



HOLY TRINITY CATHEDRAL

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PARISH BULLETIN

Come and worship with us!

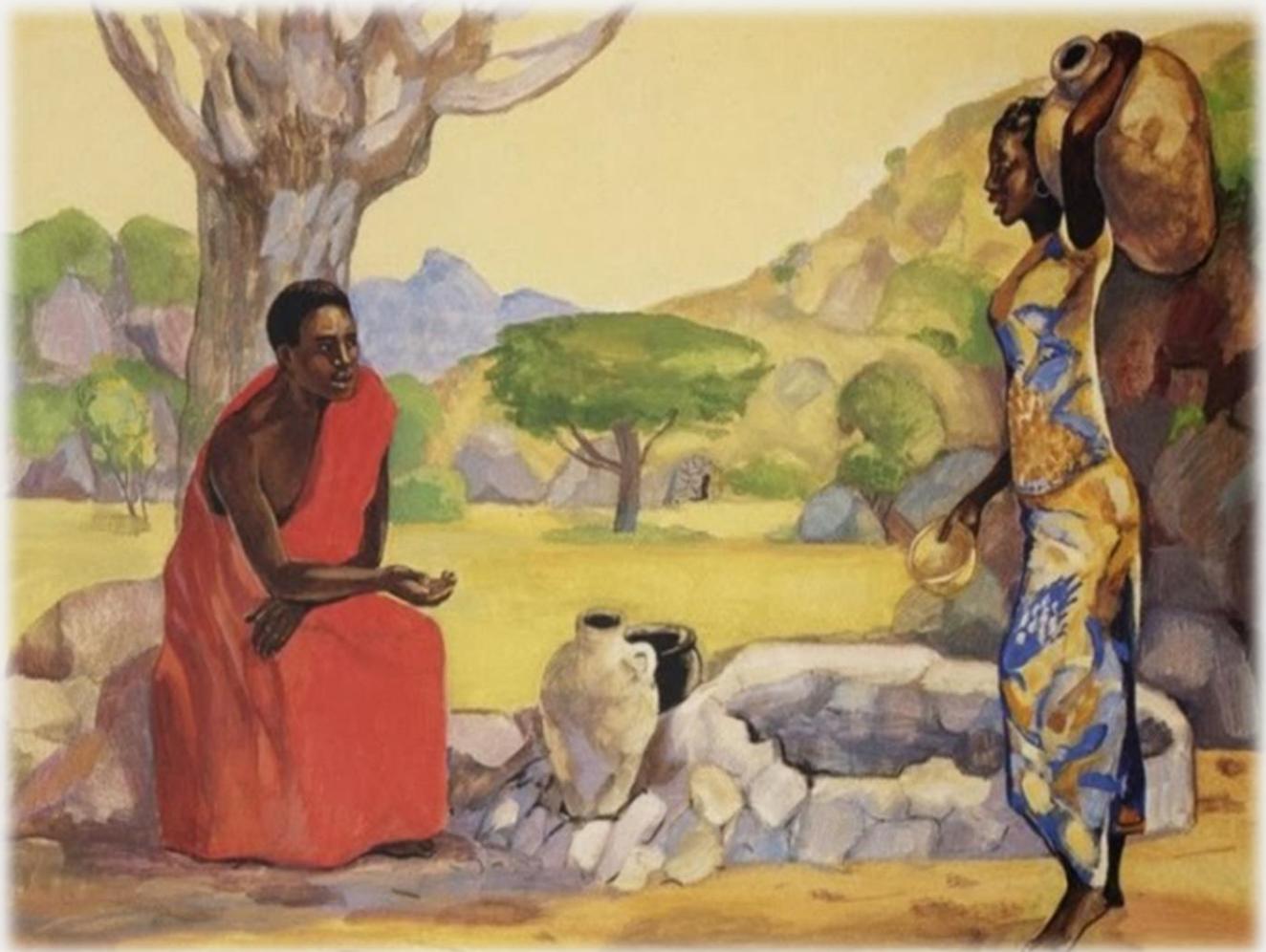
CELEBRATION OF THE HOLY EUCHARIST & SUNDAY SCHOOL
SATURDAYS: 4:30PM | SUNDAY MORNING: 6:00AM & 8:00AM

FAMILY SERVICE
FOURTH SUNDAY OF THE MONTH: 11:00AM

THE THIRD SUNDAY IN LENT

SUNDAY 08 MARCH 2026

YEAR A



ORDER OF SERVICE

Introit Hymn:	<i>(4:30 PM) Forty days and forty nights</i>	CPWI #114
	<i>(6:30 & 8:00 AM) Thou my everlasting portion</i>	CPWI #411
Opening Sentence		BCP, 98
The Invocation & Collect for Purity		BCP, 101
The Kyrie		
The Collect: Third Sunday in Lent		BCP, 163

THE MINISTRY OF THE WORD

The First Lesson:	Exodus 17:1-7	
Psalm: 95		BCP, 499
The Epistle:	Romans 5:1-11	
The Sequence Hymn:	<i>Like the woman at the well</i>	CPWI # 442
The Gospel:	John 4:5-42	
The Sermon		
The Nicene Creed		BCP, 104
The Intercession:	A.C.M.S.	<i>bulletin</i>
Act of Penitence:	Form A	BCP, 123
The Greeting of Peace:	Form C	BCP, 125

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymn: <i>(ALL SERVICES)</i>	<i>I cannot tell</i>	O&N # 303
The Offertory Prayer:	Form A	BCP, 126

