



HOLY TRINITY CATHEDRAL

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PARISH BULLETIN

Come and worship with us!

CELEBRATION OF THE HOLY EUCHARIST

SATURDAYS: 5:00 PM | SUNDAY MORNING: 6:00AM & 8:00AM

FAMILY SERVICE

FOURTH SUNDAY OF THE MONTH: 11:00AM

**SEVENTH SUNDAY OF EASTER
THE SUNDAY AFTER ASCENSION DAY**

**SATURDAY MAY 16, 2026 – 5:00PM
SUNDAY MAY 17, 2026 – 6:00AM & 8:00AM**

YEAR A



ORDER OF SERVICE

Introit Hymn:	<i>Praise, my soul, the King of Heaven</i>	CPWI # 383
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	<i>Te Deum</i>	O&N # 506
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THE PREPARATION

INTROIT HYMN: CPWI # 383 Praise, my soul, the King of Heaven

Praise, my soul, the King of
heaven,
to his feet thy tribute bring;
ransomed, healed, restored,
forgiven,
who like me his praise should
sing?
Alleluia! Alleluia! Praise the
everlasting King.

favour
to our fathers in distress;
praise him still the same as ever,
slow to chide, and swift to bless:
alleluia! Alleluia! Glorious in
his faithfulness.
Father-like, he tends and spares
us,
well our feeble frame he knows;
in his hands he gently bears us,

rescues us from all our foes:
alleluia! Alleluia! Widely as his
mercy flows.

Angels, help us to adore him;
ye behold him face to face;
sun and moon, bow down before
him,
dwellers all in time and space:
alleluia! Alleluia! Praise with us
the God of grace.

OPENING SENTENCES: (5:00PM) For Christ has entered, not into a sanctuary made with hands, a copy of the true one, but into heaven itself, now to appear in the presence of God on our behalf. *Hebrews 9:24*

(6:00AM & 8:00AM) Since we have a great high priest whom has passed into the heavens, Jesus the Son of God, let us with confidence draw near to the throne of grace. *Hebrews 4:14-16*

V. Blessed be the Lord our God,

R. By whose grace we are yet alive.

V. Blessed be His Son Jesus Christ,

R. By whose rising we are set free.

V. Blessed be the Spirit of God,

R. In whom is our hope and our joy.

Father, we come together in the Name of your Son Jesus Christ, our Redeemer, to offer you our worship, praise and thanksgiving. To you belong all power and glory. You are the source of all goodness. Let our worship bear witness to your peace and saving power. Through your Spirit may we ever rejoice in the abiding presence of our risen and ascended Lord. Amen.

O Gracious Light (5:00PM)

O gracious light, pure brightness of the everlasting Father in heaven, O Jesus Christ, holy and blessed! Now as we come to the setting of the sun, and our eyes behold the vesper light, we sing your praises, O God: Father, Son, and Holy Spirit. You are worthy at all times to be praised by happy voices, O Son of God, O Giver of life, and to be glorified through all the worlds.

Christ the Passover (6:00AM AND 8:00AM)1

1 Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22.

Christ our Passover has been sacrificed for us:* so let us celebrate the feast,
not with the old leaven of corruption and wickedness:* but with the unleavened bread of sincerity and truth.

Christ once raised from the dead dies no more:* death has no more dominion over Him.

In dying He died to sin once for **all**:* in living He lives to God.

See yourselves therefore as dead to sin:* and alive to God in Jesus Christ our Lord.

Christ has been raised from the dead:* the first fruits of those who sleep.

For as by man came death:* by man has come also the resurrection of the dead; for as in
Adam all die:* even so in Christ shall all be made alive.

Glory to the Father, and to the Son:* and to the Holy Spirit; as it was in the beginning is now:* and shall be forever.
Amen.

MINISTER: Lord, we pray to you for the forgiveness of our sins.

ALL: Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honour and glory of your Name; through Jesus Christ our Lord. Amen.

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

THE MINISTRY OF THE WORD
(The congregation sits for the readings)

