



HOLY TRINITY CATHEDRAL

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PARISH BULLETIN

Come and worship with us!

CELEBRATION OF THE HOLY EUCHARIST

SATURDAY: 5:00PM | SUNDAY MORNING: 6:00AM & 8:00AM

FAMILY SERVICE

FOURTH SUNDAY OF THE MONTH: 11:00AM

**TWELFTH SUNDAY AFTER PENTECOST
PROPER - 15**

SATURDAY AUGUST 15, 2026 - 5:00PM

**SUNDAY AUGUST 16, 2026 - 6:00& 8:00AM
YEAR A**



ORDER OF SERVICE

Introit Hymn:	<i>Immortal, invisible, God only wise</i>	CPWI # 228
Opening Sentence		BCP, 59/32
The Invitatory (O Gracious Light/Jubilate)		BCP, 63/37
The Act of Penitence		BCP, 65/38

THE MINISTRY OF THE WORD

Psalm 67		BCP, 549
The First Lesson:	Isaiah 56:1,6-8	
The Magnificat		BCP, 67
The Benedictus		BCP, 40
The Epistle:	Romans 11:1-2a, 29-32	
The Sequence Hymn:	(5 PM) <i>Approach, my soul</i>	CPWI # 482
	(6:00 & 8:00 AM) <i>He touched me (Shackled by a heavy burden)</i>	<i>Bulletin</i>
The Gospel:	Matthew 15: (10-20), 21-28	
The Sermon		
The Apostles' Creed		BCP, 69/42
The Suffrages		BCP, 70/43
The Collect: The Twelfth Sunday after Pentecost – Proper XV		BCP, 177
The Intercession:	Form H	BCP, 111
The Greeting of Peace:	Form A	BCP, 124

THE PRESENTATION OF THE OFFERINGS

The Offertory Hymn:	(5 PM) <i>What a friend we have in Jesus</i>	CPWI # 491
	(6:00 & 8:00 AM) <i>What a wonderful change</i>	SWTS # 222
The Offertory Prayer:	Form A	BCP, 126
The Doxology		<i>Bulletin</i>

THE EUCHARIST

Proper Preface:	Of God the Father	BCP, 130
The Eucharistic Prayer:	Form A	BCP, 131
The Distribution of Holy Communion:	<i>All to Jesus I surrender</i>	CPWI # 494
	<i>Amazing Grace (my chains are gone)</i>	<i>bulletin</i>
The Post-Communion Prayer		BCP, 147

THE DISMISSAL

The Final Blessing		
Recessional Hymn:	(5 PM) <i>And can it be</i>	CPWI # 496
	(6:00 & 8:00 AM) <i>I once was lost in sin</i>	SWTS # 101

THE PREPARATION

INTROIT HYMN: *CPWI # 228 Immortal, invisible, God only wise*

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and
love.

To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish; but naught changeth thee.

Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

OPENING SENTENCES: (5:00PM) Jesus said; "I am the light of the world; whoever follows me will not walk in darkness but will have the light of life. *John 8:12*

(6:00AM & 8:00AM) Let me hear of your loving kindness in the morning for I put my trust in you: Show me the road that I must walk for I lift up my soul to you. *Psalms 143:8*

V. Blessed be the Lord our God,

R. **By whose grace we are yet alive.**

V. Blessed be His Son Jesus Christ,

R. **By whose rising we are set free.**

V. Blessed be the Spirit of God,

R. **In whom is our hope and our joy.**

Father, we come together in the Name of your Son Jesus Christ, our Redeemer, to offer you our worship, praise and thanksgiving. To you belong all power and glory. You are the source of all goodness. Let our worship bear witness to your peace and saving power. Through your Spirit may we ever rejoice in the abiding presence of our risen and ascended Lord. Amen.

O Gracious Light (5:00PM)

O gracious light, pure brightness of the everlasting Father in heaven, O Jesus Christ, holy and blessed! Now as we come to the setting of the sun, and our eyes behold the vesper light, we sing your praises, O God: Father, Son, and Holy Spirit. You are worthy at all times to be praised by happy voices, O Son of God, O Giver of life, and to be glorified through all the worlds.

The Jubilate (6:00AM AND 8:00AM)

1. Be joyful in the' Lord, all you.' lands; *
 serve the Lord with gladness
 and come before his' presence' with a' song.
2. Know this: The Lord him' self is' God; *
 he himself has made us, and we are his;
 we are his' people. and the.' sheep of. his' pasture.
3. Enter his gates with thanksgiving;
 go into his' courts with' praise;*
 give thanks to' him and' call up. on His' Name.

4. For the Lord is good;
his mercy is' ever' lasting;*
and his faithfulness en' dures from' age to' age.

Gloria Patri

Glory to the Father, and' to the' Son,* and' to the' Holy' Spirit:
As it was in the be' ginning., is' now,* and' shall be. for' ever. A' men.

MINISTER: Lord, we pray to you for the forgiveness of our sins.

ALL: Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honour and glory of your Name; through Jesus Christ our Lord. Amen.