THE EUCHARIST

Proper Preface:	Lent	BCP, 128
The Eucharistic Prayer:	Form C	BCP, 137
The Distribution of Holy Communion:		
	<i>(4:30 PM) Lord Jesus, think on me</i>	CPWI # 119
	<i>My spirit longs for thee</i>	CPWI # 120
	<i>(6:00 & 8:00 AM) Lose yourself in me</i>	<i>bulletin</i>
	<i>I'd rather have Jesus</i>	CPWI # 502
The Post-Communion Prayer		BCP, 148

THE DISMISSAL

The Final Blessing		BCP, 150
Recessional Hymn:	<i>Jesu, thy blood and righteousness</i>	CPWI # 448
	<i>I am so glad that our Father in heaven</i>	CPWI # 446

7. For he is our God, and we are the people of his pasture and the sheep of his hand. * Oh, that today you would hearken to his voice!
8. Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and on that day at Massah, when they tempted me.
9. They put me to the test, * though they had seen my works.
10. Forty years long I detested that generation and said, * "This people are wayward in their hearts; they do not know my ways."
11. So I swore in my wrath, * "They shall not enter into my rest."

PSALM 95

Venite, exultemus (8:00AM)

BCP, 499

- 1 Come, let us' sing to. the' Lord; *
let us shout for joy to the' Rock of' our sal' vation.
- 2 Let us come before his' presence. with thanks.' giving *
and raise a loud' shout to' him with' psalms.
- 3 For the Lord is a' grät' God, *
and a great' King a' bove all' gods.
- 4 In his hand are the' caverns. of the.' earth, *
and the heights of the' hills are' his' also.
- 5 The sea is' his,. for he.' made it, *
and his hands have' molded. the' dry' land.
- 6 Come, let us bow down, and' bend the' knee, *
and' kneel be.fore the.' Lord our' Maker.
- 7 For he is our God,
and we are the people of his pasture and the' sheep of. his' hand. *
Oh, that to'day. you would.' hearken. to his.' voice!
- 8 Harden not your hearts,
as your forebears' did in. the' wilderness, *
at Meribah, and on that day at' Massah,'
when they' tempted me.
- 9 They' put me. to the.' test, *
- 'though. they had.' seen my' works.
- 10 Forty years long I detested that gene'ration. and' said, *
"This people are wayward in their hearts';
they do. not' know my' ways."
- 11 So I' swore in. my' wrath, *
"They shall not' enter' into. my' rest."

THE EPISTLE: ROMANS 5:1-11

A reading from the word of God written in Romans

4:30PM

6:00 AM CARLOS TAYLOR

8:00 AM A.C.M.S.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader: The Word of the Lord

All: Thanks be to God

The congregation stands for the sequence hymn

Sequence Hymn: CPWI # 442 Like the woman at the well

Like the woman at the well,
I was seeking for things that could not satisfy;
and then I heard the Saviour speaking:
'draw from my well that never shall run dry.'

There are millions in this world
who are craving the pleasures earthly things afford;
but none can match the wondrous treasure
that I find in Jesus Christ, my Lord.

Refrain:

***Fill my cup, Lord; I lift it up, Lord!
Come and quench this thirsting of my soul.
Bread of heaven, feed me till I want no more.
Fill my cup; fill it up and make me whole!***

Refrain

So, my brother, if the things this world gave you
leave hungers that won't pass away,
my blessed Lord will come and save you
if you kneel to him and humbly pray:

Refrain.

THE GOSPEL: JOHN 4:5-42

THE DEACON OF THE MASS

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will

worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Reader: The Gospel of Christ

All: Praise to Christ our Lord

SAN JUAN 4:5-42

De modo que llegó Jesús a un pueblo de Samaria que se llamaba Sicar, cerca del terreno que Jacob había dado en herencia a su hijo José. Allí estaba el pozo de Jacob. Jesús, cansado del camino, se sentó junto al pozo. Era cerca del mediodía. Los discípulos habían ido al pueblo a comprar algo de comer. En eso, una mujer de Samaria llegó al pozo a sacar agua, y Jesús le dijo: —Dame un poco de agua. Pero como los judíos no tienen trato con los samaritanos, la mujer le respondió: —¿Cómo es que tú, siendo judío, me pides agua a mí, que soy samaritana? Jesús le contestó: —Si supieras lo que Dios da y quién es el que te está pidiendo agua, tú le pedirías a él, y él te daría agua viva. La mujer le dijo: —Señor, ni siquiera tienes con qué sacar agua, y el pozo es muy hondo: ¿de dónde vas a darme agua viva? Nuestro antepasado Jacob nos dejó este pozo, del que él mismo bebía y del que bebían también sus hijos y sus animales. ¿Acaso eres tú más que él? Jesús le contestó: —Todos los que beben de esta agua, volverán a tener sed; pero el que beba del agua que yo le daré, nunca volverá a tener sed. Porque el agua que yo le daré se convertirá en él en manantial de agua que brotará dándole vida eterna. La mujer le dijo: —Señor, dame de esa agua, para que no vuelva yo a tener sed ni tenga que venir aquí a sacar agua. Jesús le dijo: —Ve a llamar a tu marido y vuelve acá. La mujer le contestó: —No tengo marido. Jesús le dijo: —Bien dices que no tienes marido; porque has tenido cinco maridos, y el que ahora tienes no es tu marido. Es cierto lo que has dicho. Al oír esto, la mujer le dijo: —Señor, ya veo que eres un profeta. Nuestros antepasados, los samaritanos, adoraron a Dios aquí, en este monte; pero ustedes los judíos dicen que Jerusalén es el lugar donde debemos adorarlo. Jesús le contestó: —Créeme, mujer, que llega la hora en que ustedes adorarán al Padre sin tener que venir a este monte ni ir a Jerusalén. Ustedes no saben a quién adoran; pero nosotros sabemos a quién adoramos, pues la salvación viene de los judíos. Pero llega la hora, y es ahora mismo, cuando los que de veras adoran al Padre lo harán de un modo verdadero, conforme al Espíritu de Dios. Pues el Padre quiere que así lo hagan los que lo adoran. Dios es Espíritu, y los que lo adoran deben hacerlo de un modo verdadero, conforme al Espíritu de Dios. La mujer le dijo: —Yo sé que va a venir el Mesías (es decir, el Cristo); y cuando él venga, nos lo explicará todo. Jesús le dijo: —Ése soy yo, el mismo que habla contigo. En esto llegaron sus discípulos, y se quedaron extrañados de que Jesús estuviera hablando con una mujer. Pero ninguno se atrevió a preguntarle qué quería, o de qué estaba conversando con ella. La mujer dejó su cántaro y se fue al pueblo, donde dijo a la gente: —Vengan a ver a un hombre que me ha dicho todo lo que he hecho. ¿No será éste el Mesías? Entonces salieron del pueblo y fueron a donde estaba Jesús. Mientras tanto, los discípulos le rogaban: —Maestro, come algo. Pero él les dijo: —Yo tengo una comida, que ustedes no conocen. Los discípulos comenzaron a preguntarse unos a otros: —¿Será que le habrán traído algo de comer? Pero Jesús les dijo: —Mi comida es hacer la voluntad del que me envió y terminar su trabajo. Ustedes