PSALM 68:1-10, 33-36

Exsurgat Deus

BCP, 550

1. Let God arise, and let his enemies be scattered; * let those who hate him flee before him.
2. Let them vanish like smoke when the wind drives it away; * as the wax melts at the fire, so let the wicked perish at the presence of God.
3. But let the righteous be glad and rejoice before God; * let them also be merry and joyful.
4. Sing to God, sing praises to his Name; exalt him who rides upon the heavens; * YAHWEH is his Name, rejoice before him!
5. Father of orphans, defender of widows, * God in his holy habitation!
6. God gives the solitary a home and brings forth prisoners into freedom; * but the rebels shall live in dry places.
7. O God, when you went forth before your people, * when you marched through the wilderness,
8. The earth shook, and the skies poured down rain, at the presence of God, the God of Sinai, * at the presence of God, the God of Israel.
9. You sent a gracious rain, O God, upon your inheritance; * you refreshed the land when it was weary.
10. Your people found their home in it; * in your goodness, O God, you have made provision for the poor.
33. Sing to God, O kingdoms of the earth; * sing praises to the Lord.
34. He rides in the heavens, the ancient heavens; * he sends forth his voice, his mighty voice.
35. Ascribe power to God; * his majesty is over Israel; his strength is in the skies.
36. How wonderful is God in his holy places! * the God of Israel giving strength and power to his people! Blessed be God!

Glory to the Father, and to the Son: and the Holy Spirit; as it was in the beginning is now: and shall be forever.
Amen.

THE FIRST READING: ACTS 1:6-14

5:00PM CAMILLE GREGOIRE 6:00AM ANNETTE KELLMAN 8:00AM BRENDA MC CLEAN-TAYLOR
A reading from the word of God written in the Acts of the Apostles

When the apostles had come together, they asked Jesus, “Lord, is this the time when you will restore the kingdom to Israel?” He replied, “It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.” When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, “Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into

heaven.” Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day’s journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Reader: The Word of the Lord

All: Thanks be to God

5:00PM - THE MAGNIFICAT: LUKE 1:46-55

**My soul proclaims the greatness of the Lord,
my spirit rejoices in you, O God my Saviour,*
for you have looked with favour on your lowly servant,*
From this day all generations will call me blessed:*
You, the Almighty, have done great things for me,
and holy is your Name.
You have mercy on those who fear you* from generation to
generation
You have shown strength with your arm* and
scattered the proud in their conceit, Casting
down the mighty from their thrones*
and lifting up the lowly.
You have filled the hungry with good things* and the rich
you have sent away empty.
You have come to the help of your servant Israel,* for you
have remembered your promise of mercy, The promise
made to our forebears,*
to Abraham and his children for ever.
Glory to the Father, and to the Son: and to the Holy Spirit:*
as it was in the beginning, is now,* and shall be for ever. AMEN.**

6:00AM & 8:00AM - THE BENEDICTUS (LUKE 1:68-79)

**Blessed are you, Lord the ' God of' Israel you have come to your' people. and' set them' free. You have raised
up for us a' mighty' saviour born of the' house of. your' servant' David. Through your holy prophets, you
promised of old to save us' from our' enemies: from the' hands of' all that' hate us. To show mercy' to our'
forebears and to re' member. your' holy' covenant. This was the oath you swore to our' father' Abraham
to set us' free. from the' hands of. our' enemies Free to worship' you without' fear holy and righteous before
you, all the' days of. our' life. And you child, shall be called the prophet of the' Most' High for you will go
before the' Lord. to pre' pare the' way. To give God's people' knowledge of. sal' vation by the for' giveness'
of their' sins. In the tender com' passion of. our' God the dawn from on' high shall' break up' on us. To shine
upon those who dwell in darkness and the' shadow. of' death and to guide our feet' into. the' way of' peace.
Glory be to the Father and' to the Son, And' to the Holy Spirit. As it was in the be' ginning, is now. And'
shall be' for' ever, A' men.**

THE EPISTLE: 1 PETER 4:12-14; 5:6-11

5:00PM ANN NILES

6:00AM BEVERLY CHASE

8:00AM BIBLE CLASS

A reading from the word of God written in the First Letter of Peter

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you. Humble yourselves therefore under the mighty

hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.

Reader: The Word of the Lord

All: Thanks be to God

The congregation stands for the sequence hymn

Sequence Hymn: CPWI # 262 Son of God, eternal saviour (5PM AND 6AM)

Son of God, eternal Saviour,
source of life and truth and grace,
Son of Man, whose birth incarnate
hallows all our human race,
thou, our Head, who, throned in glory,
for thine own dost ever plead,
fill us with thy love and pity;
heal our wrongs, and help our need.

Come, O Christ, and reign among us,
King of love, and Prince of peace;
hush the storm of strife and passion,
bid its cruel discords cease;
by thy patient years of toiling,
by thy silent hours of pain,
quench our fevered thirst of pleasure,
shame our selfish greed of gain.

As thou, Lord, hast lived for others,
so may we for others live;
freely have thy gifts been granted,
freely may thy servants give:
thine the gold and thine the silver,
thine the wealth of land and sea,
we but stewards of thy bounty,
held in solemn trust for thee.

