITIES

6th 5:30pm Worship Preparation Meeting – HTC Chapel

12th 7:00pm Buildings and Lands Committee Meeting – Virtual (Zoom)

13th 5:30pm Worship Preparation Meeting – HTC Chapel

19th 5:30pm Vestry Meeting – Virtual

20th 6:00pm Worship Preparation Session – HTC Chapel

24th 6:00pm Finance Committee Meeting - Virtual

**HOLY TRINITY CATHEDRAL BICENTENNIAL BOOK**

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+ BICENTENNIAL MEMORABILIA: are still available: T-shirts (\$65), Dri-fit Polos (\$150.00), Magnets (\$25), 4-port USB hubs (\$50), Rosaries (\$150, \$200, \$275 and \$460), Snippets & Secrets Booklet (\$20.00). Call 620-4717 or 683-2261 to order.

### OSH CORNER

#### **HSE GUIDE: How to Improve Safety Culture**

A strong safety culture is built on shared values, attitudes, and behaviors that place health and safety at the center of daily work. Improving safety culture is not a one-time action; it requires consistent leadership, engagement, and accountability at all levels of the organization.

#### **1. Demonstrate Leadership Commitment**

Safety culture starts at the top. The Clergy, OSH, Ushers, Principal and teachers must lead by example by following rules, wearing required PPE, and actively participating in safety activities. Visible leadership involvement sends a clear message that safety is a priority, not just a policy requirement.

#### **2. Encourage Employee Involvement**

Workers should feel confident to speak up about hazards, unsafe conditions, and near misses without fear of blame. Involving employees in risk assessments, toolbox talks, and safety committees helps build ownership and responsibility for safety.

#### **3. Improve Training and Competence**

Provide regular, role-specific HSE training to ensure everyone understands hazards and safe work practices. Training should be practical, refreshed periodically, and updated when work conditions, equipment, or risks change.

#### 4. Strengthen Communication

Clear, open, and consistent communication is essential. Share safety expectations, lessons learned from incidents, and corrective actions. Encourage two-way communication so feedback from the workforce is heard and acted upon.

#### 5. Promote Reporting and Learning

Make incident and near-miss reporting simple and non-punitive. Focus on learning rather than blame by identifying root causes and implementing corrective actions. Share lessons learned across the organization to prevent repeat incidents.

#### 6. Set Clear Accountability

Define safety roles and responsibilities for all levels of staff. Hold everyone accountable for unsafe behavior while recognizing and rewarding positive safety actions. Fair and consistent enforcement builds trust and credibility.

#### 7. Drive Continuous Improvement

Regularly review safety performance, procedures, and controls. Use audits, inspections, and workforce feedback to identify gaps. Continuous improvement ensures safety culture grows stronger over time rather than becoming complacent.

**Key Message:** A positive safety culture is created when management and workers work together, communicate openly, and consistently act safely. When safety becomes “how we do things every day,” incidents reduce, and overall performance improves



**2026-2027  
OPEN ENROLLMENT**

Email:  
enrollment@trinityjuniorschool.edu.tt



<https://bit.ly/TJS2025Application>

**REQUIRED DOCUMENTS:**

- Birth certificate
- Immunization card
- Referral letter from ECCE
- Proof of residency
- 2 recent passport-sized photos

**ENROLL NOW...  
JOIN OUR FAMILY TREE**

Trinity Junior School is a premier private Anglican School rooted in the Christian faith and grounded in family values. We pride ourselves on having a robust curriculum, qualified teachers and a stellar student/teacher ratio.

We welcome applications from children who will turn five years old on or before December 31st, 2026.

Application forms are available online or at school.

**Non-refundable application fee: \$250.**

**TRINITY JUNIOR SCHOOL**  
5 MELBOURNE STREET, PORT OF SPAIN  
Telephone: (868) 625 - 1720 Website: trinityjuniorschool.edu.tt



The Anglican Church in the Diocese of Trinidad and Tobago  
**Diocesan Retreat Committee Presents:**

# Annual Lenten Spiritual Retreat

*“Let us prepare with Joy for the Paschal Feast”*

**FRIDAY 20TH - SUNDAY 22ND MARCH 2026**

**EMMAUS RETREAT CENTRE, ARIMA.**

**FACILITATED BY: THE REV. CANON ASHTON GOMEZ**

**\$900**

per person

**RESIDENT**

(2 NIGHT STAY)

Cost includes  
double occupancy,  
air-conditioned  
bedrooms, meals  
and all retreat  
sessions.