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

THE MINISTRY OF THE WORD
(The congregation sits for the readings)

PSALM 67

Deus misereatur

BCP, 549

1. May God be merciful to us and bless us, * show us the light of his countenance and come to us.
2. Let your ways be known upon earth, * your saving health among all nations.
3. Let the peoples praise you, O God; * let all the peoples praise you.
4. Let the nations be glad and sing for joy, * for you judge the peoples with equity and guide all the nations upon earth.
5. Let the peoples praise you, O God; * let all the peoples praise you.
6. The earth has brought forth her increase; * may God, our own God, give us his blessing.
7. May God give us his blessing, * and may all the ends of the earth stand in awe of him.

THE FIRST READING: ISAIAH 56:1,6-8 **A Reading from the book of Isaiah chapter 56 beginning at verse 1**
5:00PM CAMILLE GREGOIRE 6:00AM STANLEY DRAKES 8:00AM CANDICE MARKS-TROTMAN

Thus says the Lord: Maintain justice, and do what is right, for soon my salvation will come, and my deliverance be revealed. And the foreigners who join themselves to the Lord, to minister to him, to love the name of the Lord, and to be his servants, all who keep the sabbath, and do not profane it, and hold fast my covenant-- these I will bring to my holy mountain, and make them joyful in my house of prayer; their burnt offerings and their sacrifices will be accepted on my altar; for my house shall be called a house of prayer for all peoples. Thus says the Lord God, who gathers the outcasts of Israel, I will gather others to them besides those already gathered.

Reader: The Word of the Lord

All: Thanks be to God

5:00PM - THE MAGNIFICAT: LUKE 1:46-55

My soul proclaims the greatness of the Lord, my spirit rejoices in you, O God my Saviour, for you have looked with favour on your lowly servant, from this day all generations will call me blessed: You, the Almighty, have done great things for me, and holy is your Name. You have mercy on those who fear you from generation to generation; you have shown strength with your arm and scattered the proud in their conceit, casting down the mighty from their thrones and lifting up the lowly. You have filled the hungry with good things and the rich you have sent away empty. You have come to the help of your servant Israel,

for you have remembered your promise of mercy, The promise made to our forebears, to Abraham and his children forever. Glory to the Father, and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be forever. Amen.

6:00AM & 8:00AM - THE BENEDICTUS (LUKE 1:68-79)

Blessed are you, Lord the' God of' Israel* you have come to your' people. and' set them' free.

You have raised up for us a' mighty' Saviour* born of the' house of. your' servant' David.

Through your holy prophets, you promised of old to save us' from our' enemies:* from the' hands of' all that' hate us,

To show mercy' to our' forebears,* and to re' member. your' holy' covenant.

This was the oath you swore to our' father' Abraham:* to set us' free. from the' hands of. our' enemies,

Free to worship' you without' fear:* holy and righteous before you, all the' days of. our' life.

And you child, shall be called the prophet of the' Most' High:* for you will go before the' Lord. to pre' pare the' way,

To give God's people' knowledge of. sal' vation:* by the for' giveness' of their' sins.

In the tender com' passion of. our' God:* the dawn from on' high shall' break up' on us.

To shine upon those who dwell in darkness and the' shadow. of' death:* and to guide our feet' into. the' way of' peace.

Gloria Patri: Glory be to the Father and' to the Son, And' to the Holy Spirit.

As it was in the be' ginning, is now. And' shall be' for' ever, A' men.

THE EPISTLE: ROMANS 11:1-2A, 29-32.

A Reading from the book of Romans chapter 11 beginning at verse 1

5:00PM NYLA PETERS

6:00AM GAN PING D'ANDRADE

8:00AM BIBLE CLASS

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Reader: The Word of the Lord

All: Thanks be to God

The congregation stands for the sequence hymn

Sequence Hymn: CPWI # 482 Approach, my soul (5:00 PM)

Approach, my soul, the mercy--seat,
where Jesus answers prayer;
there humbly fall before his feet,
for none can perish there.

Bowed down beneath a load of sin,
by Satan sorely pressed,
by war without, and fears within,
I come to thee for rest.

Thy promise is my only plea,
with this I venture nigh:
thou callest burdened souls to thee,
and such, O Lord, am I.

Be thou my shield and hiding place,
that, sheltered near thy side,
I may my fierce accuser face,
and tell him, thou hast died.

Oh wondrous Love, to bleed and die,
to bear the cross and shame,
that guilty sinners, such as I,

might plead thy gracious name!

Sequence Hymn: He touched me (Shackled by a heavy burden) (6:00 & 8:00 AM)

Shackled by a heavy burden
'Neath a load of guilt and shame
Then the hand of Jesus touched me
And now I am no longer the same

Chorus

**He touched me, oh He touched me
And oh the joy that floods my soul!**

**Something happened and now I know
He touched me and made me whole**

Since I met this blessed Savior
Since He's cleansed and made me whole
Oh I will never cease to praise Him (to praise)
I'll shout it while eternity rolls

Chorus

GOSPEL ACCLAMATION: THE ALLELUIA CHORUS

A reading from the Holy Gospel according to Matthew

ALL stand for the Gospel

All: Glory to Christ our Saviour

THE GOSPEL: MATTHEW 15: (10-20), 21-28

[Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."] Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Gospel of Christ

