



HOLY TRINITY CATHEDRAL

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PARISH BULLETIN

Come and worship with us!

CELEBRATION OF THE HOLY EUCHARIST

SATURDAYS: 5:00PM | SUNDAY MORNING: 6:00AM & 8:00AM

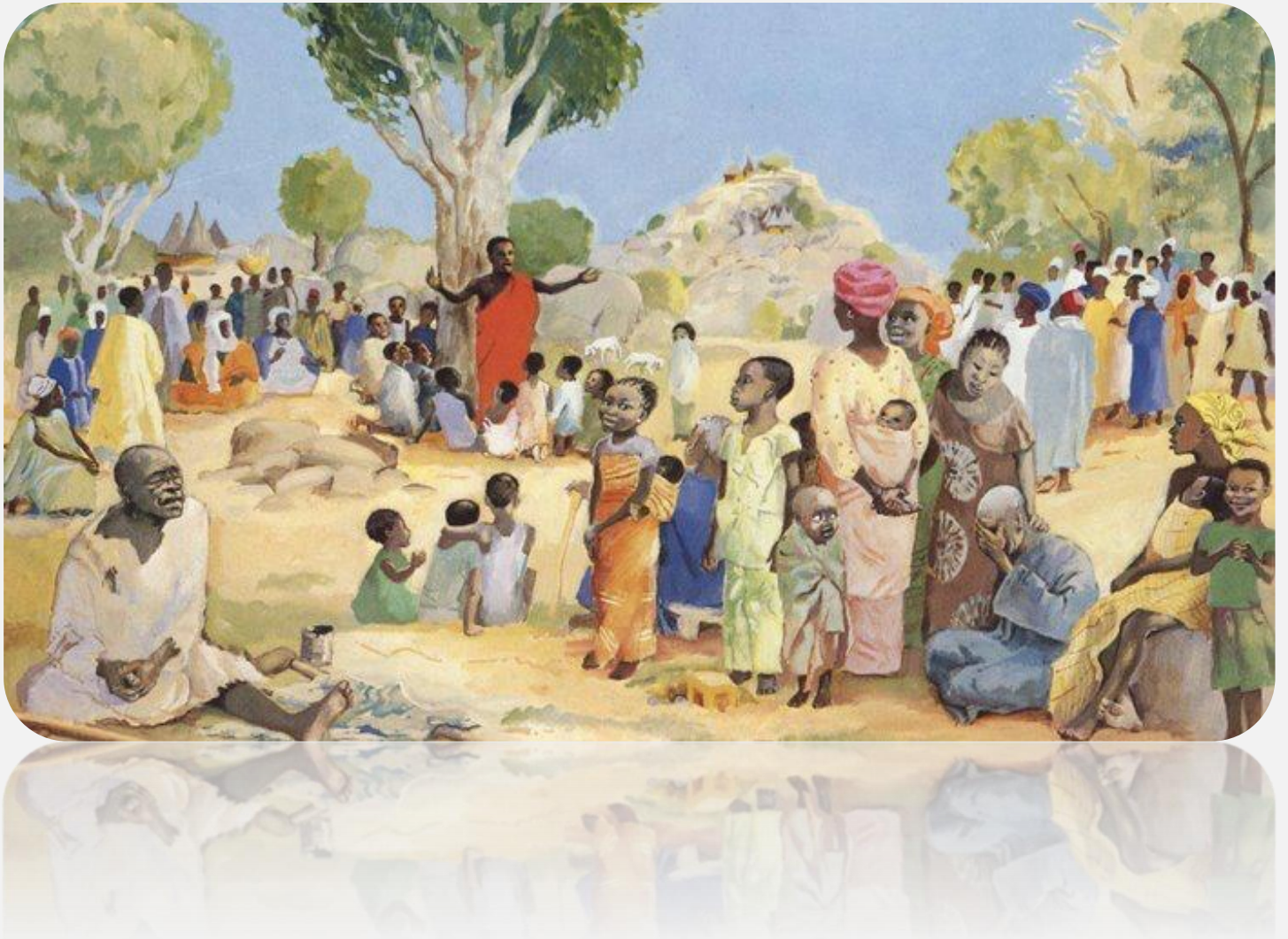
FAMILY SERVICE

LAST SUNDAY OF THE MONTH: 11:00AM

**SIXTH SUNDAY AFTER PENTECOST
PROPER IX**

**SATURDAY JULY 4, 2026 -5:00PM
SUNDAY JULY 5, 2026 – 6:00AM & 8:00AM
YEAR A**

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ORDER OF SERVICE

Introit Hymn:	<i>To God be the glory (5:00pm)</i>	CPWI # 387
	<i>Give thanks to the Lord for it is good (6:00am & 8:00am)</i>	SWTS # 63
Opening Sentence:		BCP, 100
The Invocation & Collect for Purity		BCP, 101
Kyrie and Gloria		BCP, 102
The Collect: Sixth Sunday after Pentecost- Proper IX		BCP, 175