dicen: “Todavía faltan cuatro meses para la cosecha”; pero yo les digo que se fijen en los sembrados, pues ya están maduros para la cosecha. El que trabaja en la cosecha recibe su paga, y la cosecha que recoge es para vida eterna, para que tanto el que siembra como el que cosecha se alegren juntamente. Pues bien dice el dicho, que “Unos siembran y otros cosechan.” Y yo los envié a ustedes a cosechar lo que no les costó ningún trabajo; otros fueron los que trabajaron, y ustedes son los que se han beneficiado del trabajo de ellos. Muchos de los habitantes de aquel pueblo de Samaria creyeron en Jesús por lo que les había asegurado la mujer: «Me ha dicho todo lo que he hecho.» Así que, cuando los samaritanos llegaron, rogaron a Jesús que se quedara con ellos. Él se quedó allí dos días, y muchos más creyeron al oír lo que él mismo decía. Y dijeron a la mujer: «Ahora creemos, no solamente por lo que tú nos dijiste, sino también porque nosotros mismos le hemos oído y sabemos que de veras es el Salvador del mundo.»

El Evangelio del Señor.

Te alabamos, Cristo Señor

THE SERMON

THE NICENE CREED

(Everyone stands for the Creed and the Prayers)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen or unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit, He was born of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate; He suffered, died and was buried. On the third day He rose again in fulfilment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son He is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come. Amen.

INTERCESSORY PRAYERS: A.C.M.S.

4:30PM TEVIN TITUS

6:00 AM STANLEY DRAKES

8:00 AM A.C.M.S.

We Pray For:

THE ANGLICAN COMMUNION: The Right Reverend & Right Honourable Dame Sarah Mullally, Archbishop of Canterbury and The Episcopal Church in Jerusalem & The Middle East.

THE PROVINCE: We pray the Most Reverend Philip Wright, Archbishop, and The Diocese of Jamaica & the Cayman Islands, The Rt. Rev Howard Gregory, Diocesan Bishop, Suffragan Bishops: The Rt. Rev Garth Minot (Kingston Region), The Rt. Rev Leon Golding (Montego Bay Region).

THE DIOCESE: The Rt. Rev. Claude Berkley, Diocesan Bishop, The Parish of St. Thomas, Chaguanas, The Rev. Dr. Eric Thompson, priest in charge, The Rev Gregory Jack, deacon; Diocese of the Gambia; Guinea; Rev. Canon Andy Moore – Commissary in New Jersey & New York; Friends of the Diocese overseas.; and Diocesan Seminarians: Maia Williams and Tishonne Francis.

THE PARISH: The Clergy, the Vestry, the A.C.M.S., schools and communities within our parish boundaries, the City Corporation, and the Mayor of Port of Spain.

THANKSGIVINGS AND ANNIVERSARIES:

Birthdays: Melinda Guildford-Clifford , Aminah Nimblett , Samantha Joefield, Glenford Bernard, and Hugh Edwards.

Baptism: Gan Ping D’Andrade and Arthur Joseph.

Marriage: David & Gwentyth Brizan

Recently Departed: Terrence Elder, Robert Cordner, Terrence Alleyne.

Anniversary of Death: Nils Stuart Rudder, Kenneth Jack, & Yvonne Jones 9th; Eris Thomas-Mulzac 7th; Yvonne Miller & Verna Edwards 3rd. May they rest in peace.