ALL: Praise to Christ our Lord

SAN MATEO 15: (10-20), 21-28

[Jesús llamó a la gente y dijo: —Escuchen y entiendan: Lo que entra por la boca del hombre no es lo que lo hace impuro. Al contrario, lo que hace impuro al hombre es lo que sale de su boca. Entonces los discípulos se acercaron a Jesús y le preguntaron: — ¿Sabes que los fariseos se ofendieron al oír lo que dijiste? Él les contestó: —Cualquier planta que mi Padre celestial no haya plantado, será arrancada de raíz. Déjenlos, pues son ciegos que guían a otros ciegos. Y si un ciego guía a otro, los dos caerán en algún hoyo. Pedro entonces le dijo a Jesús: —Explícanos lo que dijiste. Jesús respondió: —¿Ni siquiera ustedes son todavía capaces de comprender? ¿No entienden que todo lo que entra por la boca va al vientre, para después salir del cuerpo? Pero lo que sale de la boca viene del interior del hombre; y eso es lo que lo hace impuro. Porque del interior del hombre salen los malos pensamientos, los asesinatos, el adulterio, la inmoralidad sexual, los robos, las mentiras y los insultos. Estas cosas son las que hacen impuro al hombre; pero el comer sin cumplir con la ceremonia de lavarse las manos, no lo hace impuro.] Jesús se dirigió de allí a la región de Tiro y Sidón. Y una mujer cananea, de aquella región, se le acercó, gritando: —¡Señor, Hijo de David, ten compasión de mí! ¡Mi hija tiene un demonio que la hace sufrir mucho! Jesús no le contestó

nada. Entonces sus discípulos se acercaron a él y le rogaron: —Dile a esa mujer que se vaya, porque viene gritando detrás de nosotros. Jesús dijo: —Dios me ha enviado solamente a las ovejas perdidas del pueblo de Israel. Pero la mujer fue a arrodillarse delante de él, diciendo: —¡Señor, ayúdame! Jesús le contestó: —No está bien quitarles el pan a los hijos y dárselo a los perros. caen de la mesa de sus amos. Ella le dijo: —Sí, Señor; pero hasta los perros comen las migajas que Entonces le dijo Jesús: —¡Mujer, qué grande es tu fe! Hágase como quieres. Y desde ese mismo momento su hija quedó sana.

El Evangelio del Señor.

Te alabamos, Cristo Señor

THE SERMON

THE APOSTLES' CREED

(Everyone stands for the Creed and the Prayers)

I believe in God the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. **Amen.**

THE SUFFRAGES

V. Lord, reveal your love among us;	R. That we may know the joy of your salvation.
V. Grant peace within and among all nations;	R. And teach our leaders wisdom.
V. Endow your Church with faithfulness;	R. And her servants with knowledge and true godliness.
V. Defend, O Lord, the rights of the poor and the oppressed;	R. That your justice may be known among all people.
V. Lord, renew your spirit within us;	R. That in us and through us your will may be done.

THE COLLECT FOR THE TWELFTH SUNDAY AFTER PENTECOST: Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE COLLECT FOR SATURDAY: God, the source of eternal light: shed forth your unending day upon us who watch for you, that our lips may praise you, our lives may bless you, and our worship on the morrow give you glory; through Jesus Christ our Lord. **Amen.**

THE COLLECT FOR SUNDAY: O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favour; through Jesus Christ our Lord. **Amen.**

INTERCESSORY PRAYERS:

FORM H

BCP, 120

5:00PM

6:00AM JOSEPH CIPRIANI

8:00AM BIBLE CLASS

We Pray For:

THE ANGLICAN COMMUNION: The Right Reverend & Right Honourable Dame Sarah Mullally, Archbishop of Canterbury and The Church in Wales.

THE PROVINCE: The Most Reverend Philip Wright, Archbishop, and The Diocese of Barbados, The Rt. Rev Michael Maxwell.

THE DIOCESE: The Rt. Rev. Claude Berkley, Diocesan Bishop, and The Parish of St. Clement, Naparima, The

Rev. Fr. Errol Inshanally, priest in charge, The Rev. Patrick Webb, deacon; UTT Point Lisas, and Diocesan Seminarians: Maia Williams, Tishonne Francis, and Stephen Jones.

THE PARISH: The Clergy, the Vestry, the Bible Class, schools and communities within our parish boundaries, the City Corporation, and the Mayor of Port of Spain.

THANKSGIVINGS AND ANNIVERSARIES:

Birthdays: Kal-El Willis, Judith Clarke, Kadisha McFarlane, Kymani Ferguson, Angel Urien

Baptism: Tricia Stewart & Vanessa Bonas

Recently Departed: Elise Grant.

Anniversary of Death: Christopher Drakes & Esme Morris 9th and Althea Sylvester & Janet Hamilton 6th. May they rest in peace.

INTERCESSORY PRAYERS:

FORM H

BCP, 120

LEADER: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. **Silence**

LEADER: Lord in your mercy

ALL: Hear our prayer.

LEADER: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good. **Silence**

LEADER: Lord in your mercy

ALL: Hear our prayer.

LEADER: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory. **Silence**

LEADER: Lord in your mercy

ALL: Hear our prayer.

LEADER: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as He loves us. **Silence**

LEADER: Lord in your mercy

ALL: Hear our prayer.