THE MINISTRY OF THE WORD

The First Lesson:	Zechariah 9:9-12	
Psalm	145:8-15	BCP, 661
The Epistle:	Romans 7:15-25a	
The Sequence Hymn:	<i>Be not dismayed (5:00pm)</i>	CPWI # 462
	<i>There is a Redeemer (6:00am & 8:00am)</i>	CPWI # 461
The Gospel:	Matthew 11:16–19, 25–30	
The Sermon		
The Creed		BCP, 104
The Intercession:	Form C	BCP, 108
Act of Penitence:	Form A	BCP, 123
The Greeting of Peace:	Form A	BCP, 124

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymns:	<i>Father I place into your hands</i>	CPWI # 466
The Offertory Prayer:	Form A	BCP, 126
The Doxology		

THE EUCHARIST

Proper Preface:	Of God the Father	BCP, 130
The Eucharistic Prayer:	Form E	BCP, 142
The Distribution of Holy Communion:	<i>Faithful Shepherd, feed me (5:00pm)</i>	CPWI # 583
	<i>Be not afraid (6:00am & 8:00am)</i>	SWTS # 234
	<i>Return to the Lord (6:00am & 8:00am)</i>	SANS # 34
The Post-Communion Prayer		BCP, 148

THE DISMISSAL

The Final Blessing		BCP, 150
Notices & Announcements		
Health Talk		
Recessional Hymn:	<i>Will your anchor hold</i>	CPWI # 564

THE PREPARATION

INTROIT HYMN: CPWI # 387

To God be the glory! Great things he hath done;
so loved he the world that he gave us his Son;
who yielded his life an atonement for sin,
and opened the life gate that all may go in.

Refrain:

***Praise the Lord, praise the Lord!
Let the earth hear his voice;***

To God be the glory (5:00pm)

praise the Lord, praise the Lord!

***Let the people rejoice:
O come to the Father,
through Jesus the Son
and give him the glory;
great things he hath done!***

O perfect redemption, the purchase of blood!
To every believer the promise of God;
the vilest offender who truly believes,

that moment from Jesus a pardon receives. **Refrain**

Great things he hath taught us,
great things he hath done,
and great our rejoicing through Jesus the Son;
but purer, and higher, and greater will be
our wonder, our rapture, when Jesus we see. **Refrain**

SWTS # 63 Give thanks to the Lord (6:00am & 8:00am)

Give thanks to the Lord for he is good
And make music for our God who lives on high
For he guides us every day
And he watches through the night;
Let us praise him as we sing together,
Holy God of light.

Refrain:

***Glory to the Father, sing glory to the Son
Glory to the Spirit, glory, glory everyone;
Glory on the earth he made it, glory up above
Glory, glory everybody, we have seen a Father's love.***

Your works, O Lord have made us glad,
For a Father's help we shout to you in joy;

O, how great are the deeds you have worked upon the land
But the foolish man will never see them,
He cant understand. **Refrain**

The wicked thrive and grow like grass,
And it often seems that evil ways do win;
But the evil cannot win, for their victory is sin
And the enemy will run and scatter
when the Lord comes in. **Refrain**

In the way of the Lord, I will live my days,
And be happy in the dwelling place of God;
I'll proclaim that He is great, sing His praise on every song
For in God who is our Lord and Father
there can be no wrong. **Refrain**

OPENING SENTENCES: Grace to you and peace from God our Father and the Lord Jesus Christ. *Philippians 1:2*

PRESIDENT: Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

ALL: And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

COLLECT FOR PURITY: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. AMEN.

THE KYRIE:

Lord, have mercy.
Lord, have mercy.

Christ, have mercy.
Christ, have mercy.

Lord, have mercy.
Lord, have mercy.

THE GLORIA:

Glory to God in the highest, and peace to His people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One; you alone are the Lord: you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT FOR THE SIXTH SUNDAY AFTER PENTECOST – PROPER 9: O God, you have taught us to keep all your commandments by loving you and our neighbour: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE MINISTRY OF THE WORD
(The congregation sits for the readings)

THE FIRST READING: Zechariah 9:9-12 A reading from the word of God written in Zechariah

5:00PM BRENDA MC CLEAN-TAYLOR 6:00AM GAN PING D'ANDRADE 8:00AM KAREN CORDNER-CRICHLOW

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

Reader: The Word of the Lord

All: Thanks be to God

PSALM 145:8-15

Exaltabo te, Deus

BCP, 661

- 8 The Lord is gracious and' full of. com' passion, *
slow to' anger. and of.' grëat' kindness.
- 9 The Lord is' loving. to' everyone *
and his compassion is' over' all his' works.
- 10 All your works' praise you., O' Lord, *
and your' faithful' servants' bless you.
- 11 They make known the' glory. of your.' kingdom *
and' spëak' of your' power;
- 12 That the peoples may' know of. your' power *
and the glorious' splendor' of your' kingdom.
- 13 Your kingdom is an ever'lasting' kingdom; *
your dominion en'dures through'out all' ages.
- 14 The Lord is faithful in' all his' words *
and' merciful. in' all his' deeds.
- 15 The Lord upholds all' those who' fall; *
he lifts up' those. who are.' bowëd' down.