INTERCESSORY PRAYERS:

A.C.M.S.

bulletin

Leader: Let us pray for the peace of the world, peace in the hearts of mankind, peace and stability among the nations of the world, and our sick and homebound. *Silence.*

V – Lord in your mercy. **R – Hear our prayer.**

Leader: For the Holy Catholic and Apostolic Church of Christ throughout the world, for its unity in witness and service. Grant that people everywhere may seek and find you, Lord, and bring the nation under your fold. Pour out your spirit upon all flesh and hasten the coming of your kingdom. *Silence.*

V – Lord in your mercy. **R – Hear our prayer.**

Leader: For Howard our Archbishop, Claude our Diocesan Bishop, Clive and Calvin, our Retired Diocesan Bishops, all our Priests, Deacons, and all Lay Ministers in the Diocese. May they faithfully fulfil the duties of their ministry, build up your Church and glorify your name. *Silence.*

V – Lord in your mercy. **R – Hear our Prayer.**

Leader: Inspire, O Lord, those who form themselves into organisations within your body – the Church (The Mothers’ Union, the ACMS and other groups). Grant, that bound together in love and obedience, they may work for the extension of your kingdom on earth. *Silence.*

V – Lord in your mercy. **R – Hear our Prayer.**

Leader: Father, we pray for our nation, the Executive (The President), The Legislator (The Upper and Lower Houses of Parliament, The Prime Minister and her Cabinet; Members of Parliament, The Opposition and Senators), The Judiciary (The Chief Justice, Judges, Magistrates, Lawyers, etc). By God’s help, may they administer justice, peace and honour to one another and serve the common good. *Silence.*

V – Lord in your mercy. **R – Hear our Prayer.**

Leader: Father, we pray for all places of education and learning, for all promoting and fostering education in pre-schools, primary schools, secondary schools, vocational schools and tertiary institutions. May all who teach and all who learn be set free from anything that is false or evil, and, finding truth, may learn to use it for the good of mankind and glory of God. *Silence.*

V – Lord in your mercy. **R – Hear our prayer.**

Leader: Gracious God, the comfort of all who sorrow, the strength of all who suffer, hear the cry of those who are in misery and need. In their affliction show them your mercy and give us the strength to serve them for the sake of Him who suffered for us. *Silence.*

V – Lord in your mercy. **R – Hear our prayer.**

Leader: Let us commit ourselves to God and pray for the grace of a Holy life that all who have departed this life and have died in the peace of Christ, may be accounted worthy to enter into the fullness of the joy of our Lord and receive the crown of life on the day of resurrection. *Silence.*

V – Lord in your mercy. **R – Hear our prayer.**

A.C.M.S. PRAYER: O Almighty God, who hast called us to thy service in the fellowship of thy Holy Church; Bless we beseech thee, the Anglican Church Men’s Society in all its Branches. Make all our members sound in

faith and Holy in life; bestow upon us the Spirit of prayer and supplication; grant us by love to serve one another; and perfect in us that good work thou hast begun; through Jesus Christ our Lord. **Amen.**

PRAYER FOR RESTORATION: O Lord, God of heaven, how great and awesome You are. You keep your covenant of love with those who love you and obey your commands. Let your ear be attentive and your eyes open to hear the cry of your servants, day and night, for the restoration of this Cathedral Church. Gracious Lord, give us success by granting us favour with international donors, corporate entities, government officials, citizens and all persons of faith and good will as we gather the resources needed for the complete work of restoration. Help us to also strive for full restoration by encouraging one another, being of one mind and living in peace. Guide every aspect of this process so that soon your beloved community will congregate in your house of prayer as a new creation in true righteousness and holiness. May your kingdom come and your will be done in us. **Amen**

PRAYER FOR THE SICK: Heavenly Father, giver of life and health, comfort and relieve your sick servants and give your power of healing to those who minister to their needs. We pray that those for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care and experience your healing grace; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, One God, now and forever. **Amen.**

THE SICK, HOMEBOUND, THE DISTRESSED OR THOSE IN TROUBLE

Amryl Kellar	Gertrude Roberts	Valarie Baptiste
Alona Edwards	Ernest Motley	Patrick Mikhail Roberts
Angela Sealy	Gordon Howell	Lorna Dowers
Arlene St. Louis	Gregory Bailey	Lorna Skinner
Barbara Brereton	Greta Julien	Lovetta Brizan
Barbara Hull	Yolanda Drayton	Marlene Jacob
Bernice Felix	Wesley Phillip	Mertie Dash
Brendon Taylor	Jean Cadogan	Michele Clavery
Carole Clyne	Jenifer Dick	Mr. & Mrs. Doyle
Celia Jack	Jennifer Francis	Myrtle Gomes
Charles Sutherland	Julianna Amarali	Neila Tidd
Che Bernard	Keith Dick	Nolder Pierre
Christine Davis	Kizzy David	Yolande Gooding
David Thomas	Sylma Smith	Akesha Edwards
Doreen Bayley	The Rev Canon Ronald Branche	Mona Charles
Eastlyn Brathwaite	Ulric Munroe	Norma James
Eileen Alphonse	Pearl Darmanie	Olga Went
Eileen Cuffy	Reomero Roopsingh	Otis Boxhill
Eileen Staple	Rev. Cheryl Mottley	Simone Bailey
Esmie Bruce	Patricia Thomas-Williams	Norma Lewis
Esther Marie Jones-Moore	Wendell John	Rev. Agnes Bacchus
Florencia Maharaj		Rev. Mervyn Richardson

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT: Let us therefore confess our sins.

FORM A

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen

THE ABSOLUTION

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **ALL Amen.**

The Greeting of Peace

Form C

BCP, 125

PRESIDENT: The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL: They who thus serve Christ are acceptable to God and approved by others.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

PEACE: O&N # 386 Let there be Love (8:00AM)

Let there be love shared among us,
Let there be love in our eyes,
May now Your love sweep this nation,
Cause us O Lord to arise.

Give us a fresh understanding,
brotherly love that is real,
Let there be love shared among us,
Let there be love.