Son of God, eternal Saviour,
source of life and truth and grace,
Son of Man, whose birth incarnate
hallows all our human race,
thou who prayedst, thou who willest,
that thy people should be one,
grant, O grant our hope's fruition:
here on earth thy will be done.

You are God Te Deum Laudamus (8AM)

You are God: we praise you;*
You are the Lord: we acclaim you; You are the
eternal Father: *
All creation worships you.
To you all angels, all the powers of heaven: * Cherubim
and Seraphim, sing in endless praise, Holy, holy, holy
Lord,
God of power and might: *
heaven and earth are full of your glory.
The glorious company of apostles praise you: * the noble
fellowship of prophets praise you, the white-robed army of
martyrs praise you.
Throughout the world the holy Church acclaims you: * Father of
majesty unbounded;
your true and only Son, worthy of all worship; * and the
Holy Spirit advocate and guide.
You, Christ, are the king of glory: * the eternal
Son of the Father.

When you became man to set us free:* you did not abhor the Virgin's womb.
You overcame the sting of death:*
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory:*
we believe that you will come and be our judge.
Come then, Lord, and help your people:* bought with the price of your own blood; and bring us with your saints:*
to glory everlasting.
Save your people, Lord, and bless your inheritance:*
govern and uphold them, now and always.
Day by day we bless you:*
we praise your name for ever.
Keep us today, Lord, from all sin:* Have mercy on us, Lord, have mercy. Lord, show us your love and mercy:*
for we put our trust in you.
In you, Lord, is our hope:*
let us not be confounded at the last.

GOSPEL ACCLAMATION: THE ALLELUIA CHORUS

ALL stand for the Gospel

THE GOSPEL: JOHN 17:1-11

A READING FROM THE HOLY GOSPEL ACCORDING TO JOHN

Jesus looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. "I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one."

The Gospel of Christ

ALL: Praise to Christ our Lord.

SAN JUAN 17:1-11

Jesús miró al cielo y dijo: «Padre, la hora ha llegado: glorifica a tu Hijo, para que también él te glorifique a ti. Pues tú has dado a tu Hijo autoridad sobre todo hombre, para dar vida eterna a todos los que le diste. Y la vida eterna consiste en que te conozcan a ti, el único Dios verdadero, y a Jesucristo, a quien tú enviaste. »Yo te he glorificado aquí en el mundo, pues he terminado la obra que tú me confiaste. Ahora, pues, Padre, dame en tu presencia la misma gloria que yo tenía contigo desde antes que existiera el mundo. »A los que escogiste del mundo para dármeles, les he hecho saber quién eres. Eran tuyos, y tú me los diste, y han hecho caso de tu palabra. Ahora saben que todo lo que me diste viene de ti; pues les he dado el mensaje que me diste, y ellos lo han aceptado. Se han dado cuenta de que en verdad he venido de ti, y han creído que tú me enviaste. »Yo te ruego por ellos; no ruego por los que son del mundo, sino por los que me diste, porque son tuyos. Todo lo que es mío es tuyo, y lo que es tuyo es mío; y mi gloria se hace visible en ellos. »Yo no voy a seguir en el mundo, pero ellos sí van a seguir en el mundo, mientras que yo me voy para estar contigo. Padre santo, cuídalos con el poder de tu nombre, el nombre que me has dado, para que estén completamente unidos, como tú y yo.»

THE SERMON

THE APOSTLES' CREED

(Everyone stands for the Creed and the Prayers)

I believe in God the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. **Amen.**

THE SUFFRAGES

V. Lord, reveal your love among us;	R. That we may know the joy of your salvation.
V. Grant peace within and among all nations;	R. And teach our leaders wisdom.
V. Endow your Church with faithfulness;	R. And her servants with knowledge and true godliness.
V. Defend, O Lord, the rights of the poor and the oppressed;	R. That your justice may be known among all people.
V. Lord, renew your spirit within us;	R. That in us and through us your will may be done.

THE COLLECT FOR SEVENTH SUNDAY OF EASTER: O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

THE COLLECT FOR SATURDAY: O God, the source of eternal light: shed forth your unending day upon us who watch for you, that our lips may praise you, our lives may bless you, and our worship on the morrow give you glory; through Jesus Christ our Lord. **Amen.**

THE COLLECT FOR SUNDAY: O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favour; through Jesus Christ our Lord. **Amen.**

INTERCESSORY PRAYERS: FORM C

5:00PM HAZEL GUISEPPI

6:00AM GAN PING D'ANDRADE

8:00AM BIBLE CLASS

We Pray For:

THE ANGLICAN COMMUNION: The Right Reverend & Right Honourable Dame Sarah Mullally, Archbishop of Canterbury and The Anglican Church of Papua New Guinea.