THE EPISTLE: Romans 7:15-25a

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A reading from the word of God written in the Letter of Paul to the Romans

5:00PM CARLA-ANN TAYLOR

6:00AM ANNETTE KELLMAN

8:00AM M.U. REP

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Reader: The Word of the Lord

All: Thanks be to God

The congregation stands for the sequence hymn

Sequence Hymn: CPWI # 462 Be not dismayed (5:00pm)

Be not dismayed whate'er betide,
God will take care of you;
beneath his wings of love abide,
God will take care of you.

Refrain:
*God will take care of you,
through every day, o 'er all the way;*

All you may need he will provide,
God will take care of you;
nothing you ask will be denied,
God will take care of you. **Refrain**

*he will take care of you,
God will take care of you.*

Through days of toil when heart doth fail,
God will take care of you;
when dangers fierce your path assail,
God will take care of you. **Refrain**

No matter what may be the test,
God will take care of you;
lean, weary one, upon his breast,
God will take care of you. **Refrain**

CPWI # 461 There is a Redeemer (6:00am & 8:00am)

There is a Redeemer,
Jesus, God's own Son,
precious Lamb of God, Messiah,
Holy One.

Refrain:
Thank you. O my Father,

*for giving us your Son,
and leaving your Spirit
till the work on earth is done.*

Jesus, my Redeemer,
name above all names,
precious Lamb of God, Messiah,

O for sinners slain: **Refrain**

When I stand in glory
I will see his face,
and there I'll serve my King
forever
in that holy place. **Refrain**

GOSPEL ACCLAMATION: THE ALLELUIA CHORUS

ALL stand for the Gospel

THE GOSPEL: Matthew 11:16–19, 25–30 A reading from the Holy Gospel according to Matthew

Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things

from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Reader: The Gospel of Christ

All: Praise to Christ our Lord

SAN MATEO 11:16–19, 25–30

Jesús dijo: «¿A qué compararé la gente de este tiempo? Se parece a los niños que se sientan a jugar en las plazas y gritan a sus compañeros: “Tocamos la flauta, pero ustedes no bailaron; cantamos canciones tristes, pero ustedes no lloraron.” Porque vino Juan, que ni come ni bebe, y dicen que tiene un demonio. Luego ha venido el Hijo del hombre, que come y bebe, y dicen que es glotón y bebedor, amigo de gente de mala fama y de los que cobran impuestos para Roma. Pero la sabiduría de Dios se demuestra por sus resultados.» [...] En aquel tiempo, Jesús dijo: «Te alabo, Padre, Señor del cielo y de la tierra, porque has mostrado a los sencillos las cosas que escondiste de los sabios y entendidos. Sí, Padre, porque así lo has querido. » Mi Padre me ha entregado todas las cosas. Nadie conoce realmente al Hijo, sino el Padre; y nadie conoce realmente al Padre, sino el Hijo y aquellos a quienes el Hijo quiera darlo a conocer. Vengan a mí todos ustedes que están cansados de sus trabajos y cargas, y yo los haré descansar. Acepten el yugo que les pongo, y aprendan de mí, que soy paciente y de corazón humilde; así encontrarán descanso. Porque el yugo que les pongo y la carga que les doy a llevar son ligeros.»

El Evangelio del Señor.

Todos: Te alabamos, Cristo Señor.

THE SERMON

THE NICENE CREED

BCP, 104

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen or unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit He was born of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate; He suffered, died and was buried. On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son He is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come. Amen

We Pray For:

THE ANGLICAN COMMUNION: The Right Reverend & Right Honourable Dame Sarah Mullally, Archbishop of Canterbury and The Anglican Church of South America.

THE PROVINCE: The Most Reverend Philip Wright, Archbishop and The Diocese of Trinidad and Tobago, The Rt. Rev Claude Berkley, Diocesan Bishop.

THE DIOCESE: The Parish of St. Agnes, St. James, P.O.S., The Rev. Augustus Thompson, priest in charge and The Rev Miles Walcott, deacon; St. Agnes and Ascension Anglican Primary Schools and Diocesan Seminarians: Maia Williams, Tishonne Francis, and Stephen Jones.

THE PARISH: The Clergy, the Vestry, Mother's Union, schools and communities within our parish boundaries, the City Corporation, and the Mayor of Port of Spain.