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymn: O&N # 303 I cannot tell (ALL SERVICES)

I cannot tell how he, whom angels worship,
should stoop to love the peoples of the earth,
or why, as Shepherd, he should seek the wand'rer,
with his mysterious promise of new birth.
But this I know, that he was born of Mary
when Beth'lem's manger was his only home,
and that he lived at Nazareth and laboured,
and so the Saviour, Saviour of the world, is come.

I cannot tell how silently he suffered,
as with his peace he graced this place of tears,
or how his heart upon the cross was broken,
the crown of pain to three and thirty years.
But this I know, he heals the broken-hearted
and stays our sin and calms our lurking fear
and lifts the burden from the heavy laden;

for yet the Saviour, Saviour of the world, is here.

I cannot tell how he will win the nations,
how he will claim his earthly heritage,
how satisfy the needs and aspirations
of east and west, of sinner and of sage.
But this I know, all flesh shall see his glory,
and he shall reap the harvest he has sown,
and some glad day his sun will shine in splendour
when he the Saviour, Saviour of the world, is
known.

I cannot tell how all the lands shall worship,
when at his bidding ev'ry storm is stilled,
or who can say how great the jubilation
when ev'ry heart with perfect love is filled.

But this I know, the skies will thrill with rapture,
and myriad, myriad human voices sing,

and earth to heav'n, and heav'n to earth, will answer,
'At last the Saviour, Saviour of the world, is King!'

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

The Offertory Prayer: Form A

Everyone stands

BCP, 126

PRESIDENT: Through your goodness, Lord, we have this bread, this wine and this money to offer, the fruit of the earth and the work of human hands. They will become our spiritual food.

ALL: All things come from you, O Lord, and of your own do we give you. Blessed be God for ever. Amen.

THE EUCHARIST

PRESIDENT: The Lord be with you.

All: And also with you.

PRESIDENT: Lift up your hearts.

All: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

All: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

(4:30PM & 6:00AM) ALL: Holy, holy, holy Lord, God of power and might; heaven and earth are full of your glory, Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

(8:00AM) Sanctus- Folk

Holy, Holy, Holy Lord (Holy Lord)

Hosanna (Hosanna) x4

who comes)

Lord God of power and might (power and might)

Blessed is He who comes (He who comes)

In the name of the Lord, our God

Heaven and earth are full, are full of Your glory

In the name of the Lord our God (Lord our God)

Hosanna (Hosanna) x4

Blessed is He who comes (He

Form C

BCP, 137

PRESIDENT: We give thanks to you Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets: and above all in the. Word made flesh, Jesus your Son. For in these last days you sent Him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In Him, you have delivered us from evil, and made us worthy to stand before you. In Him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. For, on the night that he was betrayed He took bread, and when He had given thanks to you, He broke it and gave it to His disciples and said: "Take this and eat it: This is my Body which is given for you. Do this for the remembrance

of me." And after supper He took the cup of wine: and when He had given thanks, He gave it to them and said: "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

PRESIDENT: Therefore, Father, according to His command;

ALL: We remember His death, We proclaim His resurrection we await, His coming in glory.

PRESIDENT: And we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the sacrament of the Body of Christ and His Blood of the New Covenant. Unite us to your Son in His sacrifice that we, made acceptable in Him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation: By whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, Almighty Father, now and ever.

PEOPLE: Amen.

As our Saviour has taught us, so we pray:

Everyone stands

ALL: Our Father in heaven hallowed be your Name; your kingdom come; your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.

PRESIDENT: The Gifts of God for the People of God.

ALL: Our souls will feast and be satisfied and we will sing glad songs of praise to Him

Communion Hymns: CPWI # 119 Lord Jesus, think on me

(4:30 PM)

Lord Jesus, think on me,
and purge away my sin;
from earthborn passions set me
free,
and make me pure within.

with many a care opprest;
let me thy loving servant be,
and taste thy promised rest.

point thou the heavenly way.

Lord Jesus, think on me,
nor let me go astray;
through darkness and perplexity

Lord Jesus, think on me,
that, when the flood is past,
I may the eternal brightness see,
and share thy joy at last.

CPWI # 120 My spirit longs for thee

(4:30 PM)

My spirit longs for thee
within my troubled breast,
though I unworthy be
of so divine a guest.

Of so divine a guest
unworthy though I be,
yet has my heart no rest

unless it come from thee.

Unless it come from thee,
in vain I look around;

in all that I can see
no rest is to be found.

No rest is to be found
but in thy blessed love:
O let my wish be crowned,

and send it from above!

Lose yourself in me (6:00 & 8:00 AM)

Chorus

Lose yourself in me and you will find yourself

Lose yourself in me and you will find new life

Lose yourself in me and you will find yourself

And you will live, yes you will live in my love

Though foxes have their holes, birds a little nest
The Son of man has no place to rest
Whoever loves his life or strives the world to gain
Will only find that life was lived in vain

Chorus

Unless a grain of wheat falls into the ground
It still remains but a grain of wheat
But if it falls and dies then it bears much fruit
So it is with those who lose themselves in me

Chorus

If we have died with Him, we shall live with Him
If we endure, we'll reign with Him
Though faithless we may be, faithful He'll remain
For how can Christ be false unto Himself?

Chorus

CPWI # 502 I'd rather have Jesus (6:00 & 8:00 AM)

I'd rather have Jesus than silver or gold,
I'd rather be his than have riches untold;
I'd rather have Jesus than houses or lands,
I'd rather be led by his nail-pierced hand.