LEADER: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. **Silence**

LEADER: Lord in your mercy

ALL: Hear our prayer.

LEADER: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. **Silence**

LEADER: Lord in your mercy

ALL: Hear our prayer.

BIBLE CLASS PRAYER: Almighty God, you have taught us that your word is a lamp for our feet and a light for our path. Help us, and all who prayerfully read your word, to deepen our fellowship with one another through your love. And in so doing may we come to know you more fully, love you more truly, and follow more faithfully in the steps of your Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God for evermore. **Amen.**

PRAYER FOR RESTORATION: Heavenly Father, you hear the call of sinners who turn to you seeking to do your will; Look with gracious love and compassion on all who seek and work towards the restoration of this house of prayer. Send your Holy Spirit to help fix our attention, not on things seen, but on things that are unseen. May we become as living stones and let ourselves be used in building the spiritual temple where we will serve as a royal priesthood,

a holy nation to offer acceptable sacrifices to God through Jesus Christ our Lord. **Amen.**

PRAYER FOR THE SICK: Heavenly Father, giver of life and health, comfort and relieve your sick servants and give your power of healing to those who minister to their needs. We pray that those for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care and experience your healing grace; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, One God, now and forever. **Amen.**

ALL: Hasten, O Father, the coming of your Kingdom; and grant that we servants, who now live by faith, may with joy behold your Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. Amen.

THE SICK, HOMEBOUND, THE DISTRESSED OR THOSE IN TROUBLE

Amryl Kellar	Gertrude Roberts	Valarie Baptiste
Alona Edwards	Ernest Motley	Yvonne Davis
Angela Sealy	Gordon Howell	Lorna Dowers
Arlene St. Louis	Gregory Bailey	Lorna Skinner
Barbara Brereton	Greta Julien	Lovetta Brizan
Barbara Hull	Yolanda Drayton	Marlene Jacob
Bernice Felix	Wesley Phillip	Mertie Dash
Brendon Taylor	Jean Cadogan	Francis Joseph
Carole Clyne	Jenifer Dick	Mr. & Mrs. Doyle
Celia Jack	Jennifer Francis	Myrtle Gomes
Che Bernard	Julianna Amarali	Neila Tidd
Christine Davis	Keith Dick	Nolder Pierre
David Thomas	Kizzy David	Yolande Gooding
Doreen Bayley	Sylma Smith	Akesha Edwards
Eastlyn Brathwaite	The Rev Canon Ronald Branche	Mona Charles
Eileen Alphonse	Ulric Munroe	Norma James
Eileen Cuffy	Pearl Darmanie	Olga Went
Eileen Staple	Reomero Roopsingh	Otis Boxhill
Esmie Bruce	Rev. Cheryl Mottley	Simone Bailey
Florecia Maharaj	Wendell John	Franklyn Edwards
Suresh Balliram	Gemma Balliram	Jemma Carrabon

The Greeting of Peace

Form A

BCP, 124

PRESIDENT: We are the body of Christ. By the one Spirit we were all baptized into one Body, and have all been made to drink of the one Spirit.

ALL: Let us then pursue the things that make for peace and build up the common life.

PRESIDENT: The peace of the Lord be always with you.

ALL: And also with you.

PEACE: Let there be peace on earth

Let there be peace on earth

And let it begin with me

Let There Be Peace on Earth

The peace that was meant to be

With God as our Father
Children all are we
Let us walk with each other
In perfect harmony.

Let peace begin with me

Let this be the moment now.

With ev'ry step I take
Let this be my solemn vow
To take each moment and live
Each moment in peace eternally
Let there be peace on earth

THE PRESENTATION OF THE OFFERINGS

***The Offertory Hymn: CPWI # 491 What a friend we have in Jesus* (5 PM)**

What a friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry
everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear -
all because we do not carry
everything to God in prayer.

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged:
take it to the Lord in prayer!

Can we find a friend so faithful,
who will all our sorrows share?
Jesus knows our every weakness -
take it to the Lord in prayer.

Are we weak and heavy .. laden,
cumbered with a load of care?
Precious Saviour, still our refuge!
Take it to the Lord in prayer!
Do thy friends despise, forsake thee?
Take it to the Lord in prayer!
In his arms he'll take and shield thee,
thou wilt find a solace there.

SWTS # 222 What a wonderful change

What a wonderful change in my life has been
wrought
Since Jesus came into my heart!
I have light in my soul for which long I had sought,

Refrain

Since Jesus came into my heart.

***Since Jesus came into my heart, Since Jesus came
into my heart,***

***Floods of joy o'er my soul Like the sea billows
roll,***

Since Jesus came into my heart.

I'm possessed of a hope that is steadfast and sure,

(6:00 & 8:00 AM)

Since Jesus came into my heart!
And no dark clouds of doubt now my path way
obscure,
Since Jesus came into my heart! ***Refrain***

There's a light in the valley of death now for me,
Since Jesus came into my heart!
And the gates of the city beyond I can see,
Since Jesus came into my heart! ***Refrain***

I shall go there to dwell in that city, I know,
Since Jesus came into my heart!
And I'm happy, so happy, as onward I go
Since Jesus came into my heart. ***Refrain***

**ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND
REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP**

The Offertory Prayer: Form A

Everyone stands

BCP, 126

PRESIDENT: Through your goodness, Lord, we have this bread, this wine, and this money to offer, the fruit of the earth and the work of human hands. They will become our spiritual food.