THE PROVINCE: The Most Reverend Philip Wright, Archbishop, and The Diocese of Windward Islands, The Rt. Rev Leopold Friday, Diocesan Bishop.

THE DIOCESE: The Rt. Rev. Claude Berkley, Diocesan Bishop, and The Parish of Grace Church, New Grant, The Rev Fr. Wilson Thomas (Honorary Canon) priest in charge, Human work and the unemployed and Diocesan Seminarians: Maia Williams and Tishonne Francis.

THE PARISH: The Clergy, the Vestry, the Bible Class, schools and communities within our parish boundaries, the City Corporation, and the Mayor of Port of Spain.

THANKSGIVINGS AND ANNIVERSARIES:

Birthdays: Amryl Kellar, Vanessa James, Destiny Cole, Dawn McMillan, and Claire Allyson Phillip

Baptism: Amaraila Leacock and Kimora Ramdial

Confirmation: Sylvia Edwards, Melinda Guilford-Clifford and Karen Cordner-Crichlow.

Marriage: Alvin and Gillian Stewart

Recently Departed: Charles Spooner, Charles Sutherland, Julien Felix, Eastlyn Dillon

Anniversary of Death: Una Lawrence 9th. May they rest in peace.

INTERCESSORY PRAYERS:

Form C

BCP, 108

LEADER: With all our heart and all our mind let us pray to the Lord. saying, "Lord have mercy."

LEADER: For the peace from above, for the loving kindness of God, and for the salvation of our souls:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the peace and welfare of the world, for the witness and work of the Church, and for the unity of all peoples: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with truth and love and be found without fault at the Lord's coming: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation: Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER: For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light: Let us pray to the Lord.

ALL: Lord, have mercy.

Silence may be kept.

BIBLE CLASS PRAYER:

Almighty God, you have taught us that your word is a lamp for our feet and a light for our path. Help us, and all who prayerfully read your word, to deepen our fellowship with one another through your love. And in so doing may we come to know you more fully, love you more truly, and follow more faithfully in the steps of your Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God for evermore. **Amen.**

PRAYER FOR RESTORATION: O Lord, God of heaven, how great and awesome You are. You keep your covenant of love with those who love you and obey your commands. Let your ear be attentive and your eyes open to hear the cry of your servants, day and night, for the restoration of this Cathedral Church. Gracious Lord, give us success by granting us favour with international donors, corporate entities, government officials, citizens and all persons of faith and good will as we gather the resources needed for the complete work of restoration. Help us to also strive for full restoration by encouraging one another, being of one mind and living in peace. Guide every aspect of this process so that soon your beloved community will congregate in your house of prayer as a new

creation in true righteousness and holiness. May your kingdom come and your will be done in us. **Amen**

PRAYER FOR THE SICK: Heavenly Father, giver of life and health, comfort and relieve your sick servants and give your power of healing to those who minister to their needs. We pray that those for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care and experience your healing grace; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, One God, now and forever. **Amen.**

ALL: O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help; for you are gracious O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and for ever. Amen.

THE SICK, HOMEBOUND, THE DISTRESSED OR THOSE IN TROUBLE

Amryl Kellar	Gertrude Roberts	Valarie Baptiste
Alona Edwards	Ernest Motley	Patrick Mikhail Roberts
Angela Sealy	Gordon Howell	Lorna Dowers
Arlene St. Louis	Gregory Bailey	Lorna Skinner
Barbara Brereton	Greta Julien	Lovetta Brizan
Barbara Hull	Yolanda Drayton	Marlene Jacob
Bernice Felix	Wesley Phillip	Mertie Dash
Brendon Taylor	Jean Cadogan	Michele Clavery
Carole Clyne	Jenifer Dick	Mr. & Mrs. Doyle
Celia Jack	Jennifer Francis	Myrtle Gomes
Che Bernard	Julianna Amarali	Neila Tidd
Christine Davis	Keith Dick	Nolder Pierre
David Thomas	Kizzy David	Yolande Gooding
Doreen Bayley	Sylma Smith	Akesha Edwards
Eastlyn Brathwaite	The Rev Canon Ronald Branche	Gareth Edwards
Eileen Alphonse	Ulric Munroe	Norma James
Eileen Cuffy	Pearl Darmanie	Olga Went
Eileen Staple	Reomero Roopsingh	Norma Lewis
Esmie Bruce	Rev. Cheryl Mottley	Simone Bailey
Esther Marie Jones-Moore	Patricia Thomas-Williams	Therese Jones
Florencia Maharaj	Wendell John	

Prayer of Dedication

BCP, 73/47

Almighty God, we thank you for the gift of your Holy Word. May it be a lantern to our feet, A light to our paths, And a strength to our lives. Take us and use us to love and serve all persons in the power of the Holy Spirit and in the Name of your Son, Jesus Christ our Lord. Amen.