I'd rather have Jesus than men's applause,
I'd rather be faithful to his dear cause;
I'd rather have Jesus than world-wide fame,
I'd rather be true to his holy name. ***Refrain***

Refrain:

Than to be the king of a vast domain

and be held in sin's dread sway;

I'd rather have Jesus than anything

this world affords today.

He's fairer than lilies of rarest bloom,
he's sweeter than honey from out the comb;
he's all that my hungering spirit needs,
I'd rather have Jesus and let him lead. ***Refrain***

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

The Post Communion Prayer:

Everyone stands

BCP, 148

Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace and grant us strength and courage to love and serve you, and all persons in you, with gladness and singleness of heart, through your Son Jesus Christ our Lord. Amen.

The Blessing: Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **ALL: Amen.**

Closing Hymn: CPWI # 448 Jesu, thy blood and righteousness (4:30 PM)

Jesu, thy blood and righteousness
my beauty are, my glorious dress;

midst flaming worlds, in these arrayed,
with joy shall I lift up my head.

Bold shall I stand in that great day
for to my charge who aught shall lay?
Fully absolved through thee I am
from sin and fear, from guilt and shame.

Jesu, be endless praise to thee,
whose boundless mercy hath for me,
for me, a full atonement made,
an everlasting ransom paid.

CPWI 446 I am so glad that our Father in heaven (6:00 & 8:00 AM)

I am so glad that our Father in heaven
tells of his love in the book he has given.
Wonderful things in the Bible I see;
this is the dearest, that Jesus loves me.

Refrain:

*I am so glad that Jesus loves me,
Jesus loves me, Jesus loves me!
I am so glad that Jesus loves me,
Jesus loves even me!*

Ah! Give to all thy servants, Lord,
with power to speak thy gracious word,
that all who to thy wounds will flee
may find eternal life in thee.

O let the dead now hear thy voice!
Now bid thy banished ones rejoice!
Their beauty this, their glorious dress,
Jesu, thy blood and righteousness.

Tho' I forget him and wander away,
still he doth love me wherever I stray.
Back to his dear, loving arms would I flee
when I remember that Jesus loves me.

Refrain

O if there's only one song I can sing
when in his beauty I see the great King,
this shall my song in eternity be:
'O what a wonder that Jesus loves me!'

Refrain

NOTICES AND REMINDERS

GENERAL PARISH NOTICES

- + **LENTEN TEACHINGS:** Wednesday March 11, 2026 at 5:00pm in the HTC Chapel. **Theme:** Reengaging Ministry and Stewardship, Reenergizing through the Holy Spirit; **Topic:** The Elements of Stewardship; **Objective:** Redefining stewardship as an individual spiritual discipline and a communal responsibility. **Scripture passage:** Malachi 3:10; Matthew 25:14-30, 1 Peter 4:10-11
- + **STATIONS OF THE CROSS:** Every Friday during Lent at 5:00pm in the HTC Chapel.
- + The Very Reverend Shelley-Ann Tenia is out of the Parish on vacation, please keep her in your prayers. The Reverend David Pollard is in charge of the Parish with the assistance of the Wardens.
- + **ANNUAL GENERAL MEETING:** Will be held March 22, 2026. There will be **ONE SERVICE** in the parish on that weekend Sunday March 22, 2026 at 7:00am.
- + All Students who will be sitting **SEA, CSEC & CAPE** are invited to a Service on Sunday March 15, 2026 at 11:00am. The Service will be held in the HTC Chapel. Parents are invited to accompany their children.
- + **LAY MINISTER'S MEETING:** carded for Tuesday March 10, 2026 at 5:00pm. The meeting will be an in-person meeting.
- + Fully Automatic Hospital Bed, with mattress for sale. Interested persons can contact Mrs. Mary Stewart at 778-0125.
- + **INFORMATION FOR THE BULLETIN:** **ALL** entries or requests **must** be forwarded to the Parish Office via parishsec@htctt.org or **623-7271 Ext 2000** on or before **Wednesday 2 pm** of the week of publication.
- + **ANGLICAN PRAYER BEADS:** are available for sale at \$100 per item. Interested people can place their order with Donna (767-7778) or Brenda (797-0543). Payment in part or in full is encouraged when the order is made.

+ **REDEEM COTTON NOTES:** Persons that are holders of cotton notes \$1, \$5, \$10, \$20, \$50 can bring them into the Parish Office and your donation will go towards the Cathedral Restoration.

Ways To Give

1. **Time:** call parishioners and check on them. Do a drive by visit.

2. **Food:** non-perishable food & toiletries.

3. **Finance** – tithes, thanksgiving offerings and general donations

Bank Name: First Citizens Bank, Independence Square

Account Name: INCOR TRUSTEES ANGLICAN DIOCESE T&T/HTC

Account Number: 1841214 **Note: Type the name as is: capitals, symbols and spacing.**

MARCH MEETINGS & ACTIVITIES

12th 7:00pm Buildings and Lands Committee Meeting – Virtual (Zoom)

13th 5:30pm Worship Preparation Meeting – HTC Chapel

19th 5:30pm Vestry Meeting – Virtual

20th 6:00pm Worship Preparation Session – HTC Chapel

24th 6:00pm Finance Committee Meeting - Virtual

**HOLY TRINITY CATHEDRAL
BICENTENNIAL BOOK**

TRINIDAD AND TOBAGO
**HOLY TRINITY
CATHEDRAL**
1823 - 2023
CELEBRATING 200 YEARS
EDITED BY DR. PHAEDRA PIERRE

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+ **GRAB YOUR COPY OF THIS HISTORICAL PUBLICATION** : A Legacy of Faith and Culture: Explore the historical and cultural significance of the Holy Trinity Cathedral (the Mother Church) in its bicentennial publication! This keepsake is available now for only **TTD \$400.00**. Contact 620-4717 (West), 689-9410 (East), 487-2909 (South) and 342-6213 (Tobago) for purchases. Hurry before they're all gone! **#historicalvoice #theologicalchoice #culturallyrejoice"**

+ **BICENTENNIAL MEMORABILIA:** are still available: T-shirts (\$65), Dri-fit Polos (\$150.00), Magnets (\$25), 4-port USB hubs (\$50), Rosaries (\$150, \$200, \$275 and \$460), Snippets & Secrets Booklet (\$20.00). Call 620-4717 or 683-2261 to order.