ALL: All things come from you, O Lord, and of your own do we give you. Blessed be God for ever. Amen.

THE DOXOLOGY: Praise God, from whom all blessings flow; Praise Him, all creatures here below; Praise Him above, ye heav'nly host; Praise Father, Son, and Holy Ghost. AMEN.

THE EUCHARIST

PRESIDENT: The Lord be with you.

All: And also with you.

PRESIDENT: Lift up your hearts.

All: We lift them up to the Lord.

PRESIDENT: Let us give thanks to the Lord our God.

All: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Form A

BCP, 131

PRESIDENT: All Holy and glorious Father, our Creator God, we give you thanks because in your loving wisdom you brought all things into being, and are truly worthy of praise from every creature you have made. Again and again we have turned away from you; yet in every age your steadfast love has called us to return, to live in union with you: for it is your eternal purpose to put new life into all things and make them holy. Through your Son, Jesus Christ who took our human nature upon Him you have redeemed the world from the bondage of sin: and by the power of your Holy Spirit you have gathered a people to yourself, to make known in every place His perfect offering which He made to the glory of your Name. Hear us, therefore, Father, through your Son, Jesus Christ our Lord; And grant that these gifts of bread and wine may be unto us His Body and Blood. For, on the night He was betrayed He took bread, and when He had given thanks to you, He broke it and gave it to His disciples and said: "Take this, and eat it: This is my Body which is given for you. Do this for the remembrance of me." And after supper He took the cup of wine: and when He had given thanks, He gave it to them and said: "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

PRESIDENT: Let us proclaim the mystery of our faith.

ALL: Christ has died. Christ is risen. Christ will come again.

PRESIDENT: And so, Heavenly Father, rejoicing in His Holy Incarnation; His Blessed Passion and His Perfect Sacrifice made once for all upon the Cross; His Mighty Resurrection from the dead; His Glorious Ascension into heaven; and looking for His Coming in glory; we offer to you this Bread and this Cup. We pray that you will accept this sacrifice of praise and thanksgiving; and grant that all who eat and drink of the Body and Blood, of your Son, our great High Priest, may be renewed by your Holy Spirit, and be one Body, one Spirit, in Him. Let faith and love increase in us. Unite us with all Bishops, all other ministers of your Word and Sacraments, and with the whole people of God, living and departed, whom you have made for yourself. Confirm us in holiness, that we may be found ready to join the company of the Blessed Virgin Mary, the Holy Apostles, and all your saints, when our Lord Jesus Christ comes again: Forever giving you thanks and praise through Him from whom all good

things do come. With Him, and in Him, and through Him, by the power of the Holy Spirit, we worship you, Father Almighty, with all who stand before you in earth and heaven in songs of everlasting praise:

ALL: Blessing and honour and glory and power be yours for ever and ever. Amen.

As our Saviour has taught us, so we pray:

Everyone stands

ALL: Our Father in heaven hallowed be your Name; your kingdom come; your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE BREAKING OF THE BREAD

PRESIDENT: We break this bread to share in the body of Christ.

ALL: Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.

PRESIDENT: The Gifts of God for the People of God.

ALL: Our souls will feast and be satisfied and we will sing glad songs of praise to Him

Communion Hymns: CPWI # 494 All to Jesus I surrender

All to Jesus I surrender,
all to him I freely give;
I will ever love and trust him,
in his presence daily live.

All to Jesus I surrender,
make me, Saviour, wholly thine;
let me feel the Holy Spirit,
truly know that thou art mine. **Refrain**

Refrain:

***I surrender all, I surrender all,
all to thee, my blessed Saviour,
I surrender all.***

All to Jesus I surrender,
Lord, I give myself to thee;
fill me with thy love and power,
let thy blessing fall on me. **Refrain**

All to Jesus I surrender,
humbly at his feet I bow;
worldly pleasures all forsaken,
take me, Jesus, take me now. **Refrain**

All to Jesus I surrender,
now I feel the sacred flame;
O the joy of full salvation!
Glory, glory to his name! **Refrain.**

CPWI # 495 Amazing Grace (my chains are gone)

Amazing grace - how sweet the sound -
that saved a wretch like me!
I once was lost, but now am found,
was blind, but now I see.

how precious did that grace appear
the hour I first believed.

Refrain

***My chains are gone, I've been set free
My God, my Saviour has ransomed me
And like a flood His mercy reigns***

'Twas grace that taught my heart to fear,
and grace my fears relieved;

Unending love, amazing grace

The Lord has promised good to me,
His word my hope secures.
He will my shield and portion be,
As long as life endures. **R**

The earth shall soon dissolve like snow,
The sun forbear to shine.
But God, who called me here below,
Will be forever mine.
Will be forever mine.
You are forever mine. **R**

ABSOLUTELY NO MOVING AROUND OR IDLE CHATTER AT THIS TIME. SILENCE AND REVERENCE ARE REQUIRED AS THIS IS THE MOST SACRED TIME OF OUR WORSHIP

The Post Communion Prayer:

Everyone stands

BCP, 147

Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

The Blessing: The blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always. **ALL: Amen.**

Closing Hymn: CPWI # 496 And can it be

(5 PM)

And can it be that I should gain
an interest in the Saviour's blood?
Died he for me, who caused his pain?
For me, who him to death pursued?
Amazing love! How can it be
that thou, my God, shouldst die for me!