THANKSGIVINGS AND ANNIVERSARIES:

Birthdays: Emily Matthews, Sheldon James, Jocelyn Derry-Joefeld, Aidan Stewart, Amaia Stewart, Phillip Brizan, Amaya McClean, Helena Cambridge-Waldron, Natasha Hunte.

Confirmation: Knolly Arthur

Marriage: Winston and Elizabeth Howe, Leroy & Cynthia James

Recently Departed: Keith McCollin

Anniversary of Death: Elaine Chasteau 10th and Tracy Mitchell 6th. May they rest in peace

INTERCESSORY PRAYERS:

Form C

BCP, 108

5:00PM CAMILLE GREGOIRE

6:00AM BEVERLY CHASE

8:00AM M.U. REP

LEADER: With all our heart and all our mind let us pray to the Lord. saying, "Lord have mercy."

LEADER: For the peace from above, for the loving kindness of God, and for the salvation of our souls: Let us pray to the Lord.
ALL: Lord, have mercy.

LEADER: For the peace and welfare of the world, for the witness and work of the Church, and for the unity of all peoples: Let us pray to the Lord.
ALL: Lord, have mercy.

LEADER: For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with truth and love and be found without fault at the Lord's coming: Let us pray to the Lord. **ALL: Lord, have mercy.**

LEADER: For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples: Let us pray to the Lord. **ALL: Lord, have mercy.**

LEADER: For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment: Let us pray to the Lord. **ALL: Lord, have mercy.**

LEADER: For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them: Let us pray to the Lord. **ALL: Lord, have mercy.**

LEADER: For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation: Let us pray to the Lord. **ALL: Lord, have mercy.**

LEADER: For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light: Let us pray to the Lord. **ALL: Lord, have mercy.**

A period of silence may be kept.

MOTHER'S UNION PRAYER: Loving God, we thank you for your love so freely given to us all. We pray for families around the world. Bless the work of the Mother's Union as we seek to share your love through encouragement, strengthening and support of marriage and family life. Empowered by Your spirit, may we be united in prayer and worship and in love and service reach out as hands across the world. *Amen.*

PRAYER FOR RESTORATION: Heavenly Father, you hear the call of sinners who turn to you seeking to do your will; Look with gracious love and compassion on all who seek and work towards the restoration of this house of prayer. Send your Holy Spirit to help fix our attention, not on things seen, but on things that are unseen. May we become as living stones and let ourselves be used in building the spiritual temple where we will serve as a royal priesthood, a holy nation to offer acceptable sacrifices to God through Jesus Christ our Lord. *Amen.*

PRAYER FOR THE YOUTH: God our Father, we pray for our young people growing up in an unstable and confusing world. Show them that your ways give more meaning to life than the ways of the world, and that following you is better than chasing after selfish goals. Help them to take failure not as a measure of their worth, but as a chance for a new start. Give them strength to hold their faith in you, and to keep alive their joy in your creation; through Jesus Christ our Lord. Amen.

ALL: Accept our prayers and intercessions, Father, according to your wisdom, for the sake of your Son, Jesus Christ. Amen.

THE SICK, HOMEBOUND, THE DISTRESSED OR THOSE IN TROUBLE

Amryl Kellar	Gertrude Roberts	Valarie Baptiste
Alona Edwards	Ernest Motley	Patrick Mikhail Roberts
Angela Sealy	Gordon Howell	Lorna Dowers
Arlene St. Louis	Gregory Bailey	Lorna Skinner
Barbara Brereton	Greta Julien	Lovetta Brizan
Barbara Hull	Yolanda Drayton	Marlene Jacob
Bernice Felix	Wesley Phillip	Mertie Dash
Brendon Taylor	Jean Cadogan	Michele Clavery
Carole Clyne	Jenifer Dick	Mr. & Mrs. Doyle
Celia Jack	Jennifer Francis	Myrtle Gomes
Che Bernard	Julianna Amarali	Neila Tidd
Christine Davis	Keith Dick	Nolder Pierre
David Thomas	Kizzy David	Yolande Gooding
Doreen Bayley	Sylma Smith	Akesha Edwards
Eastlyn Brathwaite	The Rev Canon Ronald Branche	Mona Charles
Eileen Alphonse	Ulric Munroe	Norma James
Eileen Cuffy	Pearl Darmanie	Olga Went
Eileen Staple	Reomero Roopsingh	Otis Boxhill
Esmie Bruce	Rev. Cheryl Mottley	Simone Bailey
Esther Marie Jones-Moore	Patricia Thomas-Williams	Norma Lewis

Florencia Maharaj
Suresh Balliram

Wendell John
Gemma Balliram

Franklyn Edwards

THE ACT OF PENITENCE

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT: Let us therefore confess our sins.