**FACILITATOR**

THE REV. CANON  
ASHTON GOMEZ

Spend time in prayer,  
reflection and shared  
fellowship as we prepare  
our hearts for the Paschal  
Feast that nourishes and  
sustains the soul.

**Preparatory Reflection:**  
**1 Corinthians 10: 14-18**

**This Retreat is open to any person  
over the age of 18 years.**

**REGISTRATION**



Online Registration via  
[www.bit.ly/retreat-lent](https://www.bit.ly/retreat-lent)

**PAYMENTS**



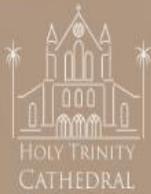
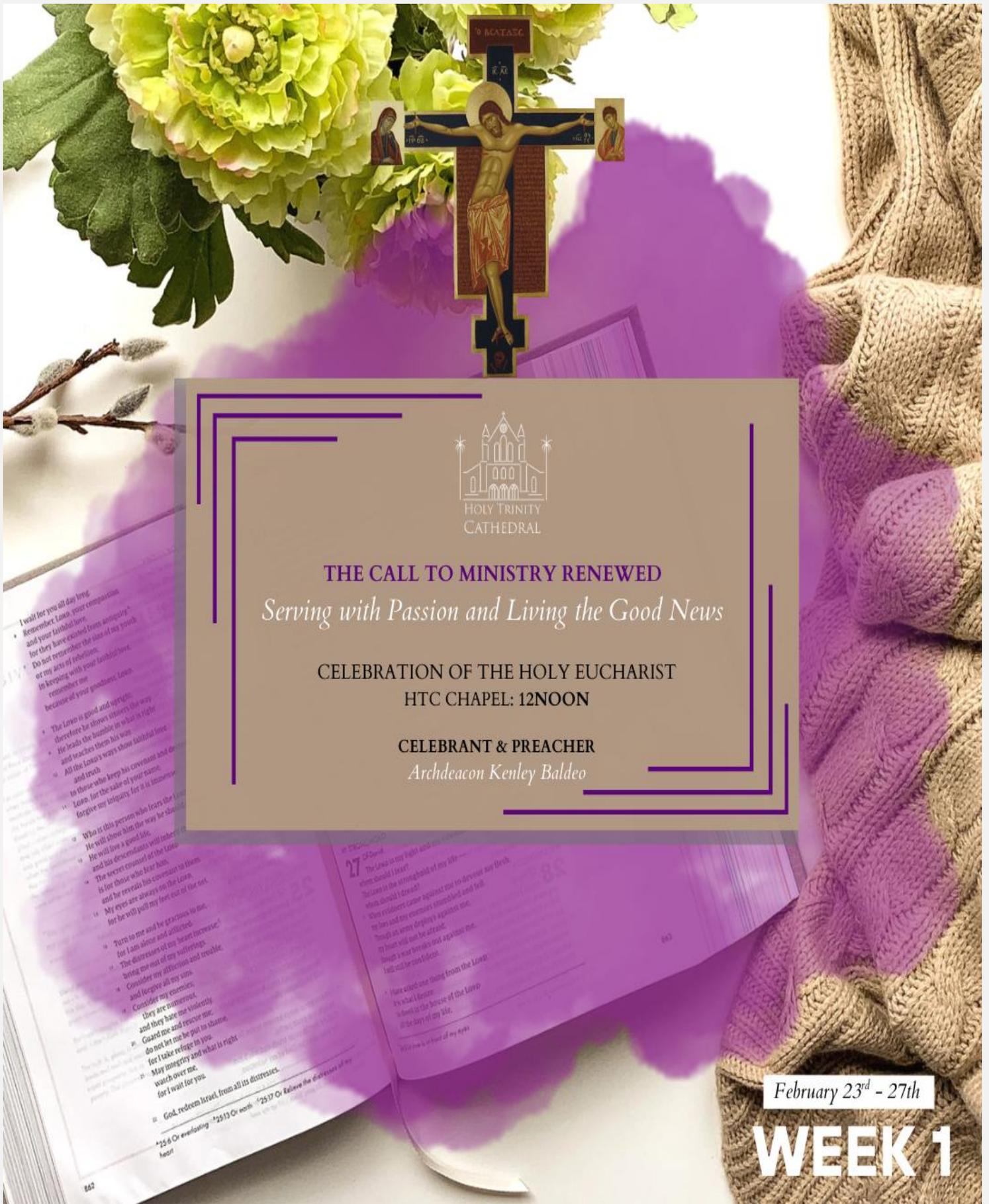
Payments can be made via  
Bank Transfer to: **Republic Bank**  
Account Number: **290 191 519 101**  
**WhatsApp receipt to: 681-4543**