'Tis mystery all! The Immortal dies:
who can explore his strange design?
In vain the first-born seraph tries
to sound the depths of love divine.
'Tis mercy all! Let earth adore,
let angel minds inquire no more.

He left his Father's throne above -
so free, so infinite his grace -
emptied himself of all but love,
and bled for Adam's helpless race.

'Tis mercy all, immense and free;
for, O my God, it found out me!

Long my imprisoned spirit lay
fast bound in sin and nature's night;
thine eye diffused a quickening ray -
I woke, the dungeon flamed with light;
my chains fell off, my heart was free.
I rose, went forth, and followed thee.

No condemnation now I dread;
Jesus, and all in him, is mine!
Alive in him, my living Head,
and clothed in righteousness divine.
Bold I approach the eternal throne,
and claim the crown, through Christ my own.

SWTS # 101 I once was lost in sin

(6:00 & 8:00 AM)

I was once lost in sin but Jesus took me in,
And then a little light from heaven filled my soul;
It bathed my heart in love and wrote my name above,
And just a little talk with Jesus made me whole.

Refrain

***Now let us have a little talk with Jesus,
Let us tell him all about our troubles,
He will hear our faintest cry, and He will answer by
and by;
Now when you feel a little prayer wheel turning,***

***And you know a little fire is burning,
You will find a little talk with Jesus makes it right.***

Sometimes my way seems drear, without a ray of cheer,
And then a cloud of doubt may hide the light of day;
The mists of sin may rise and hide the starry skies,
And just a little talk with Jesus clears the way. ***Refrain***

I may have doubts and fears, my eyes be filled with tears,

But Jesus is a friend who watches day and night;
I go to him in prayer, he knows my every care.

And just a little talk with Jesus makes it right. **Refrain**

NOTICES AND REMINDERS

GENERAL PARISH NOTICES

- + **CONFIRMATION CLASS:** Sunday 16th August, 2026 from 10:30am to 1:30pm. Walk with sandwiches and snacks.
- + **PRAYER GROUP:** Quiet Day on September 5th 2026, at the Holy Trinity Cathedral Chapel from 9:00am – 3:00pm.
- + **CONGREGATIONAL SUNDAY** – August 30th 2026. Please attend to hear about the business of the Church.
- + **BLUE SUNDAY**- August 30th 2026. Kindly collect an envelope and place \$100 inside as a contribution. Your support is greatly appreciated.
- + **INFORMATION FOR THE BULLETIN:** ALL entries or requests **must** be forwarded to the Parish Office via parishsec@htctt.org or **623-7271 Ext 2000** on or before **Wednesday 2:00pm** of the week of publication.
- + **ANGLICAN PRAYER BEADS:** are available for sale at \$100 per item. Interested people can place their order with Donna (767-7778) or Brenda (797-0543). Payment in part or in full is encouraged when the order is made.
- + **REDEEM COTTON NOTES:** Persons that are holders of cotton notes \$1, \$5, \$10, \$20, \$50 can bring them into the Parish Office and your donation will go towards the Cathedral Restoration.

Ways To Give

1. **Time:** call parishioners and check on them. Do a drive by visit.

2. **Food:** non-perishable food & toiletries.

3. **Finance** – tithes, thanksgiving offerings and general donations

Bank Name: First Citizens Bank, Independence Square

Account Name: INCOR TRUSTEES ANGLICAN DIOCESE T&T/HTC

Account Number: 1841214 **Note: Type the name as is: capitals, symbols and spacing.**

SEPTEMBER MEETINGS & ACTIVITIES

11 th	5:00pm: Worship Preparation Session (HTC Chapel)
15 th	Vestry Meeting (In person)
18 th	5:00pm: Worship Preparation Session (HTC Chapel)
22 nd	6:00pm: Finance Meeting (Virtual)
25 th	5:00pm: Worship Preparation Session (HTC Chapel)
29 th	5:30pm: NWRC Meeting (Virtual)

Please note that Worship Preparation sessions continue as usual in the month of August – Fridays at 5pm

Ushers, servers and layministers assigned for 22nd and 23rd August must attend the next meeting on Friday 21st August. Additionally, **lectors Khyan and Alyssa Mansano, Surayyah Carrington, Brendan Taylor, Jean-Paul Barrimond, Tevin Titus, Damali Manning.** The members of the Youth Group selected to read the second lesson and the intercessions must attend as well.

HOLY TRINITY CATHEDRAL BICENTENNIAL BOOK

Now Available!

ONLY
TTD \$400.00!