FORM A

BCP, 123

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

Everyone stands

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **ALL Amen.**

The Greeting of Peace

Form A

BCP, 124

PRESIDENT: We are the body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

PEACE: Let there be peace on earth

Let there be peace on earth
And let it begin with me
Let There Be Peace on Earth
The peace that was meant to be

With God as our Father
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me
Let this be the moment now.

With ev'ry step I take
Let this be my solemn vow
To take each moment and live
Each moment in peace eternally
Let there be peace on earth

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymn: CPWI # 466 Father I place into your hands

Father, I place into your hands

the things that I can't do.

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Father, I place into your hands
the times that I've been through.
Father, I place into your hands
the way that I should go,
for I know I always can trust you.

Father, I place into your hands
my friends and family.
Father, I place into your hands
the things that trouble me.
Father, I place into your hands
the person I would be,
for I know I always can trust you.

Father, we love to seek your face,

we love to hear your voice.
Father, we love to sing your praise,
and in your name rejoice.
Father, we love to walk with you
and in your presence rest,
for we know we always can trust you.

Father, I want to be with you
and do the things you do.
Father, I want to speak the words
that you are speaking too.
Father, I want to love the ones
that you will draw to you,
for I know that I am one with you.

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

THE PRESENTATION OF THE OFFERING

Form A

BCP, 126

PRESIDENT: Through your goodness, Lord, we have this bread and wine to offer, the fruit of the earth and the work of human hands. They will become our spiritual food.

ALL: All things come from you, O Lord, and of your own do we give you. Blessed be God for ever. Amen.

THE DOXOLOGY: Praise God, from whom all blessings flow; Praise Him, all creatures here below; Praise Him above, ye heav'nly host; Praise Father, Son, and Holy Ghost. AMEN.

THE EUCHARIST

PRESIDENT: The Lord be with you.

All: And also with you

PRESIDENT: Lift up your hearts.

All: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

All: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

Holy, holy, holy Lord, God of power and might; heaven and earth are full of your glory, Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Form E

BCP, 142

PRESIDENT: Sovereign Lord and Father, To you be glory and praise for ever. In your boundless wisdom you brought creation into being; In your great love you fashioned us in your image; In your tender compassion you sent your Son, Jesus Christ, our Saviour, to share our human nature; In the power of the Holy Spirit, He overcame the

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power of sin and death and brought your people to new birth as first fruits of your new creation. On the night that He was betrayed He took bread, and when He had given thanks to you, He broke it and gave it to his disciples and said: "Take this, and eat it: This is my Body which is given for you, Do this for the remembrance of me." And after supper He took the cup of wine: and when He had given thanks, He gave it to them and said: "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

PRESIDENT: Therefore, Father, according to the command of your dearly beloved Son

ALL: We remember His death. We proclaim His resurrection. We await His coming in glory

PRESIDENT: And we offer you, Father, our sacrifice of thanks and praise. Send your Holy Spirit on these gifts of bread and wine that they may become the Body and Blood of your Son, Jesus, our Lord and Redeemer. As we partake of this holy food of new and unending life, may your Holy Spirit establish us as a royal priesthood with the Blessed Virgin Mary, St. N and all your sons and daughters who share in your eternal inheritance; Through Jesus Christ our Lord. With Him and in Him and through Him, by the power of the Holy Spirit, we worship you, Father Almighty, with all who stand before you in earth and heaven, in songs of everlasting praise:

ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.

As our Saviour has taught us, so we pray:

Everyone stands

Our Father in heaven, hallowed be your Name; your kingdom come; your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

PRESIDENT: God of promise, You have prepared a Banquet for us.

ALL: Happy are those who are called to the supper of the Lamb.

THE AGNUS DEI

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.

PRESIDENT: The Gifts of God for the People of God.

ALL: Our souls will feast and be satisfied and we will sing glad songs of praise to Him

Communion Hymns: CPWI # 583 Faithful Shepherd, feed me (5:00pm)

Faithful Shepherd, feed me
in the pastures green;
faithful Shepherd, lead me
where thy steps are seen.

Daily bring me nearer
to the heavenly shore;
make my faith grow clearer,
may I love thee more.

Hold me fast, and guide me
in the narrow way;
so, with thee beside me,
I shall never stray.

Hallow every pleasure,
every gift and pain;
be thyself my treasure,
though none else I gain.

Day by day prepare me
as thou seest best,

then let angels bear me
to thy promised rest.

SWTS # 234 Be not afraid (6:00am & 8:00am)

You shall cross the barren desert,
but you shall not die of thirst.
You shall wander far in safety
though you do not know the way.
You shall speak your words to foreign
men
and all will understand.
You shall see the face of God and live.

Refrain:
Be not afraid.
I go before you always.
Come, follow me,
and I will give you rest.