The Greeting of Peace

Form A

BCP, 124

PRESIDENT: We are the body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

PEACE: Let there be peace on earth

Let there be peace on earth
And let it begin with me
Let There Be Peace on Earth
The peace that was meant to be

With God as our Father
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now.

With ev'ry step I take
Let this be my solemn vow
To take each moment and live
Each moment in peace eternally
Let there be peace on earth

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymn: CPWI # 234 O God, our help in ages past

O God, our help in ages past,
our hope for years to come,
our shelter from the stormy blast,
and our eternal home;

beneath the shadow of thy throne
thy saints have dwelt secure;
sufficient is thine arm alone,
and our defence is sure.

Before the hills in order stood,
or earth received her frame,
from everlasting thou art God,
to endless years the same.

CPWI # 253 How sweet the name of Jesus sounds

How sweet the name of Jesus sounds
in a believer's ear!
It soothes his sorrows, heals his wounds,
and drives away his fear.

It makes the wounded spirit whole,
and calms the troubled breast;
'tis manna to the hungry soul,

A thousand ages in thy sight
are like an evening gone;
short as the watch that ends the night
before the rising sun.

*Time, like an ever-rolling stream,
bears all its sons away;
they fly forgotten, as a dream
dies at the opening day.

O God, our help in ages past,
our hope for years to come,
be thou our guard while troubles last,
and our eternal home.

and to the weary rest.

Dear name! The rock on which I build,
my shield and hiding-place,
my never-failing treasury filled
with boundless stores of grace.

Jesus! My Shepherd, Brother, Friend,

my Prophet, Priest, and King,
my Lord, my Life, my Way, my End,
accept the praise I bring.

Weak is the effort of my heart,
and cold my warmest thought;
but when I see thee as thou art,

I'll praise thee as I ought.

Till then I would thy love proclaim
with every fleeting breath;
and may the music of thy name
refresh my soul in death.

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

The Offertory Prayer: Form A

Everyone stands

BCP, 126

PRESIDENT: Through your goodness, Lord, we have this bread and wine to offer, the fruit of the earth and the work of human hands. They will become our spiritual food.

ALL: All things come from you, O Lord, and of your own do we give you. Blessed be God for ever. Amen.

THE DOXOLOGY: Praise God, from whom all blessings flow; Praise Him, all creatures here below; Praise Him above, ye heav'nly host; Praise Father, Son, and Holy Ghost. AMEN.

THE EUCHARIST

PRESIDENT: The Lord be with you.

All: And also with you.

PRESIDENT: Lift up your hearts.

All: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

All: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: Through your dearly beloved Son Jesus Christ our Lord. After his glorious resurrection he openly appeared to his disciples, and in their sight ascended into heaven, to prepare a place for us; that where he is, there we might also be, and reign with him in glory. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Form B

BCP, 135

PRESIDENT: Holy and gracious Father, all creation rightly gives you praise. All life, all holiness, comes from you through your Son, Jesus Christ our Lord, whom you sent to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. We therefore bring you these gifts, and we ask you to make them holy by the power of your Spirit, that they may become the Body and Blood of your Son, our Saviour Jesus Christ, who offered Himself in obedience to your will, the Perfect Sacrifice for all mankind. On the night He was betrayed, He took bread, and when He had given thanks to you, He broke it and gave it to His disciples and said: "Take this and eat it: This is my Body which is given for you. Do this for the remembrance of me." After supper He took the cup of wine: and when He had given thanks, He gave it to them and said: "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Do this, whenever you drink it, For the remembrance of me."

ALL: Christ has died. Christ is risen. Christ will come again.

PRESIDENT: Father, calling to mind the death your Son endured for our salvation; His glorious Resurrection and Ascension; His continual intercession for us in heaven; and looking for His coming again in glory, we offer you, in thanksgiving, this holy and life-giving sacrifice. Look with favour on your Church's offering, and grant that we who eat and drink these holy gifts may be filled with your Holy Spirit and become one body in Christ, and serve you in unity, constancy and peace. May He make us a perpetual offering to you and enable us, in communion with blessed Mary and the whole company of heaven, to share in the inheritance of your Saints. With Him, and in Him, and through Him, by the power of the Holy Spirit, we worship you, Father Almighty, with all who stand before you in earth and heaven in songs of everlasting praise:

ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.