Reserve your copy today

Call Us
620-4717 (West) 689-9410 (East)
487-2909 (South) 342-6213 (Tobago)

+ **GRAB YOUR COPY OF THIS HISTORICAL PUBLICATION** 📖: A Legacy of Faith and Culture: Explore the historical and cultural significance of the Holy Trinity Cathedral (the Mother Church) in its bicentennial publication! This keepsake is available now for only **TTD \$400.00**. Contact 620-4717 (West), 689-9410 (East), 487-2909 (South) and 342-6213 (Tobago) for purchases. Hurry before they're all gone! **#historicalvoice #theologicalchoice #culturallyrejoice**

+ **BICENTENNIAL MEMORABILIA**: are still available: T-shirts (\$65), Dri-fit Polos (\$150.00), Magnets (\$25), 4-port USB hubs (\$50), Rosaries (\$150, \$200, \$275 and \$460), Snippets & Secrets Booklet (\$20.00). Call 620-4717 or 683-2261 to order.

HOLY TRINITY CATHEDRAL

2026 SCHOOL SUPPLIES DRIVE

JULY 15TH – AUGUST 15TH

We are inviting HTC family and friends to support our School Supply Drive by contributing the following items:

- A.** Pens, Pencils, Erasers, Sharpeners, Rulers, Pencil Cases;
- B.** Notebooks, Exercise Books, Drawing Books, Folder Pages, Sketch Pads
- C.** Geometry Sets, Copy Paper, Coloured Pencils, Drawstring Bags, Crayons, Highlighters etc.

PLEASE CONTACT:

Tishonne: 497-2850 Elizabeth: 779-6153

+ **2026 HTC SCHOOL SUPPLIES DRIVE**: HTC Family and Friends are invited to contribute stationery items from 15 July – 15 August, 2026. Contact: Tishonne 497-2850 or Elizabeth 779-6153.

BUILDING PEACEFUL FOUNDATIONS SUMMER INSTITUTE

A PILOT FOR A NATIONAL PEACE EDUCATION INITIATIVE

EQUIPPING ALL WHO IMPACT YOUTH
STRENGTHENING LEADERS. BUILDING PEACE. TRANSFORMING COMMUNITIES.

FOR:

- Educators
- Administrators
- Mentors
- Church Leaders
- Youth Leaders
- Anyone who is a part of the youth formation nexus

AGES 19 AND UP

WHAT YOU'LL GAIN

Gain practical tools and strategies to foster peace, support youth well-being, lead positive change, resolve conflict, and build strong partnerships—while connecting with a network of like-minded leaders committed to youth formation and peacebuilding.

REGISTER TODAY!
SCAN THE QR CODE TO SIGN UP.

SPACES ARE LIMITED!
Don't miss out!

Facilitated by
MERCEDES ALLSOP
Educator and Youth Mentor
Founder, Our Futures Foundation

DATES
August 24–28, 2026

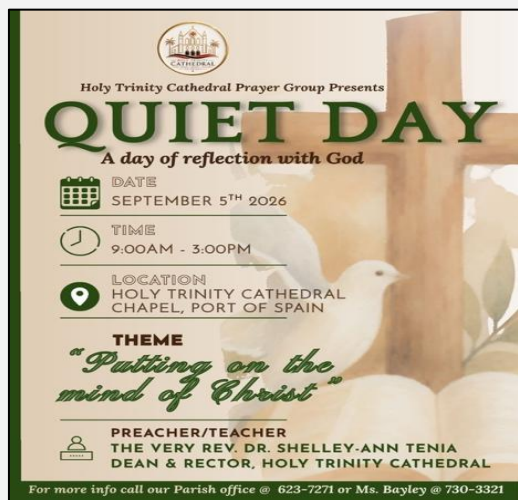
TIME
10:00 AM – 2:00 PM

LOCATION
Trinity Junior School
Melbourne St.
Port of Spain

COST
\$100 (for the week)

QUESTIONS? Call us! | 495-5596

+ **BUILDING PEACEFUL FOUNDATIONS SUMMER INSTITUTE**: HTC is hosting a one week Summer Institutes for adults **August 24-28, 2026**.
Location: Trinity Junior, Melbourne St., Port of Spain.
Time: 10:00 am – 2:00 pm. **Cost**: \$100. Register today!



+ **QUIET DAY:** HTC the HTC Prayer Group. **Date:** Saturday 5 September 2026. **Location:** Holy Trinity Cathedral Chapel, Abercromby St., Port of Spain. **Time:** 9:00 am – 3:00 pm. Call our Parish office @ 623-7271 or Ms. Bayley @ 720-3321.

EARTHQUAKE SAFETY PROCEDURE

YOUR SAFETY IS EVERYONE'S RESPONSIBILITY
Please read and follow these instructions in the event of an earthquake.