If you pass through raging waters in the

SANS # 34 Return to the Lord (6:00am & 8:00am)

Return to the Lord, return O Israel
He calls to you
For the Lord is full of love and
tender mercy
He waits for your heart

What shall I do with you Oh my people?
This love of yours so quickly disappears

When will you share your bread with the hungry?

sea, you shall not drown.
If you walk amid the burning flames,
you shall not be harmed.
If you stand before the power of hell
and death is at your side,
know that I am with you through it all.
Refrain

Blessed are your poor,
for the kingdom shall be theirs.
Blest are you that weep and mourn,
for one day you shall laugh.
And if wicked men insult and hate you
all because of me,
blessed, blessed are you! **Refrain**

When will you welcome in the homeless poor

I do not take delight in burnt offering
Give me yourself, your crushed and broken heart

And I will plant my law deep within you
Deep in your heart I will inscribe my Name

I love you with a love everlasting
I hold you constantly close to my heart

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

The Post Communion Prayer:

Everyone stands

BCP, 148

Eternal God and Heavenly Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. Send us now into the world in peace and grant us strength and courage to love and serve you, and all persons in you, with gladness and singleness of heart, through your Son Jesus Christ our Lord. Amen.

The Blessing: The blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **ALL: Amen.**

Closing Hymn: CPWI # 564 Will your anchor hold

RESTORE HTC <https://trinityrestorationtt.com/> First Citizens Bank, Maraval Road, Port of Spain. ITACTT Holy Trinity Cathedral

Will your anchor hold in the storms of life,
when the clouds unfold their wings of strife?
When the strong tides lift, and the cables strain,
will your anchor drift, or firm remain?

Refrain:

***We have an anchor that keeps the soul
steadfast and sure while the billows roll;
fastened to the rock which cannot move,
grounded firm and deep in the Saviours love!***

Will your anchor hold in the straits of fear,
when the breakers roar and the reef is near?

While the surges rage, and the wild winds blow,
shall the angry waves then your bark o'erflow?

Refrain

Will your anchor hold in the floods of death,
when the waters cold chill your latest breath?
On the rising tide you can never fail,
while your anchor holds within the veil. **Refrain**

Will your eyes behold through the morning light,
the city of gold and the harbour bright?
Will you anchor safe by the heavenly shore,
when life's storms are past for evermore? **Refrain**

NOTICES AND REMINDERS

GENERAL PARISH NOTICES

- + **HEALTH CHALLENGE:** Immediately after the 8am service all interested persons are to assemble under the tent to be guided to various stations. We will begin with the weigh in, blood pressure and dental screening to kick off Health Week. The weight loss challenge lasts for six (6) weeks.
- + **MOTHERS' UNION LUNCH:** Friday July 31, 2026 from 11:00am to 2:00pm. Cost: chicken - \$60.00 and Fish \$65.00. Tickets can be purchased from members of the Mothers' Union.
- + **PRAYER GROUP:** Quiet Day on September 5th 2026, at the Holy Trinity Cathedral Chapel from 9:00am – 3:00pm.
- + **INFORMATION FOR THE BULLETIN:** ALL entries or requests **must** be forwarded to the Parish Office via parishsec@htctt.org or **623-7271 Ext 2000** on or before **Wednesday 2:00pm** of the week of publication.
- + **ANGLICAN PRAYER BEADS:** are available for sale at \$100 per item. Interested people can place their order with Donna (767-7778) or Brenda (797-0543). Payment in part or in full is encouraged when the order is made.
- + **REDEEM COTTON NOTES:** Persons that are holders of cotton notes \$1, \$5, \$10, \$20, \$50 can bring them into the Parish Office and your donation will go towards the Cathedral Restoration.

Ways To Give

1. **Time:** call parishioners and check on them. Do a drive by visit.
2. **Food:** non-perishable food & toiletries.
3. **Finance** – tithes, thanksgiving offerings and general donations

Bank Name: First Citizens Bank, Independence Square

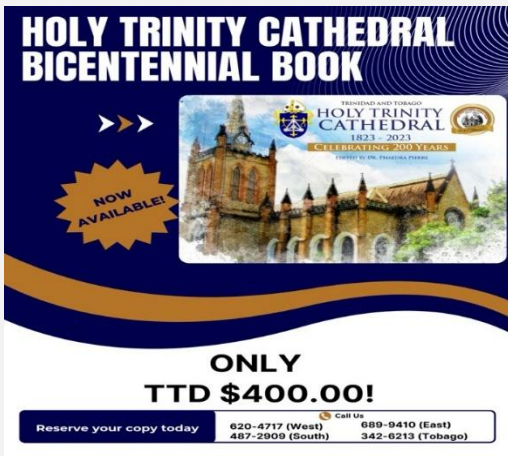
Account Name: INCOR TRUSTEES ANGLICAN DIOCESE T&T/HTC