OSH CORNER

HSE GUIDE: How to Improve Safety Culture

A strong safety culture is built on shared values, attitudes, and behaviors that place health and safety at the center of daily work. Improving safety culture is not a one-time action; it requires consistent leadership, engagement, and accountability at all levels of the organization.

1. Demonstrate Leadership Commitment

Safety culture starts at the top. The Clergy, OSH, Ushers, Principal and teachers must lead by example by following rules, wearing required PPE, and actively participating in safety activities. Visible leadership involvement sends a clear message that safety is a priority, not just a policy requirement.

2. Encourage Employee Involvement

Workers should feel confident to speak up about hazards, unsafe conditions, and near misses without fear of blame. Involving employees in risk assessments, toolbox talks, and safety committees helps build ownership and responsibility for safety.

3. Improve Training and Competence

Provide regular, role-specific HSE training to ensure everyone understands hazards and safe work practices. Training should be practical, refreshed periodically, and updated when work conditions, equipment, or risks change.

4. Strengthen Communication

Clear, open, and consistent communication is essential. Share safety expectations, lessons learned from incidents, and corrective actions. Encourage two-way communication so feedback from the workforce is heard and acted upon.

5. Promote Reporting and Learning

Make incident and near-miss reporting simple and non-punitive. Focus on learning rather than blame by identifying root causes and implementing corrective actions. Share lessons learned across the organization to prevent repeat incidents.

6. Set Clear Accountability

Define safety roles and responsibilities for all levels of staff. Hold everyone accountable for unsafe behavior while recognizing and rewarding positive safety actions. Fair and consistent enforcement builds trust and credibility.

7. Drive Continuous Improvement

Regularly review safety performance, procedures, and controls. Use audits, inspections, and workforce feedback to identify gaps. Continuous improvement ensures safety culture grows stronger over time rather than becoming complacent.

Key Message: A positive safety culture is created when management and workers work together, communicate openly, and consistently act safely. When safety becomes “how we do things every day,” incidents reduce, and overall performance improves



**ENROLL NOW...
JOIN OUR FAMILY TREE**

Trinity Junior School is a premier private Anglican School rooted in the Christian faith and grounded in family values. We pride ourselves on having a robust curriculum, qualified teachers and a stellar student/teacher ratio.

We welcome applications from children who will turn five years old on or before December 31st, 2026.

Application forms are available online or at school.

Non-refundable application fee: \$250.

**2026-2027
OPEN ENROLLMENT**

Email:
enrollment@trinityjuniorschool.edu.tt

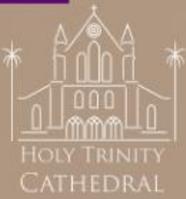


<https://bit.ly/TJS2025Application>

REQUIRED DOCUMENTS:

- Birth certificate
- Immunization card
- Referral letter from ECCE
- Proof of residency
- 2 recent passport-sized photos

TRINITY JUNIOR SCHOOL
5 MELBOURNE STREET, PORT OF SPAIN
Telephone: (868) 625 - 1720 Website: trinityjuniorschool.edu.tt



REENGAGING STEWARDSHIP

A Way of Life

CELEBRATION OF THE HOLY EUCHARIST

HTC CHAPEL: 12NOON

CELEBRANT & PREACHER

Canon Dr. Steve West

March 9th - 13th

WEEK 3

The Anglican Church in the Diocese of Trinidad and Tobago
Diocesan Retreat Committee Presents:

Annual Lenten Spiritual Retreat

"Let us prepare with Joy for the Paschal Feast"

FRIDAY 20TH - SUNDAY 22ND MARCH 2026
 EMMAUS RETREAT CENTRE, ARIMA.
 FACILITATED BY: THE REV. CANON ASHTON GOMEZ

\$900
per person

RESIDENT
(2 NIGHT STAY)

Cost includes double occupancy, air-conditioned bedrooms, meals and all retreat sessions.



FACILITATOR
THE REV. CANON ASHTON GOMEZ

Spend time in prayer, reflection and shared fellowship as we prepare our hearts for the Paschal Feast that nourishes and sustains the soul.

Preparatory Reflection:
 1 Corinthians 10: 14-18

This Retreat is open to any person over the age of 18 years.

REGISTRATION

↓

Online Registration via www.bit.ly/retreat-lent

PAYMENTS

↓

Payments can be made via Bank Transfer to: **Republic Bank**
 Account Number: 290 191 519 101
 WhatsApp receipt to: 681-4543

CALL FOR INFO

↓

Tobago: 472-7350
 North: 789-2899
 South: 760-5508

LENTEN SPIRITUAL: - Friday, March 20 to Sunday, March 22, 2026. <https://bit.ly/retreat-lent>



Anglican Youth and Young Adult Ministries

YOUTH SYNOD

Theme: Navigating Faith in the 868



DATE
Sat. 11th April, 2026



TIME
9:00 AM - 3:00 PM



PLACE
ST. THOMAS PARISH HALL, CHAGUANAS



MORE INFO:

NW: Sandy 766-5934
 NE: Wispé 371-5448
 South: Shamiso 487-2909
 Tobago: Romanie 731-5798



+ **ANGLICAN YOUTH AND YOUNG ADULT MINISTRIES:** Youth Synod, Saturday April 11, 1016, 9:00am-3:00pm at St. Thomas Parish Hall, Chaguanas. See the flyer attached for more information.