**CALL FOR INFO**



Tobago: **472-7350**  
North: **789-2899**  
South: **760-5508**

**LENTEN SPIRITUAL:** - Friday, March 20 to Sunday, March 22, 2026. <https://bit.ly/retreat-lent>



**THE CALL TO MINISTRY RENEWED**  
*Serving with Passion and Living the Good News*

**CELEBRATION OF THE HOLY EUCHARIST**  
**HTC CHAPEL: 12NOON**

**CELEBRANT & PREACHER**  
*Archdeacon Kenley Baldeo*

February 23<sup>rd</sup> - 27<sup>th</sup>

**WEEK 1**

# Notice

**THE PARISH OFFICE IS  
CLOSED ON **MONDAYS.****

**NEW OPENING HOURS  
TUE-FRI (8AM-4PM)**

**2ND & 4TH SATURDAYS  
(9AM -12NOON)**



HOLY TRINITY  
CATHEDRAL

BY ORDER OF MANAGEMENT

# Weekly Worship

**MONDAY - FRIDAY | 6:30 AM**

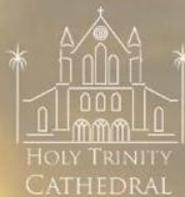
*Morning Prayer (Facebook Online)*

**MONDAY - FRIDAY | 12 NOON**

*Midday Mass - HTC Main Chapel*

**SUNDAY - FRIDAY | 9 PM**

*Compline (Facebook Online)*



## SMALL GROUP ACTIVITIES

*Join us in the All-Souls Virtual Chapel*

**Zoom Meeting ID: 875 0223 3875 | Password: Worship**

- Mondays at 5:00 PM
- Thursdays at 5:00 PM

Bible Study  
Prayer Group

Fridays at 1:30 PM

**Bible Study - In person at the Parish Chapel**

# DIVINE OFFICE READINGS

DATE	MORNING	EVENING
<b>SUNDAY 22<sup>ND</sup></b> <i>The First Sunday of Lent</i>	± Psalms 63:1-8(9-11), 98 ± Daniel 9:3-10 ± John 12:44-50	± Psalm 103 ± Deuteronomy 8:1-10 ± Hebrews 2:10-18
<b>MONDAY 23<sup>RD</sup></b> <i>Polycarp, Bishop of Smyrna, Martyr, 156</i>	• Psalms 41, 52 • Genesis 37:1-11 • Mark 1:1-13	• Psalm 44 • Deuteronomy 8:11-20 • 1 Corinthians 1:1-19
<b>TUESDAY 24<sup>TH</sup></b> <i>St. Matthias, Apostle</i>	± Psalm 80 ± 1 Samuel 16:1-13 ± 1 John 2:18-25	± Psalm 33 ± 1 Samuel 12:1-5 ± Acts 20:17-35
<b>WEDNESDAY 25<sup>TH</sup></b> <i>Ember Day</i>	• Psalm 119:49-72 • Genesis 37:25-36 • Mark 1:29-45	• Psalms 49, [53] • Deuteronomy 9:13-21 • 1 Corinthians 2:1-13
<b>THURSDAY 26<sup>TH</sup></b>	± Psalm 50 ± Genesis 39:1-23 ± Mark 2:1-12	± Psalms 59,60 or 19,46 ± Deuteronomy 9:23—10:5 ± 1 Corinthians 2:14—3:15
<b>FRIDAY 27<sup>TH</sup></b> <i>George Herbert, Priest and Poet, 1633</i> <i>Ember Day</i>	• Psalms 95 (Invitatory) & 40,54 • Genesis 40:1-23 • Mark 2:13-22	• Psalm 51 • Deuteronomy 10:12-22 • 1 Corinthians 3:16-23
<b>SATURDAY 28<sup>TH</sup></b> <i>Ember Day</i>	± Psalm 55 ± Genesis 41:1-13 ± Mark 2:23—3:6	± Psalms 138, 139:1-17(18-23) ± Deuteronomy 11:18-28 ± 1 Corinthians 4:1-7 <i>Collect for 2 Lent</i>

## LITURGY OF THE WORD READINGS (Weekends)

### EUCHARIST READINGS FOR SUNDAY March 01, 2026

#### *Second Sunday in Lent— Year C*

± **1<sup>st</sup> Reading:** Genesis 12:1-4a

**Psalm** 121

± **2<sup>nd</sup> Reading:** Romans 4:1-5, 13-17

**Gospel:** John 3:1-17