Account Number: 1841214 **Note: Type the name as is: capitals, symbols and spacing.**

JULY MEETINGS & ACTIVITIES

9th 7:00pm Buildings and Lands Committee Meeting – Virtual

- 10th 5:00pm Worship Preparation Meeting – HTC Chapel
- 12th 11:00am Healing Circle for Youth, Young Adults and Nurturers
- 21st 5:30pm Vestry Meeting – In Person
- 23rd 6:00pm Finance Committee Meeting – Virtual
- 26th 5:00pm Worship Preparation Session – HTC Chapel



+ **GRAB YOUR COPY OF THIS HISTORICAL PUBLICATION** 📖: A Legacy of Faith and Culture: Explore the historical and cultural significance of the Holy Trinity Cathedral (the Mother Church) in its bicentennial publication!_This keepsake is available now for only **TTD \$400.00**. Contact 620-4717 (West), 689-9410 (East), 487-2909 (South) and 342-6213 (Tobago) for purchases. Hurry before they're all gone! **#historicalvoice #theologicalchoice #culturallyrejoice"**

+ **BICENTENNIAL MEMORABILIA:** are still available: T-shirts (\$65), Dri-fit Polos (\$150.00), Magnets (\$25), 4-port USB hubs (\$50), Rosaries (\$150, \$200, \$275 and \$460), Snippets & Secrets Booklet (\$20.00). Call 620-4717 or 683-2261 to order.

OSH CORNER

"PERSONAL SAFETY"

Stay Safe on the Roads

Do!

Look out for each other during the rainy season
Monitor weather conditions and updates from reliable sources
Have an emergency bag ready

CHECK AND REPLACE IF NEEDED

LIGHTS

BATTERY

BRAKES

TYRES

WIPER

FUEL

DON'T

walk, play and drive in drains and flooded streets

EMERGENCY NUMBERS

FIRE	990
AMBULANCE	881
POLICE	999 / 555
TTEC	800-8832/800TTEC
TOBAGO EMERGENCY RELIEF	211

Be Prepared - Stay Safe



NYLA PETERS, AAILYAH MARTINEZ, TEJEANNE-ANAIS WILSON, KERAINA JOEFIELD, JAEDON JOEFIELD, NYOMI STEWART

Congratulations to all our children who sat the SEA examinations!

Today marks the end of one chapter and the beginning of another. We are so proud of your hard work, courage, and determination. No matter the outcome, remember that your value is not measured by an exam, but by the wonderful person God created you to be.

May God continue to guide your steps, bless your future, and grant you success in all that lies ahead. Congratulations, and may your next journey be filled with joy, growth, and new opportunities. *WELL DONE!*

YOUTH MONTH ACTIVITIES:

JULY IS YOUTH MONTH! JULY 5TH - 1ST AUGUST

5-11 HEALTH WEEK
MINI HEALTH SERIES
YOGA AND WALK
HEALTH CHALLENGE

17-19 YOUTH RETREAT
WEEKEND AWAY
GAMES AND FUN
INTERACTIVE YOUTH BIBLE STUDY

26 YOUTH SERVICE & BRUNCH
YOUTH LED MASS
BRUNCH
FUN GAMES AND ACTIVIES

1 COOL DOWN FIELD TRIP
TBA

FOR MORE INFO : HTC YOUTH COUNCIL MEMBERS
DAMALI: 681-8112
KEELEY: 760-8117

JULY IS YOUTH MONTH!
HEALTH WEEK
5TH - 11TH JULY

*Taking care of the body
God provided me.*

SUNDAY 5 JULY		LAUNCH OF HEALTH MONTH CHALLENGE	10AM HTC COMPOUND
MONDAY 6 JULY		MEDICAL DOCTOR WEBINAR	6PM
TUESDAY 7 JULY		AEROBICS	4:30PM HTC COMPOUND
WEDNESDAY 8 JULY		MENTAL HEALTH PROFESSIONAL WEBINAR	6PM
THURSDAY 9 JULY		DENTIST WEBINAR	6PM
SATURDAY 11 JULY		YOGA AND WALK	STARTING AT 4PM HTC COMPOUND

**HEALTHY BODY.
STRONGER YOU.**

+ **THE YOUTH AND YOUNG ADULT MINISTRY** is asking for contributions towards their weekend retreat and persons interested in assisting can contact Keeley 760-8117 or Damali 681-8112

REGIONAL & DIOCESAN NOTICES

ST. CRISPIN ANGLICAN CHURCH

Prayer Breakfast

GUEST SPEAKER: Rev. Fr Jean Paul Henry

THEME: "Renewed by the Spirt" 0086

Saturday 11th July 2026
7.30 am

VENUE: St Agnes Parish Hall
20 Clarence Street, St James

Cost \$200



Under The Patronage of
The Right Reverend Claude Berkley
Anglican Bishop of Trinidad & Tobago

The Helping Hands Committee of St. Jude
Presents

CLERGY & FRIENDS CAN SING...TWO!