DURING THE EARTHQUAKE	AFTER THE EARTHQUAKE
1. REMAIN CALM. Do not panic. 2. DROP, COVER, HOLD ON. DROP to your hands and knees. COVER your head and neck. - Take shelter under a sturdy table or desk if one is available. HOLD ON to your shelter until the shaking stops. 3. If no table or desk is available, move away from windows, glass, mirrors, hanging objects, and tall furniture. Protect your head and neck with your arms. 4. Do not run outside during the shaking. 5. Do not use elevators. 6. If you are outdoors, move to an open area away from buildings, walls, trees, utility poles, and overhead wires. 7. If you are driving, safely pull over and remain inside your vehicle until the shaking stops.	1. Remain calm and be prepared for possible aftershocks. 2. Check yourself and those around you for injuries and report any emergencies immediately. 3. Follow instructions from the priest, event coordinator, safety officer, or emergency wardens. 4. If evacuation is necessary, proceed calmly to the designated assembly point. 5. Do not re-enter the building until it has been declared safe by the appropriate authorities. 6. Report any hazards such as damaged electrical equipment, gas leaks, fallen debris, or structural damage. PERSONS REQUIRING ASSISTANCE Please offer assistance to: - Children - Elderly persons - Persons with disabilities - Anyone who appears distressed or injured

REMEMBER:

DROP

➔

COVER

➔

HOLD ON

DESIGNATED ASSEMBLY POINT	EMERGENCY CONTACTS <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 2px 5px;">EMERGENCY SERVICES:</td> <td style="text-align: right; padding: 2px 5px;">990</td> </tr> <tr> <td style="padding: 2px 5px;">FIRE SERVICE:</td> <td style="text-align: right; padding: 2px 5px;">990</td> </tr> <tr> <td style="padding: 2px 5px;">AMBULANCE:</td> <td style="text-align: right; padding: 2px 5px;">811</td> </tr> <tr> <td style="padding: 2px 5px;">SAFETY OFFICER:</td> <td style="padding: 2px 5px;">_____</td> </tr> </table>	EMERGENCY SERVICES:	990	FIRE SERVICE:	990	AMBULANCE:	811	SAFETY OFFICER:	_____	YOUR CALMNESS AND COOPERATION CAN SAVE LIVES! BE PREPARED. BE SAFE.
EMERGENCY SERVICES:	990									
FIRE SERVICE:	990									
AMBULANCE:	811									
SAFETY OFFICER:	_____									

A SAFE CHURCH IS A CARING CHURCH

Notice

**THE PARISH OFFICE IS
CLOSED ON **MONDAYS.****

**NEW OPENING HOURS
TUE-FRI (8AM-4PM)**

**2ND & 4TH SATURDAYS
(9AM -12NOON)**



HOLY TRINITY
CATHEDRAL

BY ORDER OF MANAGEMENT

Weekly Worship

MONDAY - FRIDAY | 6:30 AM

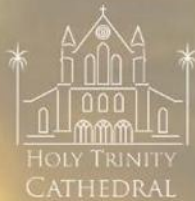
Morning Prayer (Facebook Online)

MONDAY - FRIDAY | 12 NOON

Midday Mass - HTC Main Chapel

SUNDAY - FRIDAY | 9 PM

Compline (Facebook Online)



SMALL GROUP ACTIVITIES

Join us in the All-Souls Virtual Chapel

Zoom Meeting ID: **875 0223 3875** | Password: **Worship**

- | | | |
|------------------------|--------------|-------------------------------|
| • Mondays at 5:00 PM | Bible Study | Closed Until September |
| • Thursdays at 5:00 PM | Prayer Group | |
| Fridays at 1:30 PM | Bible Study | Closed Until September |

DIVINE OFFICE READINGS

DATE	MORNING	EVENING
SUNDAY 16TH <i>The Twelfth Sunday after Pentecost</i>	± Psalm 118 ± Judges 16:15-31 ± Mark 5:25-34	± Psalm 145 ± 2 Samuel 17:1-23 ± 2 Corinthians 13:1-11
MONDAY 17TH	• Psalm 106:1-18 • Judges 17:1-13 • John 5:19-29	• Psalm 106:19-48 • 2 Samuel 17:24—18:8 • Acts 7:44-8:1a
TUESDAY 18TH	± Psalms [120], 121, 122, 123 ± Judges 18:1-15 ± John 5:30-47	± Psalms 124, 125, 126, [127] ± 2 Samuel 18:9-18 ± Acts 8:1-13
WEDNESDAY 19TH	• Psalm 119:145-176 • Judges 18:16-31 • John 6:1-15	• Psalms 128, 129, 130 • 2 Samuel 18:19-33 • Acts 8:14-25
THURSDAY 20TH <i>Bernard, Abbot of Clairvaux, 1153</i>	± Psalms 131, 132, [133] ± Job 1:1-22 ± John 6:16-27	± Psalms 134, 135 ± 2 Samuel 19:1-23 ± Acts 8:26-40
FRIDAY 21ST	• Psalms 140, 142 • Job 2:1-13 • John 6:27-40	• Psalms 141; 143:1-11(12) • 2 Samuel 19:24-43 • Acts 9:1-9
SATURDAY 22ND	± Psalms 137:1-6(7-9), 144 ± Job 3:1-26 ± John 6:41-51	± Psalm 104 ± 2 Samuel 23:1-7, 13-17 ± Acts 9:10-19a <i>Collect for Proper 16</i>

LITURGY OF THE WORD READINGS (Weekends)

EUCCHARIST READINGS FOR SUNDAY August 23, 2026

The Thirteenth Sunday after Pentecost: Proper XVI — Year A

± **1st Reading:** Isaiah 51:1-6

Psalm: 138

± **2nd Reading:** Romans 12:1-8

Gospel: Matthew 16:13-20