Canonical Requirements:

A Communicant in good standing, confirmed, registered, and at least eighteen years of age.

REGULATION 18:**Of Vestries and Officers of the Congregation**

2. (a) Subject to paragraph (h), at the annual meeting for the election of members of the Vestry the registered communicants of each Parish shall elect not less than five (5) and not more than fourteen (14) persons, who together with the incumbent and Church Wardens of each such respective Parish, shall form the Vestry thereof.
- (b) The Lay Representatives to the Synod shall be selected from those members chosen to serve on that Vestry.
- (c) Assistant Curates shall be ex-officio members of the Vestry of the Parish in which they serve.
- (d) Vacancies in the course of the year may be filled by the Incumbent.
- (e) Persons elected to be members of the Vestry must be communicants in good standing who have reached the age of eighteen (18) years.
- (f) The Annual Meeting of which fourteen (14) days' notice shall be given, shall be held not later than March 31st annually for the election of the Vestry and Lay Representatives.

Roles & Responsibilities:

1. To demonstrate a commitment to Jesus Christ as Lord and Savior and to subscribe to the mission and vision statements of the Diocese.
2. To commit to active engagement in parish life and ministry for one year through participation in at least one committee of the vestry.
3. To commit to spiritual growth, with a discipline of Bible study and prayer.
4. To be a faithful steward and committed to proportional giving, with the tithe as the goal.
5. To have family relationships that reflect strong Christian commitment and support the person being a vestry member.
6. To work with the team of vestry members to be the guardian and steward of all church lands, buildings, and monies and together make wise and prudent decisions on behalf of the people.

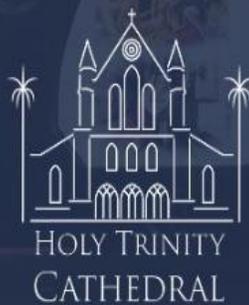
Remember: Vestry membership is not an honor for past service but a commitment to future service.

Notice

**THE PARISH OFFICE IS
CLOSED ON **MONDAYS.****

**NEW OPENING HOURS
TUE-FRI (8AM-4PM)**

**2ND & 4TH SATURDAYS
(9AM -12NOON)**



BY ORDER OF MANAGEMENT

Weekly Worship

MONDAY - FRIDAY | 6:30 AM

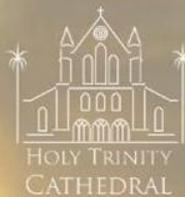
Morning Prayer (Facebook Online)

MONDAY - FRIDAY | 12 NOON

Midday Mass - HTC Main Chapel

SUNDAY - FRIDAY | 9 PM

Compline (Facebook Online)



SMALL GROUP ACTIVITIES

Join us in the All-Souls Virtual Chapel

Zoom Meeting ID: 875 0223 3875 | Password: Worship

- Mondays at 5:00 PM
- Thursdays at 5:00 PM

Bible Study
Prayer Group

Fridays at 1:30 PM

Bible Study - **In person at the Parish Chapel**

DIVINE OFFICE READINGS

DATE	MORNING	EVENING
SUNDAY 8TH <i>The Third Sunday of Lent</i>	± Psalms 93,96 ± Genesis 44:1-17 ± John 5:25-29	± Psalms 34 ± Jeremiah 6:9-15 ± Romans 8:1-10
MONDAY 9TH <i>Gregory of Nyssa, c.395</i>	• Psalm 80 • Genesis 44:18-34 • Mark 5:21-43	• Psalms 77, [79] • Jeremiah 7:1-15 • 1 Corinthians 7:25-31
TUESDAY 10TH	± Psalms 78:1-39 ± Genesis 45:1-15 ± Mark 6:1-13	± Psalm 78:40-72 ± Jeremiah 7:21-34 ± 1 Corinthians 7 - 3 2 - 4 0
WEDNESDAY 11TH	• Psalm 119:97-120 • Genesis 45:16-28 • Mark 6:13-29	• Psalms 81, 82 • Jeremiah 8:18—9:6 • 1 Corinthians 8:1-13
THURSDAY 12TH	± Psalms [83] or 42,43 ± Genesis 46:1-7, 28-34 ± Mark 6:30-46	± Psalms 85, 86 ± Jeremiah 10:11-24 ± 1 Corinthians 9:1-15
FRIDAY 13TH	• Psalms 95 (Invitatory) & 88 • Genesis 47:1-26 • Mark 6:47-56	• Psalms 91, 92 • Jeremiah 11:1-8, 14-20 • 1 Corinthians 9:16-27
SATURDAY 14TH	± Psalms 87, 90 ± Genesis 47:27—48:7 ± Mark 7:1-23	± Psalm 136 ± Jeremiah 13:1-11 ± 1 Corinthians 10:1-13 <i>Collect for 4 Lent</i>

LITURGY OF THE WORD READINGS (Weekends)

EUCHARIST READINGS FOR SUNDAY March 15, 2026

Fourth Sunday in Lent— Year A

± **1st Reading:** 1 Samuel 16:1-13

Psalm 23

± **2nd Reading:** Ephesians 5:8-14

Gospel: John 9:1-41