Featuring Clergy from Across the Anglican Diocese
of Trinidad & Tobago Led by Bishop Berkley



Date: Saturday 18th July 2026
Venue: Torenia Hall, Centre of Excellence, Macoya
Time: 4pm Till
Cost \$250

IN AID OF ACQUIRING ST. JUDE'S RECTORY

21
**Clergy Members
& Friends**
also featuring
St. Jude Folk Choir !

Hear a wide selection
ranging from
Ballads, Reggae, Pop, Classical,
Religious and Folk songs!

Refreshments on Sale &
Door Prizes to be won!

Tickets available from:
All Parish offices
St Jude Parish Office 667-3656

Helping Hands Committee Members
791-7951 360-0160
372-3821 702-7992
791-6973

Notice

**THE PARISH OFFICE IS
CLOSED ON **MONDAYS.****

**NEW OPENING HOURS
TUE-FRI (8AM-4PM)**

**2ND & 4TH SATURDAYS
(9AM -12NOON)**



HOLY TRINITY
CATHEDRAL

BY ORDER OF MANAGEMENT

Weekly Worship

MONDAY - FRIDAY | 6:30 AM

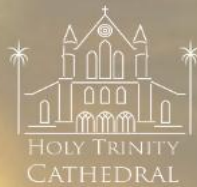
Morning Prayer (Facebook Online)

MONDAY - FRIDAY | 12 NOON

Midday Mass - HTC Main Chapel

SUNDAY - FRIDAY | 9 PM

Compline (Facebook Online)



SMALL GROUP ACTIVITIES

Join us in the All-Souls Virtual Chapel

Zoom Meeting ID: **875 0223 3875** | Password: **Worship**

- Mondays at 5:00 PM Bible Study
- Thursdays at 5:00 PM Prayer Group
- Fridays at 1:30 PM Bible Study - **In person at the Parish Chapel**

DIVINE OFFICE READINGS

DATE	MORNING	EVENING
SUNDAY 5TH	<ul style="list-style-type: none"> ± Psalms 146, 147 ± Numbers 27:12-23 ± Mark 1:14-20 	<ul style="list-style-type: none"> ± Psalms 111, 112, 113 ± 1 Samuel 14:36-45 ± Acts 19:11-20
MONDAY 6TH <i>Thomas More, 1535</i>	<ul style="list-style-type: none"> • Psalms 1,2, 3 • Numbers 32:1-6,16-27 • Matthew 23:1-12 	<ul style="list-style-type: none"> • Psalms 4, 7 • 1 Samuel 15:1-3, 7-23 • Romans 8:26-30
TUESDAY 7TH	<ul style="list-style-type: none"> ± Psalms 5, 6 ± Numbers 35:1-3, 9-15, 30-34 ± Matthew 23:13-26 	<ul style="list-style-type: none"> ± Psalms 10, 11 ± 1 Samuel 15:24-35 ± Romans 8:31-39
WEDNESDAY 8TH	<ul style="list-style-type: none"> • Psalm 119:1-24 • Deuteronomy 1:1-18 • Matthew 23:27-39 	<ul style="list-style-type: none"> • Psalms 12, 13,14 • 1 Samuel 16:1-13 • Romans 9:1-18
THURSDAY 9TH	<ul style="list-style-type: none"> ± Psalm 18:1-20 ± Deuteronomy 3:18-28 ± Matthew 24:1-14 	<ul style="list-style-type: none"> ± Psalm 18:21-50 ± 1 Samuel 16:14—17:11 ± Romans 9:19-33
FRIDAY 10TH	<ul style="list-style-type: none"> • Psalms 16, 17 • Deuteronomy 31:7-13, 24—32:4 • Matthew 24:15-31 	<ul style="list-style-type: none"> • Psalm 22 • 1 Samuel 17:17-30 • Romans 10:1-13
SATURDAY 11TH <i>Benedict of Nursia, Abbot, c. 540</i>	<ul style="list-style-type: none"> ± Psalms 20, 21:1-7(8-14) ± Deuteronomy 34:1-12 ± Matthew 24:32-51 	<ul style="list-style-type: none"> ± Psalms 110:1-5(6-7), 116, 117 ± 1 Samuel 17:31-49 ± Romans 10:14-21 <p><i>Collect for Proper 10</i></p>

LITURGY OF THE WORD READINGS (Weekends)

EUCCHARIST READINGS FOR SUNDAY July 12, 2026

The Seventh Sunday after Pentecost — Proper 10

Year A

± **1st Reading:** Isaiah 55:10-13

Psalm: 65: 1-14

± **2nd Reading:** Romans 8:1-11

Gospel: Matthew 13:1-9,18-23