As our Saviour has taught us, so we pray:

Everyone stands

ALL: Our Father in heaven hallowed be your Name; your kingdom come; your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.

PRESIDENT: The Gifts of God for the People of God.

ALL: Our souls will feast and be satisfied and we will sing glad songs of praise to Him

Communion Hymns: CPWI # 596 *Author of life divine*

Author of life divine

who hast a table spread,

furnished with mystic wine

and everlasting bread,

preserve the life thyself hast given,

and feed and train us up for heaven.

2 Our needy souls sustain

with fresh supplies of love,

till all thy life we gain,

and all thy fullness prove,

and, strengthened by thy perfect grace,

behold without a veil thy face.

CPWI # 620 *Sweet sacrament divine*

Sweet sacrament divine,

hid in thine earthly home,

lo, round thy lowly shrine,

with suppliant hearts we come;

Jesus, to thee our voice we raise

in songs of love and heartfelt

praise:

sweet sacrament divine,

sweet sacrament divine.

Sweet sacrament of peace,

dear home for every heart,

where restless yearnings cease

and sorrows all depart;

there in thine ear all trustfully

we tell our tale of misery:

sweet sacrament of peace,

sweet sacrament of peace.

Sweet sacrament of rest,

ark from the ocean's roar,

within thy shelter blest

soon may we reach the shore;

save us, for still the tempest

raves,

save, lest we sink beneath the

waves:

sweet sacrament of rest,

sweet sacrament of rest.

Sweet sacrament divine,

earth's light and jubilee,

in thy far depths doth shine

thy Godhead's majesty;
sweet light, so shine on us, we
pray,

that earthly joys may fade
away:
sweet sacrament divine,

sweet sacrament divine.

CPWI # 601 Jesu, my Lord, my God, my all

Jesu, my Lord, my God, my all,
hear me, Blest Saviour, when I
call,
hear me, and from thy dwelling-
place
pour down the riches of thy
grace;

Jesu, too late I thee have sought,
how can I love thee as I ought?
And how extol thy matchless
fame,
the glorious beauty of thy
name?

Refrain

Refrain:

***Jesu, my Lord, I thee adore,
O make me love thee more and
more.***

Jesu, what didst thou find in me,
that thou hast dealt so lovingly?
How great the joy that thou hast

brought,
so far exceeding hope or
thought!

Refrain

Jesu, of thee shall be my song,
to thee my heart and soul
belong;
all that I have or am is thine,
and thou, Blest Saviour, thou art
mine.

Refrain

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

The Post Communion Prayer:

Everyone stands

BCP, 148

Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace and grant us strength and courage to love and serve you, and all persons in you, with gladness and singleness of heart, through your Son Jesus Christ our Lord. Amen.

The Blessing: Christ our King, make you faithful and strong to do His will, that you may reign with Him in glory; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **ALL: Amen.**

Closing Hymn: CPWI # 246. All hail the power of Jesus' name

All hail the power of Jesus' name!

and crown him Lord of all.

Let angels prostrate fall;
bring forth the royal diadem
and crown him Lord of all.

Ye seed of Israel's chosen race,
ye ransomed of the fall,
hail him who saves you by his grace,
and crown him Lord of all.

*Crown him, ye morning stars of light,
who fixed this floating ball;
now hail the strength of Israel's might,
and crown him Lord of all.

Sinners, whose love can ne'er forget
the wormwood and the gall,
go spread your trophies at his feet,
and crown him Lord of all.

*Crown him, ye martyrs of your God,
who from his altar call;
extol the Stem of Jesse's Rod,

Let every tribe and every tongue

before him prostrate fall,
and shout in universal song

the crowned Lord of all.
Refrain

NOTICES AND REMINDERS

GENERAL PARISH NOTICES

- + **CONGRATULATIONS ON 21 BLESSED YEARS IN THE DIACONATE!** to **THE VERY REVEREND DR. SHELLEY-ANN TENIA**, your dedication, humility, and commitment to God's people have been a true blessing to all whose lives you have touched along the way. May God continue to strengthen and guide you as you carry out God's ministry with grace, compassion, and wisdom. Wishing you abundant blessings, joy, and renewed inspiration as you mark this special milestone.
- + **ECUMENICAL WEBINAR** – Tuesday May 19 at 5:00pm – Who Is This Body? Dismantling walls and lifting the veil. *Virtual Chapel*: Zoom Meeting ID: **875 0223 3875**, Password: **Worship**
- + **LET US PRAISE GOD TOGETHER** – An Ecumenical Service, at the Rose Hill Moravian Church on Friday May 22, 2026 at 5:00pm
- + **INFORMATION FOR THE BULLETIN**: **ALL** entries or requests **must** be forwarded to the Parish Office via parishsec@htcctt.org or **623-7271 Ext 2000** on or before **Wednesday 2:00pm** of the week of publication.
- + **ANGLICAN PRAYER BEADS**: are available for sale at \$100 per item. Interested people can place their order with Donna (767-7778) or Brenda (797-0543). Payment in part or in full is encouraged when the order is made.
- + **REDEEM COTTON NOTES**: Persons that are holders of cotton notes \$1, \$5, \$10, \$20, \$50 can bring them into the Parish Office and your donation will go towards the Cathedral Restoration.

Ways To Give

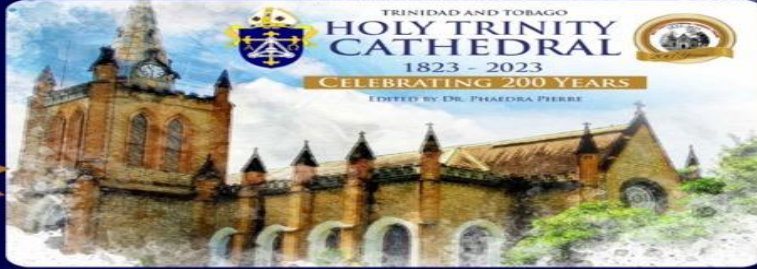
1. **Time**: call parishioners and check on them. Do a drive by visit.
2. **Food**: non-perishable food & toiletries.
3. **Finance** – tithes, thanksgiving offerings and general donations
Bank Name: First Citizens Bank, Independence Square
Account Name: INCOR TRUSTEES ANGLICAN DIOCESE T&T/HTC
Account Number: 1841214 **Note: Type the name as is: capitals, symbols and spacing.**

MAY MEETINGS & ACTIVITIES

- 20th 5:30pm Vestry Meeting – Virtual
- 26th 6:00pm Finance Committee Meeting – Virtual
- 29th 5:30pm Worship Preparation Session – HTC Chapel

HOLY TRINITY CATHEDRAL BICENTENNIAL BOOK

NOW AVAILABLE!



ONLY TTD \$400.00!

Reserve your copy today **620-4717 (West)** **487-2909 (South)** **689-9410 (East)** **342-6213 (Tobago)**

+ **GRAB YOUR COPY OF THIS HISTORICAL PUBLICATION** : A Legacy of Faith and Culture: Explore the historical and cultural significance of the Holy Trinity Cathedral (the Mother Church) in its bicentennial publication! This keepsake is available now for only **TTD \$400.00**. Contact 620-4717 (West), 689-9410 (East), 487-2909 (South) and 342-6213 (Tobago) for purchases. Hurry before they're all gone! **#historicalvoice #theologicalchoice #culturallyrejoice"**

+ **BICENTENNIAL MEMORABILIA:** are still available: T-shirts (\$65), Dri-fit Polos (\$150.00), Magnets (\$25), 4-port USB hubs (\$50), Rosaries (\$150, \$200, \$275 and \$460), Snippets & Secrets Booklet (\$20.00). Call 620-4717 or 683-2261 to order.

OSH CORNER

WHAT IS SAFETY?

"Preventing Accidents Before They Happen"

Definition

Safety is the condition of being protected from Hazards, Risks, or Injuries.

Stay Safe, Stay Alive!

Types of Safety

Electrical Safety

Fire Safety

Industrial Safety

Construction Safety

Personal Safety

Safety

Safety Standards

- Identify Hazards
- Assess Risks
- Apply Controls
- Use PPE

Key Objectives

- Prevent Injuries & Fatalities
- Protect Equipment & Property
- Ensure Smooth Work Flow
- Legal Compliance

Hierarchy of Control

Elimination

Substitution

Engineering Controls

Admin Controls

PPE

Key Message

SAFETY IS A RESPONSIBILITY, NOT A CHOICE!

Safety Standards

OSHA | ISO Regulations
 ISO | ISO 45001 Standards

NASIBKHAN

— THINK SAFE ★ WORK SAFE ★ HOME SAFE —

REGIONAL & DIOCESAN NOTICES



+ **ANGLICANS WITH SWEET HAND:** *“A Culinary Explosion”* Sunday May 17, 2026 at Bishop Anstey High School East & Trinity College East (BATCE), Trincity.. * Wide Variety of Dishes, * Dine In or Take Away, * Entertainment & Guest Artiste, * Door Prizes. This is all in Aid of the Bishop’s Sanctuary on the Hill. Cost of Ticket \$250.00. Tickets are available from the Parish Office.



+ **DIOCESAN DAY OF RENEWAL:** Saturday May 23, 2026; Bishop Anstey Trinity College East (BATCE) #35-51 College Avenue, Millennium Lakes, Trincity, Tacarigua. Teacher: The Reverend Fr. Aaron Charles, Rector of St. Christopher Anglican Church. From 8:00am -4:00pm. Breakfast:8:00am-8:30am. Interested person can speak to Mrs. Shelah Workman or Mrs. Joceyln Joefeld.

Special Tribute to FATHERS

St Gabriel Anglican Church

Donation \$200 Snack included

Fence Fundraiser

Free gift to first 25 men

Police Band in Concert

Presentation College

Carib Street, San Fernando

LIVE MUSIC- Door Prizes - FREE PARKING - A SNACK

Saturday 20th June 2026 @4:30p.m

Bring Dad and get thrilled by TTPS Band

For more information/ tickets contact: Presentation College
652-2311; DeShawn 488-0765; Annetta 701-9595;
Suzette 754-9986; Church Office 220-7613

All proceeds go towards St. Gabriel’s Fence Fund!



BINGO *Time*

24TH MAY 2026

2-6 PM

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REFRESHMENTS ON SALE

Notice

**THE PARISH OFFICE IS
CLOSED ON **MONDAYS.****

**NEW OPENING HOURS
TUE-FRI (8AM-4PM)**

**2ND & 4TH SATURDAYS
(9AM -12NOON)**



BY ORDER OF MANAGEMENT

WEEKLY WORSHIP

MONDAY - FRIDAY | 6:30AM

Morning Prayer (Facebook Online)

MONDAY - FRIDAY | 12NOON

Noonday Prayer (Facebook Online)

MONDAY - FRIDAY | 9PM

Compline (Facebook Online)

MONDAY - FRIDAY | 12NOON

Midday Mass (HTC Main Chapel - in person)

SMALL GROUP ACTIVITIES

Join us in the All-Souls Virtual Chapel

Zoom Meeting ID: 875 0223 3875 | Password: **Worship**

- Mondays at 5:00 PM Bible Study
- Thursdays at 5:00 PM Prayer Group
- Fridays at 1:30 PM Bible Study - **In person at the Parish Chapel**

DIVINE OFFICE READINGS

DATE	MORNING	EVENING
SUNDAY 17TH <i>The Seventh Sunday of Easter</i>	± Psalms 66, 67 ± Exodus 3:1-12 ± Luke 10:17-24	± Psalms 19,46 ± Ezekiel 3:16-27 ± Hebrews 12:18-29
MONDAY 18TH	• Psalm 89:1-18 • Joshua 1:1-9 • Matthew 8:5-17	• Psalm 89:19-52 • Ezekiel 4:1-17 • Ephesians 3:1-13
TUESDAY 19TH <i>Dunstan, Archbishop of Canterbury, 988</i>	± Psalms 97,99, [100] ± 1 Samuel 16:1-13a ± Matthew 8:18-27	± Psalms 94, [95] ± Ezekiel 7:10-15, 23b-27 ± Ephesians 3:14-21
WEDNESDAY 20TH	• Psalms 101; 109:1-4(5-19)20-30 • Isaiah 4:2-6 • Matthew 8:28-34	• Psalm 119:121-144 • Ezekiel 11:14-25 • Ephesians 4:1-16
THURSDAY 21ST	± Psalm 105:1-22 ± Zechariah 4:1-14 ± Matthew 9:1-8	± Psalm 105:23-45 ± Ezekiel 18:1-4, 19-32 ± Ephesians 4:17-32
FRIDAY 22ND <i>Martyrs of the Twentieth Century</i>	• Psalm 102 • Jeremiah 31:27-34 • Matthew 9:9-17	• Psalm 107:1-32 • Ezekiel 34:17-31 • Ephesians 5:1-20
SATURDAY 23RD	± Psalms 107:33-43, 108:1-6(7-13) ± Ezekiel 36:22-27 ± Ephesians 6:10-24 ± Matthew 9:18-26	Eve of Pentecost ± Psalm 33 ± Exodus 19:3-8a, 16-20 ± 1 Peter 2:4-10 <i>Collect for Pentecost (1)</i>

LITURGY OF THE WORD READINGS *(Weekends)*

EUCHARIST READINGS FOR SUNDAY May 24, 2026

The Day of Pentecost: Whitsunday — Year A

± **1st Reading:** Acts 2:1-21

Psalm: 104:25-35, 37

± **2nd Reading:** 1 Corinthians 12:3b-13

Gospel: John 20:19-23